

Advice for women taking Levonorgestrel 1.5 mg tablets

- **Levonorgestrel 1.5 mg tablets should only be used in an emergency**

Levonorgestrel 1.5 mg tablets for emergency contraception works best when you take it as soon as possible after unprotected sex. It is effective within 72 hours (3 days) of unprotected sex. Levonorgestrel 1.5 mg tablets is not effective as regular long-term method of contraception and will not always stop a pregnancy (not 100% effective). It should not replace regular, long-term contraception.

- **Timing of the tablet is very important**

Levonorgestrel 1.5 mg tablets should be taken as soon as possible after unprotected sex. It works for up to 72 hours (3 days) after sex, but its more effective the sooner you take it.

- **Possible side effects of Levonorgestrel 1.5 mg tablets**

You might feel sick, have tender breasts, headaches, tummy pain, diarrhea, feel dizzy or tired after taking Levonorgestrel 1.5 mg tablets. These symptoms should get better within a few days. If you are worried about the way you are feeling, always ask your pharmacist, doctor or nurse.

1% of women are likely to get sick (vomit) after taking Levonorgestrel 1.5 mg tablets. If you do vomit within three hours of taking Levonorgestrel 1.5 mg tablets, contact a pharmacist, doctor or family planning clinic as soon as possible, as the tablet may not be effective if you are sick.

- **Using contraception after taking Levonorgestrel 1.5 mg tablets**

Levonorgestrel 1.5 mg tablets will not protect you against pregnancy for the rest of your menstrual cycle and you should use a barrier method of contraception (e.g. condom, diaphragm or cap) if

you want to have sex before your next period starts. The use of Levonorgestrel 1.5 mg tablets does not contraindicate the continuation of regular hormonal contraception.

Levonorgestrel 1.5 mg tablets will not protect you against sexually transmitted infections. Only condoms can do this. Ask your doctor, nurse, family planning clinic or pharmacist for advice if you are worried about this.

- **Possible changes to your next period**

After taking Levonorgestrel 1.5 mg tablets, most women have their next period at the usual time, although some may have their period a few days earlier or later than normal. If your next period is different from normal or more than five days late or is unusually light or unusually heavy, make an appointment to see your doctor, nurse or family planning adviser as soon as possible. Spotting or bleeding may occur before your next period after taking Levonorgestrel 1.5 mg tablets.

- **How often can I take Levonorgestrel 1.5 mg tablets?**

Although there is no limit to the number of times you can take Levonorgestrel 1.5 mg tablets, it should only be used in an emergency. Levonorgestrel 1.5mg tablets are only suitable as a backup, if your regular method of contraception has failed, as it does not prevent pregnancy as effectively as long-term methods such as the combined contraceptive pill.

- **How do I know if Levonorgestrel 1.5mg tablets has worked?**

If you are not pregnant you should have your period as usual, although it may be a little early or late. If your period is more than five days late or is unusually light or unusually heavy, contact your doctor as soon as possible.

Advice on contraception is available free from your GP, Family Planning Clinic or NHS Walk-in Centre.

Please always read the patient information leaflet.

To request additional copies of this checklist, please contact Lupin (Europe) Limited, Tel: 01565 751378, Email: drugsafetyeurope@lupin.com