

Front

Methotrexate
THIS PATIENT CARD IS ONLY INTENDED FOR
PATIENTS TAKING METHOTREXATE ONCE A
WEEK FOR CONDITIONS INCLUDING
ARTHRITIS AND PSORIASIS.

**If you use methotrexate for one of the
above-mentioned indications, you must take your
methotrexate containing medicine only once a
week, on the same day every week.**

Day of the week for taking Methotrexate
(write in full):
.....
.....
.....

Do not take more than the prescribed dose.
Overdose can lead to serious adverse effects and even
death. Symptoms of overdose include sore throat,
fever, mouth ulcers, diarrhoea, vomiting, skin rashes,
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Back

bleeding or unusual weakness. If you think you have
taken more **methotrexate** than prescribed, contact a
doctor straight away.

Always show this card to healthcare professionals not
familiar with your **methotrexate** treatment to alert
them about your once weekly dose eg if you go to
hospital or have a change in care.

For more information, please read the patient leaflet in
your medicine pack.

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