

**Methotrexate**

THIS PATIENT CARD IS ONLY INTENDED FOR PATIENTS TAKING METHOTREXATE ONCE A WEEK FOR CONDITIONS INCLUDING ARTHRITIS, PSORIASIS AND CROHN'S DISEASE.

**If you use methotrexate for one of the above-mentioned indications, you must take your methotrexate containing medicine only once a week, on the same day every week.**

Day of the week for taking Methotrexate (write in full):

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Patient Cards front 19590 14072020 v3

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Do not take more than the prescribed dose.

Overdose can lead to serious adverse effects and even death. Symptoms of overdose include sore throat, fever, mouth ulcers, diarrhoea, vomiting, skin rashes, bleeding or unusual weakness. If you think you have taken more **methotrexate** than prescribed, contact a doctor straight away.

Always show this card to healthcare professionals not familiar with your **methotrexate** treatment to alert them about your once weekly dose eg if you go to hospital or have a change in care.

For more information, please read the patient leaflet in your medicine pack.

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