Glyceryl Trinitrate tablets
500micrograms and 600micrograms

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Glyceryl Trinitrate tablets are and what they are used for
Glyceryl Trinitrate belongs to a group of medicines called nitrate vasodilators. These medicines work by relaxing the blood vessels of the heart. This reduces the strain on the heart by making it easier to pump blood.

Glyceryl Trinitrate tablets may be used to:
- prevent or stop chest pain caused by angina pectoris
- reduce the strain on the heart by making it easier to pump blood.

2. What you need to know before you take Glyceryl Trinitrate tablets
Do not take Glyceryl Trinitrate tablets if you:
- are allergic to glyceryl trinitrate, nitrates or any of the ingredients of this medicine (listed in section 6). An allergic reaction may include a rash, itching, difficulty breathing or swelling of the face, lips, throat or tongue.
- have anemia.
- have raised pressure in your head including that caused by an accident to your head or bleeding on the brain, causing painful eyes, changes in vision and a bad headache especially behind the eyes.
- have increased pressure in the eye (glaucoma).
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems
- suffer from a heart condition called hypertrophic obstructive cardiomyopathy
- have a bad headache especially behind the eyes.
- have increased pressure in the eye (glaucoma).
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems
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- have increased pressure in the eye (glaucoma).
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems
- suffer from a heart condition called hypertrophic obstructive cardiomyopathy

3. How to take Glyceryl Trinitrate Tablets

4. Possible side effects

5. Contents of the pack and other information

6. How to store Glyceryl Trinitrate Tablets

Warnings and precautions

Talk to your doctor or pharmacist before taking Glyceryl Trinitrate tablets if you have:
- severe liver or kidney problems
- an under active thyroid gland
- had a recent heart attack
- low body temperature (hypothermia)
- poor nutrition due to an unbalanced diet or digestion problems (malnutrition).
- abnormally low levels of oxygen in the blood (hypoxaemia)
- very low blood pressure, low blood volume or conditions that lower blood volume in the heart
- any of the following heart conditions: narrowing of heart valves, inflammation of the heart, build up of fluid around the heart or heart failure, disease of the blood vessels supplying the brain (cerebrovascular disease).

Children and adolescents

Do not give this medicine to children.

Other medicines and Glyceryl Trinitrate Tablets

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. Especially:
- sildenafil (Viagra), tadalafil (Cialis) or vardenafil (Levitra) used to treat erection problems
- heparin used to thin the blood
- n-acetylcysteine used in paracetamol overdose
- long acting nitrates (isosorbide dinitrate, isosorbide mononitrate)
- medicines used to treat high blood pressure
- medicines that can cause dry mouth (amitriptyline, disopyramide, atropine and propantheline, tricyclic antidepressants)
- apomorphine used to treat Parkinson’s disease.
- medicines used to treat migraine (ergot alkaloids)

Glyceryl Trinitrate tablets with alcohol

You are advised not to drink alcohol with Glyceryl Trinitrate tablets, as some of the effects of this medicine are increased.

Pregnancy and breast feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

As glyceryl trinitrate can cause dizziness you should make sure you are not affected before driving or operating machinery, especially if taken with alcohol.

Glyceryl Trinitrate Tablets contain lactose

If you have been told by your doctor that you have an allergy to milk, you may also be allergic to lactose. If you have allergy to some sugars, contact your doctor before taking this medicine.

If you think you may have used too much of this medicine, contact a doctor or nearest hospital immediately.

Overdose

Tell your doctor or pharmacist immediately if you think you have taken too much Glyceryl Trinitrate tablets. They will advise you to: take a lot of water if you are in danger of an overdose; make you vomit; not let you take any more medicine.

If you are a woman who has stopped having periods, talk to your doctor or pharmacist before you take this medicine. It may affect your periods.

What if you forget to take the medicine

If you forget to take a dose, take it as soon as you remember. If it is nearly time for your next dose, leave out the dose you missed and take your next dose at the time that you normally take it. Do not take a double dose.

What to do if you think you have had an allergic reaction

If you discontinue this medicine and notice a rash, itching, swelling of the face, lips, throat or tongue, you should stop using it and talk to your doctor or pharmacist as soon as possible.

Tell your doctor or pharmacist if you are already taking any of these medicines:
- aspirin (acetylsalicylic acid)
- anticoagulants (medicines that can thin the blood)
- long acting nitrates (isosorbide dinitrate, isosorbide mononitrate)
- heparin
- disopyramide, atropine and propantheline, tricyclic antidepressants
- antihistamines
- other medicines used to treat migraine
- antidepressants
- treatment of migraine
- treatment of Parkinson’s disease.

