RIVASTIGMINE STRIDES TRANSDERMAL PATCH
INSTRUCTIONS FOR USE AND PATIENT DIARY

To be provided to patients that have been prescribed Rivastigmine Strides transdermal patches (rivastigmine transdermal system)

These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine patch

September 2026

INSTRUCTIONS FOR USE

- These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Important to remember

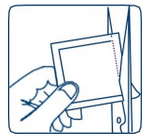
- Take off the previous patch before putting **one** new patch on.
- Only **one** patch per day.
- Do not cut the patch into pieces.
- Press the patch firmly in place for at least 30 seconds using the palm of the hand.

How to apply

1. Carefully remove the existing patch before putting on **one** new patch.



2. