

How to apply

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Where to apply

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Record of use

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For patients and  
carers of patients  
who have been  
prescribed Alzest®  
Rivastigmine  
Transdermal Patch

**ALZEST®**  
*Rivastigmine  
Transdermal Patch*

**Instructions for use  
and patient diary**

# Instructions for use

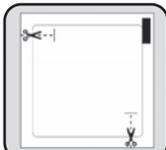
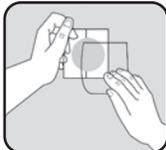
- To minimise the risk of unwanted side-effects it is important that you and/or the people who care for you know how to use this medicine correctly.
- If you have any questions or require more information, please read the patient information leaflet with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

## Important to remember

- Take off the old patch before putting **one** new patch on
- Only **one** patch should be worn at a time
- The patch should be replaced by a new one after 24 hours
- Do not cut the patch into pieces
- Press the patch firmly in place for at least 30 seconds using the palm of the hand
- Dispose of old patch by placing it in an empty sachet and then putting in the bin
- Do not expose the patch to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time.

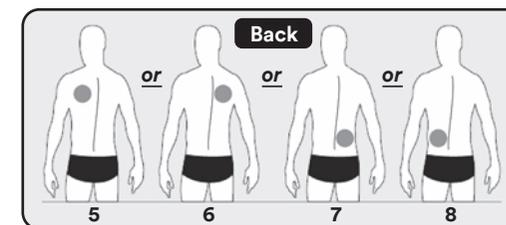
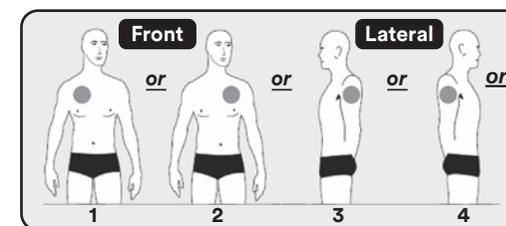
V2 approved Dec 2020

## How to apply

1. Carefully **remove the existing patch before** putting on **one** new patch 
2. Take the new patch from the sachet. This sachet can now be used to safely dispose of the old patch 
3. Peel one side of the protective liner off the patch 
4. Stick the patch on the upper or lower back, upper arm or chest and peel off the other side of the protective liner 
5. Press the patch firmly in place for at least 30 seconds 

## Where to apply

Apply **one** new patch in only **one** of the following areas every day



The patch should not be applied to skin that is red, irritated or cut

Do not apply a patch to the exact same spot on the skin within 14 days

Do not apply to the stomach or thigh

# Medication record / patient diary

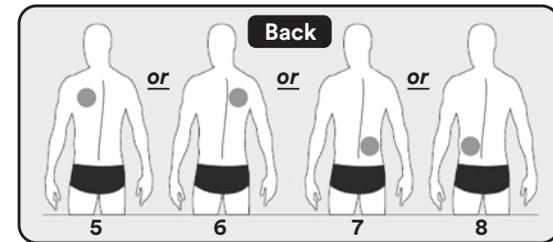
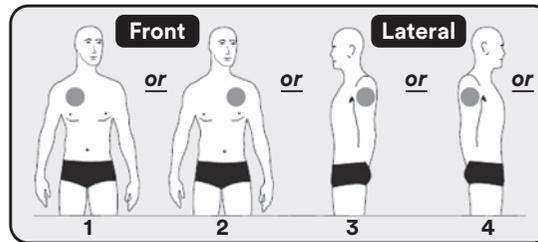
## How to use this record sheet

- Use this record sheet to keep track of when you apply and take off an Alzest® Rivastigmine Transdermal Patch
- Tick the box when you have removed the old patch
- Fill in the date and day you apply the new patch
- Fill in the number of the application area where you have applied the new patch
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine
- If you are not sure about anything, please ask your doctor or pharmacist

## Application area

Apply one new patch in only one of the following areas every day

Do not apply a patch to the exact same spot on the skin within 14 days



Old patch removed?	Date of application of new patch	Day of application of new patch	Application area of new patch (number)
example	22nd september	saturday	example

