Prochlorperazine 5mg tablets

Read all of this leaflet carefully before you start taking this medicine, because it contains important information for you.

- Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is this leaflet:
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2 What you need to know before you take Prochlorperazine tablets
3 How to take Prochlorperazine tablets
4 Possible side effects
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1 What Prochlorperazine tablets are and what they are used for

Prochlorperazine tablets belong to a group of medicines called phenothiazine tranquillisers. They may be used to treat:
- dizziness due to ear diseases (such as Menier's syndrome or labyrinthitis), or due to other causes
- nausea and vomiting including during a migraine
- mental illnesses (such as schizophrenia and mania)
- anxiety in the short term

2 What you need to know before you take Prochlorperazine tablets

Do not take Prochlorperazine tablets and tell your doctor if you have:
- an allergy (hypersensitivity) to prochlorperazine maleate, phenothiazines or any of the other ingredients (see section 6)
- high blood pressure due to a tumour near the kidney (phaeochromocytoma)

Warnings and precautions

Talk to your doctor or pharmacist before taking Prochlorperazine tablets if you:
- have liver or kidney problems or have ever had jaundice (yellowing of the skin or whites of the eyes)
- have epilepsy
- have muscle weakness (myasthenia gravis)
- have an underactive thyroid gland
- have Parkinson's disease
- have increased pressure in the eye (glaucoma)
- have an enlarged prostate gland
- are elderly. Prochlorperazine tablets should be used with caution during very hot or very cold weather to reduce the risk of an extreme rise or fall in body temperature

3 How to take Prochlorperazine tablets

This medicine has been prescribed for you. Take it exactly as your doctor or pharmacist told you. The recommended dose for adults is 1 tablet taken 3 times a day. The maximum dose is 6 tablets in 24 hours.

4 Possible side effects

The most common side effects of this medicine are:
- confusion, dizziness, drowsiness, agitation
- breathing problems
- blood pressure changes
- diarrhoea
- dry mouth

Other side effects may include:
- an allergic skin reaction
- blood problems
- changes to mood and/or mental health
- changes to the senses of taste or smell
- heart problems
- irritable heart beat
- jaundice
- liver problems
- loss of weight
-GED, STREP, TONSILLITIS
- memory problems
- muscle stiffness
- muscle weakness
- nausea
- palpitations
- problems with blood clotting
- tremor
- vomiting
- weakness
- yellowing of the skin or whites of the eyes

5 How to store Prochlorperazine tablets

Keep this medicine in a closed container away from direct sunlight and out of reach of children.

6 Contents of the pack and other information

Pack size:
- 5mg tablets: 24 and 84 tablets

What to do if you take too much (overdose)

In case of overdose, seek medical advice immediately and show the package leaflet or the label on the container to the doctor or pharmacist.

What to do if you miss a dose

Take the missed dose as soon as you remember. Take the next dose when you should. Do not take a double dose to make up for the missed one.

What to do if your symptoms do not improve or become worse

Talk to your doctor or pharmacist.

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Driving and using machines
Prochlorperazine tablets may cause drowsiness. Make sure you are not affected before you drive or operate machinery.

Prochlorperazine tablets contains lactose
If you have been told you have an intolerance to some sugars, contact your doctor before taking this medicine, as it contains a type of sugar called lactose.

3 How to take Prochlorperazine tablets
Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Swallow the tablets with water. Do not handle the tablets more than you need to as you may develop sore, red or blistered skin.

Doses:
- Adults
  - Dizziness: the recommended dose is 5mg three times a day, up to a maximum of 30mg a day. Your doctor may gradually reduce to 5-10mg a day after several weeks.
  - Nausea and vomiting: Prevention the recommended dose is 5-10mg two or three times a day.
  - To help with the treatment of anxiety: the recommended dose is 15-20mg a day (divided throughout the day). Up to a maximum of 40mg a day (divided throughout the day).
  - Mental illness: the recommended dose is 75-100mg a day, depending on response.
  - Start with 12.5mg twice a day for seven days, rising by 12.5mg every four to seven days.
- Elderly: Your doctor may prescribe a lower dose.
  - Use in children and adolescents: Not recommended for children under 12 years of age.

