

## Information for Patients & Healthcare Professionals:

**Thalidomide can cause severe birth defects or death to an unborn baby therefore:**

- Female patients of childbearing potential must always use effective contraception and male patients with pregnant partners or partners of childbearing potential not using effective contraception must always use condoms (even if the man has had a vasectomy).
- Female patients of childbearing potential must have pregnancy tests every 4 weeks, prior to each prescription, to ensure that they are not pregnant, except in the case of confirmed tubal sterilisation
- If a patient or partner of a patient suspects they are pregnant they must contact their **prescriber** or **doctor** immediately.

For complete information on the side effects of thalidomide, patients should read the Package Leaflet and Healthcare Professionals should read the Summary of Product Characteristics.

Date of preparation of text: November 2025

Approved by MHRA: November 2025

PATH-THL-004\_v.3.0

## Information for Healthcare Professionals:

### Prescription Details

Has the patient received counselling?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Childbearing potential assessment:	WCBP / WNCBP / Male	
If the patient is a WCBP is she using effective contraception?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If the patient is male, is he using condoms, if required?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

## **Information for Healthcare Professionals:**

### **Prescription Details**

A completed Prescription Authorisation Form must accompany each prescription to confirm that the patient continues to use effective contraception (if required) and, in the case of a WCBP, is having a pregnancy test every 4 weeks before each prescription to ensure they are not pregnant.

## Emergency contact information:

Emergency Prescriber Contact:

Telephone Number during office hours:

Telephone number after office hours:

Date of preparation of text: November 2025

Approved by MHRA: [To be updated after MHRA approval]