

**Zeyzelf® twice weekly transdermal patches
(rivastigmine skin patches)
INSTRUCTIONS FOR USE AND PATIENT DIARY**

**To be provided to patients who have been prescribed
Zeyzelf® twice weekly transdermal patch (rivastigmine
transdermal system)**

These Instructions for Use and Patient diary are essential to ensure the correct use of rivastigmine patch

Instructions for use

- These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Important to remember

- **Zeyzelf twice weekly (rivastigmine) transdermal patch is applied 2 times a week and an oval adhesive cover patch is stuck over the Zeyzelf patch.**
- Replace the skin patches twice a week on two fixed days; at the latest after 4 days:
Monday and Friday **OR**
Tuesday and Saturday **OR**
Wednesday and Sunday **OR**
Thursday and Monday **OR**
Friday and Tuesday **OR**
Saturday and Wednesday **OR**
Sunday and Thursday
- Take off the previous patches before putting **ONE** new transdermal patch and one adhesive cover on.
- Do not cut Zeyzelf twice weekly (rivastigmine) transdermal patch into pieces.
- Press the Zeyzelf twice weekly (rivastigmine) transdermal patch firmly in place for at least 15 seconds using the palm of the hand, then press the adhesive cover down firmly for at least 30 seconds.
- The highest dose of Zeyzelf twice weekly (rivastigmine) transdermal patch is 9.5mg/24h. To achieve higher doses other rivastigmine patch products should be used.

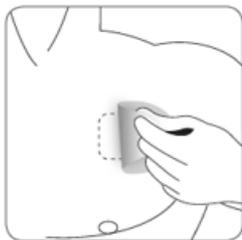
Instructions for use

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How to apply Zeyzelf twice weekly (rivastigmine) transdermal patch

The application always **begins** with Zeyzelf twice weekly (rivastigmine) transdermal patch. Its sachet is **smaller** than that of the adhesive cover.

1. Carefully remove the existing patch before putting on **one** new patch.



4. Put the sticky side of the patch on the upper or lower back, upper arm or chest (the breast should be avoided) and then peel off the second side of the protective liner.



2. Remove Zeyzelf twice weekly (rivastigmine) transdermal patch from the sachet by using scissors.



5. Then press the patch firmly in place for about 15 seconds using the palm of the hand to make sure that the edges stick well.



3. Peel off one side of the protective liner and do not touch the sticky part of the patch with the fingers.



6. After applying the Zeyzelf twice weekly (rivastigmine) transdermal patch, the adhesive cover should be applied. Instructions are continued on the next page.

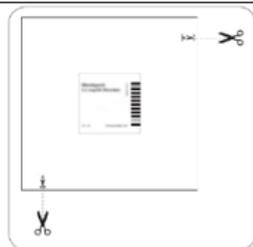
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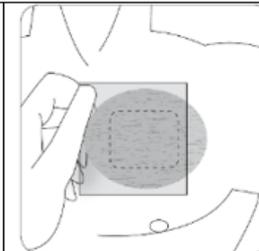
How to apply the oval adhesive cover/protective plaster

Continue with the application of the oval protective plaster. Its sachet is bigger than that of Zeyzef twice weekly (rivastigmine) transdermal patch.

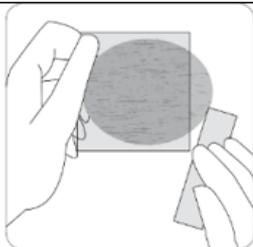
7. Remove the oval, beige protective plaster from the sachet by using scissors.



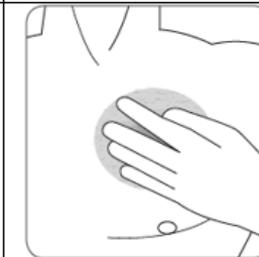
9. Cover the Zeyzef twice weekly (rivastigmine) transdermal patch completely with its beige protective plaster by putting the sticky side on the already attached transdermal patch and peel off the second half of the protective liner.



8. Peel off the smaller side of the protective liner and do not touch the sticky part of the patch with the fingers.



10. Then press the plaster firmly at least for 30 seconds using the palm of the hand to make sure that the edges stick well.