If you take more Prochlorperazine tablets than you should If you (or someone else) swallow a lot of tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately. Signs of an overdose include drowsiness, loss of consciousness, low blood pressure, fast or irregular heart rate, low body temperature and jerky movements.

If you forget to take the Prochlorperazine tablets Do not take a double dose to make up for a forgotten dose. If you forget to take a dose take it as soon as you remember it and then take the next dose at the right time.

If you stop taking the Prochlorperazine tablets Contact your doctor before stopping Prochlorperazine tablets as you may develop withdrawal effects such as feeling or being sick, sweating, difficulty sleeping, or involuntary movements. Your doctor will reduce your dose gradually to reduce the risk of developing withdrawal effects.

4 Possible side effects
Like all medicines, this medicine can cause side effects, although not everybody gets them. In elderly people with dementia, a small increase in the number of deaths has been reported for patients taking antipsychotics compared with those not receiving antipsychotics.

Contact your doctor immediately if you experience the following:
- Blood: this medicine may alter the numbers and types of your blood cells, you may notice increased bruising, nosebleeds, sore throats or infections. Your doctor may want to give you a blood test.
- Blood clots in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.
- Liver: a sudden fever 1-3 weeks after starting the tablets, followed by jaundice (yellowing of the skin or whites of the eyes) and possibly a rash.
- Neuroleptic Malignant Syndrome: excessive temperature, drowsiness, rigid muscles, rapid breathing, restlessness and uncontrolled movements.

Tell your doctor if you notice any of the following side effects or notice any other effects not listed:
- Nervous system
  - Parkinsonian effects (tremor, rigidity, loss of normal muscle movement)
  - tardive dyskinesia (lip smacking or puckering, puffing of cheeks, rapid or worm-like movements of tongue, uncontrolled chewing movements, uncontrolled movements of arms and legs)
  - difficulty in controlling movements and jerky movements and muscle spasms (more common in children and young adults)
- Trouble sleeping, agitation
- Eye: visual disturbances
- Heart: dizziness and feeling faint especially when you stand up, irregular or fast heartbeats, heart block (these are more likely if you already suffer from heart problems, are elderly, have low levels of potassium in the blood or are taking medicines known as tricyclic antidepressants), changes in the electrical activity of the heart or heart attack, sudden death.
- Chest and Airways: blocked nose, difficulty breathing
- Digestive system: dry mouth
- Skin and Tissues: greyish mauve discoloration of skin (following direct contact with the tablets), sensitivity to sunlight (if this occurs you should avoid sun lamps and direct sunlight, you may be advised to use a sun screen, skin rash
- Reproductive system: raised blood levels of the hormone prolactin which can cause breast milk production, breast tenderness and swelling or changes in periods, reduced sexual potency in men
- Others: drug withdrawal in newborn infants

5 Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

6 How to store Prochlorperazine tablets
Keep out of the sight and reach of children.
Store below 25°C in a dry place, protected from light, and in the original packaging.

Do not use this medicine after the expiry date stated on the label/carton/bottle. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer use. These measures will help to protect the environment.

7 Contents of the pack and other information
What Prochlorperazine tablets contain
- The active substance (the ingredient that makes the tablet work) is 5mg of prochlorperazine maleate.
- The other ingredients are lactose monohydrate, magnesium stearate, maize starch, microcrystalline cellulose (E460).

What Prochlorperazine tablets look and like contents of the pack
Prochlorperazine tablets are white, circular, uncoated tablets.

Pack sizes are 28 and 84 tablets.

Marketing Authorisation Holder and Manufacturer
Actavis, Barnstable, D03 1BS, UK

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