Covonia Chesty Cough Mixture Mentholated
(levomenthol, squill tincture, liquorice liquid extract)

Important information about Covonia Chesty Cough Mixture

• This medicine relieves the symptoms of chesty coughs and sore throats in adults, the elderly and children over 5 years.
• Do not use….
• • If you have a heart complaint.
Read the leaflet before you use this medicine. It includes other information which might be especially important for you.
• Keep this leaflet. You may need to read it again.
• • Ask your pharmacist if you need any more information or advice.
• • If you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. What the medicine is for

This medicine contains liquorice and squill which belong to a group of medicines known as expectorants. They help remove phlegm in people with chesty coughs. Menthol helps relieve congestion in chesty coughs and bronchitis.

2. Before you use this medicine

Do not use this medicine if you or your child have….
• • An allergy to any of the ingredients listed in section 6.
• • Any type of heart complaint.
• • Are an alcoholic.
• • Have breathing difficulties.
• • Have raised pressure in your head.
• • Have heart, liver or kidney problems.

Talk to your doctor if you or your child are taking….
• Carbamazepine for a stomach ulcer.
• Medicines which help remove fluids from the body (e.g. water tablets).

Pregnant or breastfeeding….
• • Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding.

3. How to use this medicine

Take this medicine by mouth.

• • Adults, the elderly and children over 12 years
• • Take one or two 5ml spoonfuls every 4 hours if required.
• • Children aged 5-12 years
• • Take one 5ml spoonful every 4 hours if required.
• • Children under 5 years
Do not give to children under 5 unless your doctor tells you to.

• • If you notice any side effects persist or worsen you should ask your doctor for advice.

If you take too much
If you accidentally take too much, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

4. Possible side effects

Like all medicines Covonia Chesty Cough Mixture can have side effects, although these don’t affect everyone.

Possible side effects are:
• Allergic reactions such as dermatitis, skin rash, flushing and itchy lumps.
• Higher sodium salt and water levels within the body.
• Low blood potassium levels within the body.
• Unbalanced potassium and sodium levels may produce side effects of muscle weakness, confusion, disorientation, and irregular heart beat.
• Gastrointestinal reactions such as abdominal pain, vomiting and diarrhoea.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

5. Storing this medicine

Keep it out of the sight and reach of children.

• • Do not store above 25°C.
• • Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
• • Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information

What is in this medicine
The active ingredients per 5ml are:
levo-menthol 4mg, squill tincture 0.6ml, liquorice liquid extract 0.125ml.

The other ingredients are:
peppermint oil, anise oil, capsicum tincture (capsicum oleoresin, ethanol), sucrose, liquid glucose, magnesium aluminium silicate, sodium metyl, ethyl and propyl parahydroxybenzoates (E215, E219), glycerol (E422), caramal (E150), purified water.

What the medicine looks like
Covonia Chesty Cough Mixture is a brown cloudy liquid which smells of menthol and aniseed. It is supplied in 50ml, 150ml, 180ml and 300ml bottles.

Marketing authorisation holder and manufacturer
Thorton and Ross Ltd., Huddersfield, HD7 0GN, UK.
This leaflet was last revised in March 2015.
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