

SELF-INJECTION GUIDE

Strensiq[®] ▼ (asfotase alfa)

40 mg/ml solution for injection

18 mg/0.45 ml

28 mg/0.7 ml

40 mg/1 ml

100 mg/ml solution for injection

80 mg/0.8 ml

- ▼ **This medicinal product is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you might get.**

Introduction

This Self-Injection Guide is for patients with paediatric-onset hypophosphatasia who would benefit from long-term enzyme replacement therapy and have been prescribed Strensiq®.

The guide gives detailed instructions, with clear diagrams, on how to choose your injection site and how to carry out and record your injection.

This guide is designed as a support document to the training given by your healthcare professional.

Please contact your healthcare professional if you have any questions.

Contents

Important Information _____	4
Warnings and Precautions _____	5
What is asfotase alfa? _____	6
How do I get started on asfotase alfa therapy? _____	6
What dose of asfotase alfa is used? _____	6
How is asfotase alfa administered? _____	7
How to inject asfotase alfa _____	8
Storing and Travelling with asfotase alfa _____	14
Local Contacts _____	15
Reference _____	16

Important Information

Do not inject yourself with asfotase alfa until you have had proper training from a healthcare professional.

- Before starting, check the expiry date of asfotase alfa. DO NOT use if it has expired.
- Always use a new vial and carefully examine the liquid to make sure it is clear, colourless to slightly yellow and may have a few small translucent or white particles in it. Do not use it if the liquid is discoloured or contains any lumps or large particles in it and get a new vial.
- If you suspect that the liquid in your vial has been contaminated, DO NOT use it, select another vial and contact your healthcare professional for advice.
- Always use the specific dose (in number of milligrams) that has been prescribed by your doctor.
- Vials are for single use and should only be punctured once. Used vials must be disposed of at the end of the injection.
- Syringes and needles are for single use only and should be handled with care. Keep them out of reach from children and dispose of them safely in a special sharps container. Needles and syringes must not be mixed with normal household rubbish.
- Store your asfotase alfa vials in the refrigerator at a temperature between 2°C and 8°C. DO NOT put asfotase alfa in or near the freezer compartment and never inject asfotase alfa that you know, or suspect, has been frozen.
- Store your asfotase alfa in the original package in order to protect the medication from light.

For detailed information on asfotase alfa please refer to the Patient Information Leaflet which you can find in the educational materials package.

Warnings and Precautions

- Some patients receiving asfotase alfa have had life threatening allergic reactions similar to anaphylaxis requiring medical treatment. Patients who experienced anaphylaxis-like symptoms had difficulty breathing, choking sensation, nausea, swelling around the eyes and dizziness. The reactions occurred within minutes after injecting asfotase alfa in patients, and can occur in patients who have been taking asfotase alfa for any period of time (e.g. more than one year). If you experience any of these symptoms, discontinue asfotase alfa and seek medical help immediately.
- If you experience an anaphylactic reaction, or an event with similar symptoms, your doctor will discuss with you the next steps and the possibility to restart asfotase alfa under medical supervision. Always follow the instructions provided by your doctor.
- Fatty lumps or decreased fatty tissue on the surface of the skin (localised lipodystrophy) has been reported at injection sites after several months in patients using asfotase alfa. Review the 'How is asfotase alfa Administered?' section carefully to know the injection recommendations. It is important to rotate the injection from among the following sites to reduce the risk of lipodystrophy: buttocks, abdomen, thigh, or arms (deltoids).
- If you are treated with asfotase alfa, you may experience a reaction at the injection site (e.g. pain, nodule, rash, discoloration) during the injection of the medicine or during the hours following the injection. If you experience any severe reaction at the injection site, tell your doctor immediately.

What is asfotase alfa?

Asfotase alfa is a medication designed as a long-term enzyme replacement therapy in patients with paediatric-onset hypophosphatasia. It is administered subcutaneously, under the skin.

How do I get started on asfotase alfa therapy?

Asfotase alfa must be prescribed by your doctor.

Your healthcare professional will advise you on the range of educational materials available to help with the therapy. This injection guide can help support you when learning how to self-inject.

What dose of asfotase alfa is used?

Once you have been prescribed asfotase alfa you will need to administer the drug according to the specific dose (in number of milligrams) that has been prescribed by your doctor.

The dose you administer is based on your body weight. The correct dose will be calculated by your doctor and consists of a total of 6 mg per kg of body weight per week of asfotase alfa, administered by subcutaneous injection. You may receive either an injection of 1 mg/kg of asfotase alfa six times per week or an injection of 2 mg/kg of asfotase alfa three times per week depending on the recommendation of your doctor.

For example, if your body weight is 40 kg, you will receive 40 mg six times per week or 80 mg three times per week.

The maximum volume of medication per injection should not exceed 1 ml. If more than 1 ml is required, multiple injections may be administered, one after another.

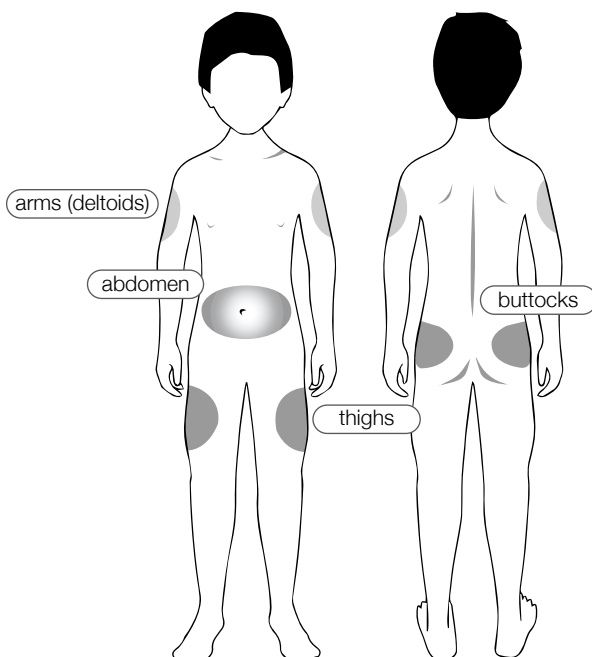
How is asfotase alfa administered?

Asfotase alfa is administered either three or six times per week as a subcutaneous injection into the fatty layer just below the skin. This is called the subcutaneous layer and it is just above the muscle.

Areas with a substantial amount of fat below the skin (as shown on the diagram) are the most suitable areas to inject.

When injecting regularly, it is important to alternate injection sites (position on the body where the injections are given) to limit risk of pain, irritation and lipodystrophy (clumping or loss of fat under the skin).

Please discuss with your healthcare professional the best sites for you.



Please remember, this guide is designed as a support document to the training given by your **healthcare professional**.

How to inject asfotase alfa

Before you begin, take your vial(s) out of the refrigerator 15 to 30 minutes before injecting to allow the liquid to reach room temperature (around 23°C to 27°C). Do not warm asfotase alfa in any other way (for example, do not warm it in a microwave or in hot water). After removal of the vial from refrigeration, asfotase alfa should be administered within 3 hours. For more information about the storage of asfotase alfa, see page 14.

Please remember your vials are for single use and should only be punctured once. Used vials must be discarded at the end of the injection.

Wash your hands thoroughly with soap and water.

Place all the items you will need on a clean area where they will not be disturbed. These should include:

- Your vial(s) for injection
- Your syringe(s)
- One larger bore syringe needle (e.g. 25G)
- One smaller bore syringe needle (e.g. 27 or 29G, with length appropriate for subcutaneous injection)
- Alcohol swabs (if required)
- Gauze or cotton wool
- Your sharps container*
- Plaster or adhesive bandage (if required)
- Injection diary (or other recording means e.g. paper or notebook)

It is recommended to record site, dose, date, time, to avoid two injections in the same day and to ensure you rotate injection site. It is also recommended to note any injection reactions. Choose the injection site (see diagram on page 7) and prepare it according to the advice given by your healthcare professional.

** Your healthcare professional will advise on how you can obtain a sharps container and will also advise you on the disposal procedure.*

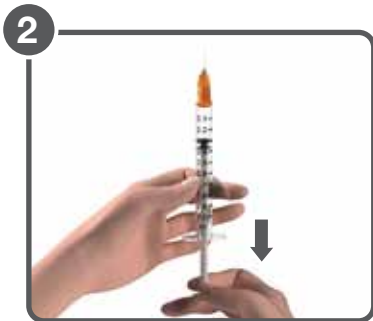
How to inject asfotase alfa

Step 1: Preparing the asfotase alfa dose



1. Always use a new vial and carefully examine the liquid to make sure it is clear, colourless to slightly yellow, and may have a few small translucent or white particles in it. Do not use it if the liquid is discoloured or contains any lumps or large particles in it and get a new vial.

Remove the protective cap (shown as red on the image) from the vial to reveal the sterile rubber seal.



2. Place a larger bore needle (e.g. 25G) on the empty syringe and with the protective cap on, push down and turn clockwise the needle onto the syringe until it is tight. Remove the plastic cap covering the syringe needle and dispose of it in your sharps container. Pay attention to not hurt yourself with the needle.

Pull the plunger back to draw air into the syringe equal to your dose.

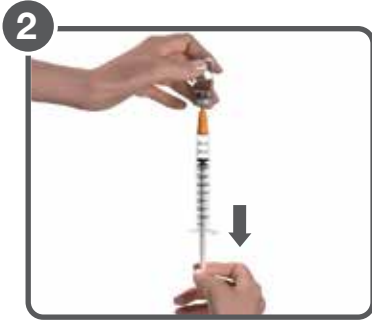
Step 2: Withdrawing asfotase alfa solution from the vial



1. Holding the syringe and vial, insert the needle through the sterile rubber seal and into the vial.

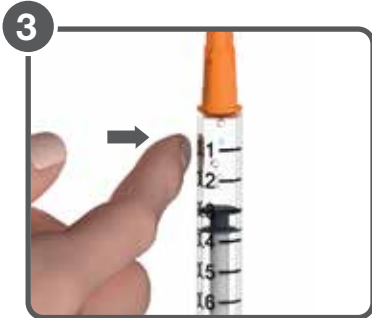
Push the plunger in completely to inject the air into the vial.

How to inject asfotase alfa



2. Invert the vial and syringe.

With the needle in the solution, pull the plunger to withdraw the correct dose into the syringe.



3. Before removing the needle from the vial, check that the appropriate volume has been withdrawn and check the syringe for air bubbles.

In the event that bubbles appear in the syringe, hold the syringe with the needle pointing upwards and gently tap the side of the syringe until the bubbles rise to the top.



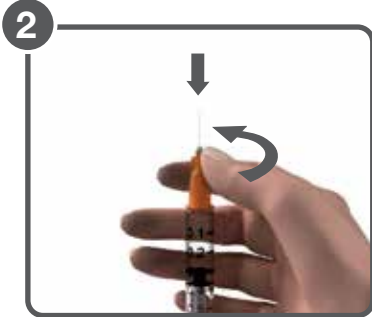
4. Once all the bubbles are at the top of the syringe, gently push on the plunger to force the bubbles out of the syringe and back into the vial.

After removing the bubbles, recheck the dose of medication in the syringe to be sure you have drawn up the correct amount. You may need to use several vials to withdraw the complete amount needed to reach the correct dose.

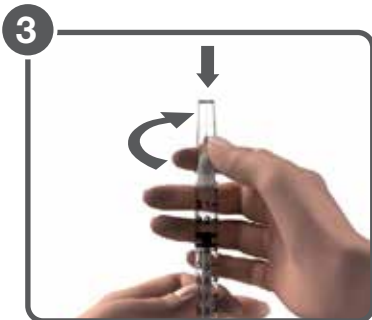
How to inject asfotase alfa

Step 3: Placing the needle for injection on the syringe

1. Remove the needle from the vial. Recap with one hand by placing the cap on a flat surface, slide the needle into the cap, lift it up and snap it on securely using only one hand.



2. Carefully remove the recapped larger bore needle pushing down and turning counterclockwise and dispose of it in your sharps container.



3. Place a smaller bore needle (e.g. 27 or 29G) on the filled syringe and with the protective cap on, push down and turn clockwise the needle onto the syringe until it is tight. Pull the cap straight off the needle and dispose of it in your sharps container.



4. Hold the syringe with the needle pointing up and tap the barrel of the syringe with your finger to remove any air bubbles. After removing the bubbles, check the dose of medication in the syringe to be sure you have drawn up the correct amount. You are now ready to inject the correct dose.

How to inject asfotase alfa

Step 4: Injecting asfotase alfa

Please refer to Section “How asfotase alfa is administered” on page 7 for determining the most suitable areas for your injection (thighs, abdomen, arms (deltoids), buttocks). Your doctor will advise you on the possible injection sites.

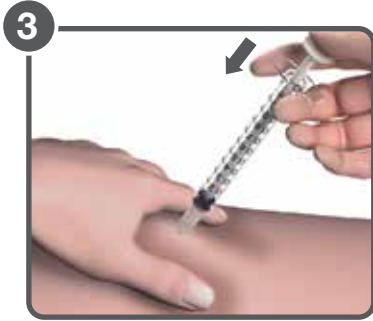


1. Gently pinch the skin of the chosen injection area between your thumb and index finger.



2. Holding the syringe like a pencil or a dart, insert the needle into the raised skin so it is at an angle of between 45° and 90° to the skin surface. For patients who have little subcutaneous fat or thin skin, a 45° angle may be preferable.

How to inject asfotase alfa



3. While continuing to hold the skin, push the syringe plunger to inject the medication slowly and steadily all the way in.

Remove the needle, release the skin fold and gently place a piece of cotton wool or gauze over the injection site for a few seconds. This will help seal the punctured tissue and prevent any leakage. Do not rub the injection site after injection.



4. Dispose of your syringe, needle, and used vial into your sharps container. Your doctor, pharmacist or nurse will advise you on how you can obtain a sharps container.

5. If you need a second injection for your prescribed dose, get another asfotase alfa vial and new needles, then repeat all of the previous steps.

Your vials are for single use and should only be punctured once.

Place a small plaster or adhesive bandage over the injection site, if necessary.



6. Record all details of the injection in your injection diary or using other means.

It is recommended that you note:

- where you injected
- the dose injected
- date and time of injection
- any injection reactions

If you have any concerns about injection reactions, preparing or administering your medication, discuss them with your healthcare professional.

Storing and Travelling with asfotase alfa

Storing your asfotase alfa vials

- Store your asfotase alfa vials in the refrigerator at a temperature between 2°C and 8°C. DO NOT put asfotase alfa in or near the freezer compartment and never inject asfotase alfa that you know, or suspect, has been frozen.
- Store your asfotase alfa in the original package in order to protect the medication from light.
- Before starting, check the expiry date of asfotase alfa which you will find on the vial label. DO NOT use if it has expired.

Travelling with your asfotase alfa vials

- Calculate how many vials you will need for your trip. Take some extra in case you are away for longer than expected.
- Remember to take your sharps container and some extra syringes. It is recommended that you carry your supplies as hand luggage.
- Check to ensure that your travel destination has refrigeration that you can use.
- It is recommended that you carry your vials in a cool bag when you travel. The bag should contain cool blocks to help keep your vials at the correct temperature.
- Keep the cool blocks in your freezer so that they are ready for use when you travel. Ensure that the frozen cool blocks are not in direct contact with your medication.

Travelling by air

- It is recommended that you carry your medication and supplies as hand luggage.
- It may be advisable to carry a letter from your doctor explaining that you need to travel with your medication.

Storing and Travelling with asfotase alfa

- Check with your airline, or the airports you are travelling through, for any specific rules for persons carrying injectable medication and associated accessories.

Storing and Travelling with asfotase alfa

- If you have any concerns about travelling, discuss them with your healthcare professional.

Reporting of side effects

If you experience any side effects, talk to your doctor, pharmacist or nurse. This also includes any side effects you experience that are not listed in the patient information leaflet or this guide.

In order to improve the traceability of this medicine, when reporting a side effect, the product name and the batch number of the medicine taken should be clearly recorded.

By reporting side effects you can help provide more information on the safety of this medicine.

United Kingdom

Please report suspected side effects to the MHRA through the Yellow Card scheme. You can report via:

- the Yellow Card website www.mhra.gov.uk/yellowcard
- the free Yellow Card app available from the Apple App Store or Google Play Store

Alternatively you can report a suspected side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.

When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine.

Ireland

Health Products Regulatory Authority (HPRA) Pharmacovigilance
Website: www.hpra.ie

Alexion Pharma UK Ltd on:

uk.adverseevents@alexion.com

or

Freephone: (UK) 0800 321 3902 / (Ireland) 1 800 936 544

Reference

1. STRENSIQ® (asfotase alfa) Current Patient Information Leaflet, available here:
<https://www.medicines.org.uk/emc/> or <https://www.hpra.ie>

