

Emergency Contact Phone Numbers

Office hours:

Out of hours:

Further information for patients, carers, and healthcare professionals on Thalidomide, its side effects, and pregnancy prevention, can be found at

www.accord-healthcare.co.uk

Thalidomide Information for Patients

You are taking Thalidomide. You must contact your hospital doctor urgently if you develop any of the following:

- Severe skin reactions including rashes, which is a common side effect and blistering of the skin or inside of your mouth (Stevens-Johnson Syndrome and toxic epidermal necrolysis, which are rare side effects). You may have a high temperature (fever) at the same time.
- Chest pain or difficulty breathing
- Pain or swelling in your arms or legs.

You must contact your doctor urgently if you suspect that you or your partner may be pregnant.

Information for Patients and Healthcare Professionals

Thalidomide causes birth defects and death to the unborn child, therefore:

- Female patients of childbearing potential must always use adequate contraception
- Female patients of childbearing potential must have monthly pregnancy tests, prior to each prescription, to ensure that they are not pregnant
- Male patients with female partners of childbearing potential who are not using adequate contraception must always use a condom
- If a female patient, or female partner of a male patient, suspects they are pregnant they must contact their doctor immediately.

Your doctor will confirm you:

- have received and understood the information provided to you before you start taking thalidomide
- are using effective contraceptive methods
- have had the required pregnancy tests (if you are a woman of childbearing potential)