

# Toujeo® SoloStar prefilled pen (insulin glargine 300 units/ml)

## Guide for patients and/or carers

If you are prescribed Toujeo® you must be trained on how to use the Toujeo® SoloStar® pen by your healthcare professional and you must read the full instructions for use leaflet accompanying the pen. This card is provided as a guide.



Keep this card. You may need to read it again.

Write your name on this card: \_\_\_\_\_



This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours

## What is Toujeo SoloStar?

Toujeo® SoloStar® is a **prefilled injection pen** which contains insulin glargine 300 units per ml. It is a modified insulin, very similar to human insulin. Toujeo® lowers your blood sugar steadily over a long period of time. It is used for once daily dosing.



## How do I use Toujeo SoloStar?



Start with the dose in units written on your medical prescription.



The dose window of the Toujeo® SoloStar® pen shows the number of units of Toujeo® to be injected.



Do not make any dose re-calculation as this will already have been done by your healthcare provider, if required (see below).

## How do I switch to or from Toujeo SoloStar?

Insulin glargine 300 units/ml (Toujeo®) and insulin glargine 100 units/ml (eg Lantus®) are not the same and you must not switch between them without adjusting the dose. Your healthcare provider will prescribe the appropriate dose for you.



Only switch from one insulin therapy to another when prescribed by your healthcare provider.



Always follow the dose newly recommended by your healthcare provider.

- ✓ Closely monitor your blood glucose levels during the switch and in the initial weeks thereafter.
- ✓ Consult your healthcare provider for further information.

### **Before injecting Toujeo® SoloStar**

- ✓ Read the instructions for use that come with the package leaflet

**!** If you do not follow all of these instructions, you may get too much or too little insulin leading to a potentially serious hypo or poor control of your diabetes

### **Side effects**

- ✓ If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
- ✓ You can also report side effects to Sanofi by telephone on (Sanofi, by telephone on 01483 554 242 or email [uk-drugsafety@sanofi.com](mailto:uk-drugsafety@sanofi.com).)