Rhinocort® Aqua contains a medicine called budesonide. This belongs to a group of medicines called corticosteroids.

Corticosteroids help to reduce and prevent inflammation.

Rhinocort Aqua is used to treat the symptoms of allergies, such as hay fever, and rhinitis (inflammation inside the nose). Symptoms may include sneezing, a runny, itchy or blocked nose.

Rhinocort Aqua is also used to treat small growths inside the nose (nasal polyps). You must talk to a doctor if you do not feel better or if you feel worse after 14 days. You must talk to a doctor if you do not feel better or if you feel worse after 14 days.

Storage

Keep the bottle upright as shown in the picture.

The priming effect remains for about 24 hours. The priming effect remains for about 24 hours.

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4 Possible side effects

Use all medicines, this medicine can cause side effects, although not everybody gets them.

If any of the following happen to you, stop using Rhinocort Aqua and get medical advice straight away:

- Sudden signs of an allergic reaction such as rash, itching, hives or redness of the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or difficulty in swallowing or breathing.

Other effects which may occur include:

- Common (may affect up to 1 in 10 people)
  - Nasal irritation (sneezing, dry nose, or stinging in your nose). This can happen straight after using Rhinocort Aqua.
  - Nose bleed.

- Uncommon (may affect up to 1 in 100 people)
  - Muscle cramps.

- Rare (may affect up to 1 in 1,000 people)
  - Slowing of the rate of growth of children and adolescents. Corticosteroids can affect the normal production of steroid hormones in your body, particularly if you use high doses for a long time. This is much less likely to happen with inhaled corticosteroids than with corticosteroid tablets.
  - Perforation of the membrane separating the nostrils (the nasal septum).
  - Nasal ulcers.
  - Change in voice.
  - Bruising.
  - Cataract.
  - Glaucoma (increased pressure in the eye).

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, at www.nhra.gov.uk/yellowcard or search for NHPA's Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

5 How to store Rhinocort Aqua

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date which is stated on the carton or label. The expiry date refers to the last day of that month.
- Do not store above 30°C.
- Do not freeze. Store in the fridge.
- Store the bottle in an upright position.
- Use within 2 months of opening the bottle. You may find it helpful to write on this leaflet when you first opened the bottle.
- Date bottle opened

Do not throw away any medicines via waste water or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6 Contents of the pack and other information

What Rhinocort Aqua contains

- The active ingredient is budesonide.
- Each spray contains 64 micrograms of budesonide in each spray.
- The other ingredients are sodium chloride, potassium chloride, glucose, polysorbate 80 (E433), sodium chloride, disodium EDTA (E422) and purified water.
- Each bottle of Rhinocort Aqua contains 120 or 240 sprays.

What Rhinocort Aqua looks like and sizes are marketed

Marketing Authorisation Holder and Manufacturer

The Marketing Authorisation Holder for Rhinocort Aqua is McNeil Products Limited, Maidenhead, Berkshire, SL6 3UG, UK.
Rhinocort Aqua is manufactured by AstraZeneca UK Limited, Silk Road Business Park, Macclesfield, Cheshire, SK10 2NA, UK.

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spray in the other nostril in the same way. Note, you do not need to breathe in at the same time as you spray.

Wipe the nozzle with a clean tissue and replace the protective cap. Store the bottle in an upright position.

2. Cleaning the nozzle

It is best to clean the plastic nozzle of Rhinocort Aqua regularly. Also clean if you notice that the spray is not coming out as it should. If this happens, first check the nozzle is primed with medicine (see “Priming the nozzle” above). If after priming the nozzle again the pump is still not working, clean the nozzle as follows:

- Remove the plastic nozzle with a clean tissue and wash it in warm (not hot) water.
- Rinse the nozzle throughly, dry it and then replace it on the top of the bottle. Never try to unblock the nozzle by using a pin or other sharp object.
- Prime the nozzle again (by filling it with medicine) before use.

Additional information about using Rhinocort Aqua

- If you are about to have surgery, please tell the doctor or dentist that you use Rhinocort Aqua. This may affect the planning of any required medical treatment.
- If you are about to have an operation or during times of stress or with infections, you may need to increase the dose of your steroid treatment.
- If a child or adolescent is prescribed Rhinocort Aqua and uses a high dose for a long time, the doctor will need to check how well they are growing.
- If you use more Rhinocort Aqua than you should

It is important that you take your dose as advised by the pharmacist's label or as advised by your doctor. You should use only as much as your doctor recommends; using more, or less may make your symptoms worse.

If you forget to use Rhinocort Aqua

If you forget to take a dose, take it as soon as you remember. However, it is almost time to take the next dose, wait until then. Do not take a double dose to make up for a forgotten dose.

If you stop using Rhinocort Aqua

You may not notice any effects of the medicine for the first few days. Do not stop using this medicine. Keep taking the medicine as you have been doing unless you are told to stop it or your doctor or pharmacist tells you. If you have any further questions on the use of this medicine, ask your doctor or pharmacist.