

## → A. Before you start

### Gather your supplies

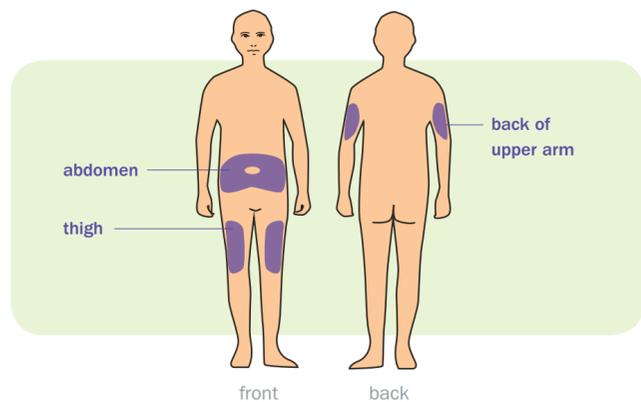
Find a well-lit, clean surface and gather all the equipment you need:



#### A new single-use Benepali® pre-filled syringe

Benepali® is available as a 25mg PFS and a 50mg PFS. Benepali® is not indicated for use in children and adolescents weighing less than 62.5 kg.

**Do not** shake the pre-filled syringe.



### 1. Inspect the pre-filled syringe:

Check the expiry date on the pre-filled syringe label.

**Do not** use the pre-filled syringe past the expiration date.

**Do not** use the pre-filled syringe if it has been dropped onto a hard surface. Components inside the pre-filled syringe may be broken.

**Do not** use the pre-filled syringe if the needle cover is missing or not securely attached.

### 2. Inspect the solution:

Look at the medicine in the pre-filled syringe.

The medicine should be clear or slightly opalescent, colourless or pale yellow, and may contain small white or almost transparent particles of protein.

**Do not** use the solution if it is discoloured, cloudy, or if particles other than those described above are present.

### 3. Allow the medicine to reach room temperature:

Remove one pre-filled syringe from the refrigerator and leave at room temperature for at least 30 minutes before injecting.

This is important to make the medicine easier and more comfortable to inject.

**Do not** remove the needle cover until you are ready to inject.

**Do not** use heat sources, such as a microwave or hot water, to warm Benepali®.

### 4. Choose an injection site:

The Benepali® pre-filled syringe is for injection under the skin (subcutaneous injection). It should be injected into the thigh, abdomen, or back of the upper arm (see image on the left).

Use a different site for each injection. Each new injection site should be given at least 3 cm (or the width of 3 fingers) from an old site.

If you are injecting into the abdomen, choose a site that is at least 5 cm away from the belly button.

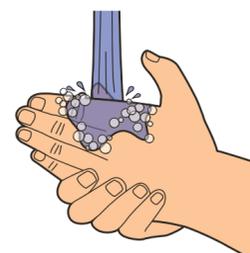
**Do not** inject into areas that are red, hard, bruised, or tender.

**Do not** inject into scars or stretch marks.

If you have psoriasis, **do not** inject into any raised, thick, red, or scaly skin patches (psoriasis skin lesions).

## → B. Injection steps

### Step 1:



Wash your hands with soap and water.

### Step 2:

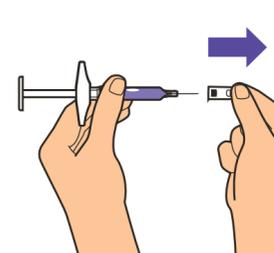


Wipe the skin at the injection site with an alcohol swab.

See 'Choose an injection site' for guidance with choosing an injection site.

**Do not** touch this area again before giving the injection.

### Step 3:



Pull the needle cover straight off and dispose of it in the bin or sharps container.

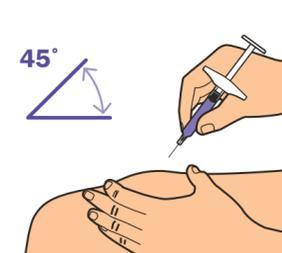
See 'Choose an injection site' for guidance with choosing an injection site.

**Do not** twist or bend the needle cover while removing it, as this may damage the needle.

**Do not** touch the plunger rod while removing the needle cover.

**Never recap the needle.**

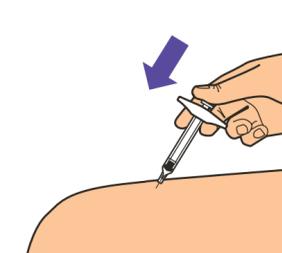
### Step 4:



Gently pinch a fold of skin at the cleaned injection site. Hold the pre-filled syringe at 45 degrees to the skin. With a quick, dart-like motion, insert the needle fully into the skin.

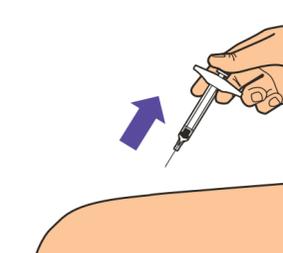
You can let go of the skin that you are pinching after the needle is completely inserted.

### Step 5:



Slowly push down the plunger to inject all of the Benepali® solution.

### Step 6:



When the syringe is empty, remove the needle from the skin at the same angle as inserted.

**Never** recap the needle. Recapping could lead to a needle stick injury.

### Disposal:



Dispose of the entire syringe in an approved sharps container.

Check with your healthcare provider for instructions on how to properly dispose a filled sharps container.

**Do not** throw the sharps container in household bin.

**Do not** recycle.

**Do not** reuse the Benepali® pre-filled syringe.

**Always keep the container out of the sight and reach of children.**

## → C. Injection site care

If there is bleeding at the injection site, press a gauze pad over the injection site.

**Do not** rub the injection site.

If needed, cover the injection site with a plaster.



### Questions?

Ask your doctor or nurse.

Refer to your **Instructions for Use** and **package leaflet** for local representative telephone numbers.

#### Reporting of Side Effects

If you get any side effects, please talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) (UK) or [www.hpra.ie](http://www.hpra.ie) (Ireland). By reporting side effects you can help provide more information on the safety of this medicine.

▼ This medicine is subject to additional monitoring. Reporting suspected adverse events or reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse events or reactions.

#### Adverse events can be reported directly via:

**UK:** Reporting forms and information can be found at: <https://yellowcard.mhra.gov.uk/>

**Ireland:** Adverse events can be reported to HPRa Pharmacovigilance, Earlsfort Terrace, IRL - Dublin 2  
Tel: +353 1 6764971  
Fax: +353 1 6762517  
Website: [www.hpra.ie](http://www.hpra.ie)  
e-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie)

Read the **Instructions for Use** before you start using Benepali® and each time you get a refill of your prescription. There may be new information.

This **Quick Reference Guide** is not intended to replace those instructions.

**Do not** try to give yourself the injection unless your doctor or nurse has shown you how to give the injection.

(PFSyringe) EN v 1.2.

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