If you are taking, have taken or might take any of these medicines or any other medicine, tell your doctor or pharmacist.

Other medicines

If you are taking, have taken or might take any other medicine, tell your doctor or pharmacist.

Other medicines may affect how this medicine works or this medicine may affect how other medicines work.

Store

Store your tablets in the same way as you store the rest of your medicines. Store them in a dry place and in original container.

Keep this and any medicines that your doctor has prescribed in the original container. Store them out of the reach of children.

What you need to know before you take Glyceryl Trinitrate Tablets

What Glyceryl Trinitrate tablets are and what they are used for

Glyceryl Trinitrate tablets may be used to:
- prevent or stop chest pain caused by angina pectoris
- relax the blood vessels of the heart. This reduces the strain on the heart by making it easier to pump blood.
How to take Glyceryl Trinitrate Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Do not swallow the tablets.

The recommended dose is:

**Adults:** Take the tablets sat down when taking to stop angina pectoris. 1 tablet should be placed under the tongue and allowed to dissolve slowly; this dose should be repeated after 5 minutes if symptoms are not relieved. If pain persists after a total of 3 doses in 15 minutes you should seek medical advice immediately.

**Older people:** When taking to prevent or stop angina pectoris take the tablet’s sat down to reduce possible fainting or low blood pressure.

Your doctor will change the dose to suit your condition. If you notice that your tablets are not working as well at relieving pain as they have done, contact your pharmacist or doctor. If you need more tablets than before to help, tell the doctor who will advise what to do.

If you take more Glyceryl Trinitrate Tablets than you should

If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any contact your nearest hospital casualty department or tell your doctor immediately. Symptoms of an overdose include being sick, restlessness, low blood pressure, fainting, blueness of the skin, methaemoglobin in the blood, breathing difficulties, lack of oxygen in tissues, slow heart beat and mental illness.

Possible side effects

As with all medicines, this medicine can cause side effects, although not everybody gets them.

If any of the following serious side effects happen, stop taking the medicine and tell your doctor immediately or go to your nearest hospital casualty department or tell your doctor immediately. Symptoms of an overdose include being sick, restlessness, low blood pressure, fainting, blueness of the skin, methaemoglobin in the blood, breathing difficulties, lack of oxygen in tissues, slow heart beat and mental illness.

- **Very common (may affect more than 1 in 10 people):**
  - throbbing headache
  - common (may affect to 1 in 10 people):
  - spinning sensation, fall in blood pressure when seated or standing up, dizziness, drowsiness
  - weakness

Uncommon (may affect up to 1 in 100 people)

- fainting
- facial flushing
- feeling or being sick
- localised burning sensation
- tongue blistering
- circulatory collapse

Not known (frequency cannot be estimated from the available data)

- bad breath, itchy, flaky or red skin, skin rash
- skin reactions
- allergic skin reactions
- tongue blistering
- localised burning sensation
- facial flushing
- weakness
- spinning sensation, fall in blood pressure when seated or standing up, dizziness, drowsiness
- fatigue
- heartburn

What Glyceryl Trinitrate tablets contain

- The active substance (the ingredient that makes the tablets work) is glyceryl trinitrate BP. Each tablet contains either 0.525mg or 0.630mg of the active ingredient glyceryl trinitrate 2% adsorbate which is equivalent to 500micrograms and 600micrograms of Glyceryl trinitrate.

- The other ingredients are lactose, stearic acid, magnesium stearate, colloidal silicon dioxide, mannitol and acacia.

What Glyceryl Trinitrate tablets look like and contents of the pack

Glyceryl Trinitrate are white, circular, uncoated tablets. Pack size is 100.

Marketing Authorisation Holder and Manufacturer

Actavis, Barnstaple, EX32 8NS, UK

This leaflet was last revised in April 2016.

Glyceryl Trinitrate 500mcg & 600mcg Tablets PIL - UK

item no: AAA9110

print proof no: 2

pharmocode: 60895130

dimensions: 130 x 210

min pt size: 7

pharmode: Leaflet for Bottles

Pharmcode: 4150

Date Sent: 30/03/16

Technologist: R.Wrey

Technical Approval

Continued top of next column

Actavis, Barnstaple, EX32 8NS, UK

Manufacturer

Marketing Authorisation Holder and

Actavis, Barnstaple, EX32 8NS, UK