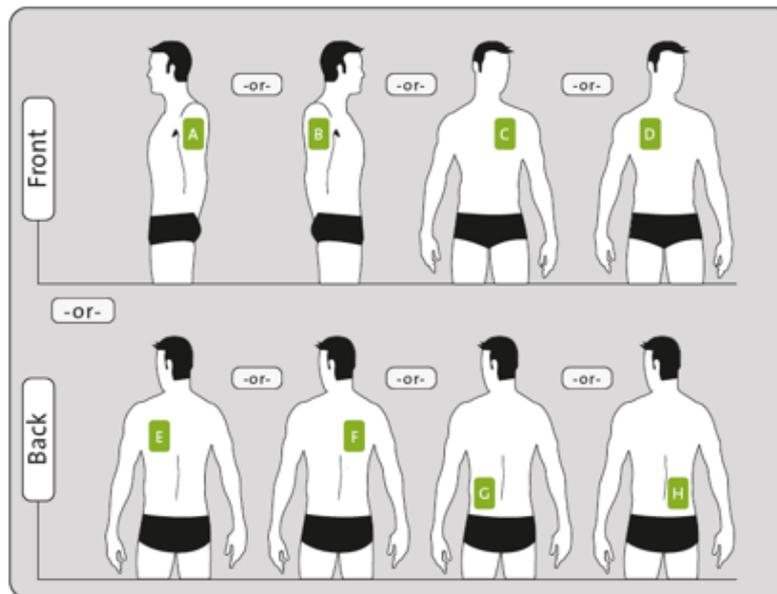


Patient diary

How to use this patient diary

- Use this diary to keep track of when you apply and take off a Zeyzef twice weekly (rivastigmine) transdermal patch.
- Tick the box when you have removed the old patch.
- Fill in the date and day you apply the new patch.
- Fill in the letter of the application zone where you have applied the new patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Where to apply / Application zones



The patches should be replaced at the same time of day. Before putting one new patch on, remove the previous patch and protective cover.

Replace the transdermal patches twice a week (on two fixed days); at the latest after 4 days and apply **one** new patch to **one** of the zones highlighted in the picture.

You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same exact spot within the same zone. The breast should be avoided.

You should change the patches on **two fixed days**:

Monday and Friday OR
Tuesday and Saturday OR
Wednesday and Sunday OR
Thursday and Monday OR
Friday and Tuesday OR
Saturday and Wednesday OR
Sunday and Thursday

Patient diary

Week	Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
	<input checked="" type="checkbox"/>	<i>13. February 2022</i>	<i>Sunday</i>	<i>A</i>
	<input checked="" type="checkbox"/>	<i>17. February 2022</i>	<i>Thursday</i>	<i>B</i>
1	<input type="checkbox"/>			
	<input type="checkbox"/>			
2	<input type="checkbox"/>			
	<input type="checkbox"/>			
3	<input type="checkbox"/>			
	<input type="checkbox"/>			
4	<input type="checkbox"/>			
	<input type="checkbox"/>			
5	<input type="checkbox"/>			
	<input type="checkbox"/>			
6	<input type="checkbox"/>			
	<input type="checkbox"/>			
7	<input type="checkbox"/>			
	<input type="checkbox"/>			
8	<input type="checkbox"/>			
	<input type="checkbox"/>			

Patient diary

Week	Old patch removed?	Date of application of new patch	Day of application of new patch	Application zone of new patch (letter)
	<input checked="" type="checkbox"/>	<i>13. February 2022</i>	<i>Sunday</i>	<i>A</i>
	<input checked="" type="checkbox"/>	<i>17. February 2022</i>	<i>Thursday</i>	<i>B</i>
9	<input type="checkbox"/>			
	<input type="checkbox"/>			
10	<input type="checkbox"/>			
	<input type="checkbox"/>			
11	<input type="checkbox"/>			
	<input type="checkbox"/>			
12	<input type="checkbox"/>			
	<input type="checkbox"/>			
13	<input type="checkbox"/>			
	<input type="checkbox"/>			
14	<input type="checkbox"/>			
	<input type="checkbox"/>			
15	<input type="checkbox"/>			
	<input type="checkbox"/>			
16	<input type="checkbox"/>			
	<input type="checkbox"/>			

Reporting of side effects

Please report suspected adverse drug reactions (ADRs) to the MHRA through the Yellow Card scheme. You can report via:

- the Yellow Card website www.mhra.gov.uk/yellowcard
- the free Yellow Card app available from the Apple App Store or Google Play Store
- some clinical IT systems (EMIS/SystmOne/Vision/MiDatabank) for healthcare professionals

Alternatively you can report a suspected side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.

When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine.

If you have any questions regarding Zeyzelf[®] twice weekly transdermal patch (rivastigmine skin patch) or would like to request further hard copies of this patient diary, please contact Luye Pharma Ltd:

- email: safety@luyepharma.co.uk
- phone: 0203 992 7900