Lantus®

How to use Lantus

Do not take a double dose to make up for a forgotten dose. Your insulin dose is tailored to your need. Always take your insulin exactly as required. If you are not sure whether you are taking too much or too little insulin, do not change your dosage without first consulting your doctor.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or healthcare professional.

How to handle hypoglycaemia

In most cases, the management and treatment of hypoglycaemia is straightforward and involves
• eating or drinking (simple sugar, such as glucose tablets, gives the quickest blood-sugar-lowering action).
• using this medicine because it contains insulin.
• using SoloStar, the pre-filled pen, before you start taking Lantus.
• using this medicine when you are travelling.
• using the method of administration (self-injection).
• using the management of the injection site.
• using the storage of your insulin.

What Lantus is and what it is used for

Lantus contains insulin glargine. This is a long-acting insulin. It is given in a pre-filled pen. We recommend using SoloStar, the pre-filled pen, before you start taking Lantus.

Insulin therapy is a method of treatment in people with diabetes, who have the condition under control.

There is no experience with the use of Lantus in children and adolescents under the age of 18 years.

Before travelling consult your doctor. You may need to change the way you manage your blood sugar.

If you get any side effects, talk to your doctor or pharmacist. This includes any other medicine that you are taking. It is important to take your insulin exactly as required. If you are not sure whether you are taking too much or too little insulin, do not change your dosage without first consulting your doctor.

Tell your doctor or pharmacist if you have any side effects. Your doctor or pharmacist may already be aware of them.

Lantus with alcohol

Your insulin glargine may lose some of its effectiveness when taken with alcohol.

This medicine contains alcohol (ethanol). This may affect your performance if you drive or operate machinery.

Lantus®

Common reported side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any other medicine that you are taking. It is important to take your insulin exactly as required. If you are not sure whether you are taking too much or too little insulin, do not change your dosage without first consulting your doctor.

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In the event of severe allergic reactions (may affect up to 1 in 1,000 people), the signs may include:

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Tell your doctor or pharmacist if you have any side effects. Your doctor or pharmacist may already be aware of them.

Lantus with alcohol

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HYPERGLYCAEMIA AND HYPOGLYCAEMIA

Always carry some sugar (at least 20 grams) with you. Always use a new sterile needle for each injection. This helps prevent infection.

HYPERGLYCAEMIA (high blood sugar level)

If your blood sugar is high (hyperglycaemia), you may not have injected enough insulin.

Who does hyperglycaemia occur?

- If you have not injected your insulin or not injected enough, or
- you do not eat enough, or eat food containing less carbohydrate
- you are recovering from an illness or from fever,
- you have just begun insulin treatment or changed to another

Dose
- you have recently suffered hypoglycaemia (for example the day

you change the area of skin where you inject insulin (for
- your insulin pen does not work properly,
- need help from a person who is able to follow the instructions

correctly, or
- you are elderly, if you have had diabetes for a long time or

you drink alcohol, particularly if you are not eating much,

- does not occur in the morning than at night).

Thirst, increased need to urinate, tiredness, dry skin, reddening of
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