*Rivastigmine  
Transdermal Patch*

# Medication record / patient diary

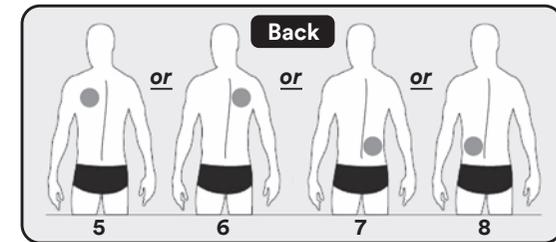
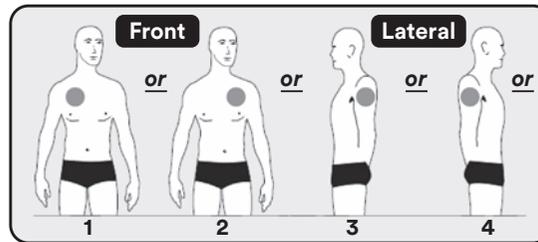
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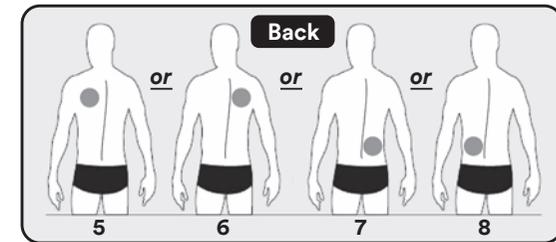
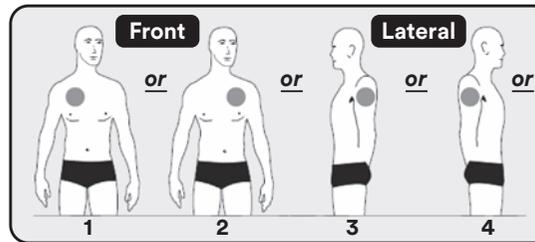
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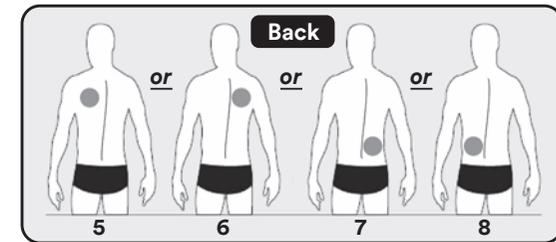
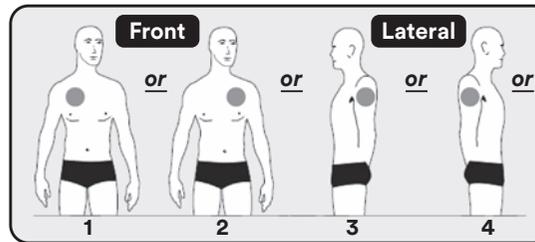
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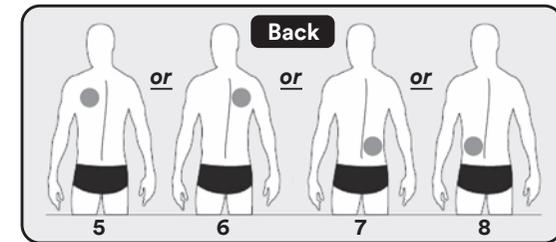
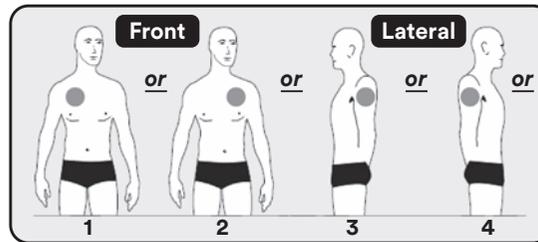
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Please report suspected adverse drug reactions (ADRs) to the MHRA through the Yellow Card scheme. You can report via:

- the Yellow Card website [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)
- the free Yellow Card app available from the [Apple App Store](#) or [Google Play Store](#)
- some clinical IT systems (EMIS/SystemOne/Vision/MiDatabank) for healthcare professionals

Alternatively you can report a suspected side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.

When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine.

# Rivastigmine Transdermal Patch

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