

Please retain this card for future use

**Benilexa<sup>®</sup>**  
**One Handed**

20 micrograms/24 hours

Intrauterine Delivery System

Levonorgestrel

Benilexa One Handed is used for *contraception and treating heavy menstrual bleeding*.

Benilexa One Handed is effective for 8 years in the indication contraception and has a demonstrated efficacy for three years for the indication heavy menstrual bleeding. Therefore, it should be removed or replaced no later than 8 years after insertion, or earlier if heavy or bothersome menstrual bleeding returns.



Patient's Name

\_\_\_\_\_

Healthcare Professional's  
Name and contact details

\_\_\_\_\_

Day of insertion

\_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_

Latest planned date of removal

\_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_

Date of removal

Batch number

\_\_\_\_\_|\_\_\_\_\_|\_\_\_\_\_

\_\_\_\_\_

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Link to the latest patient information leaflet:  
<https://products.mhra.gov.uk/>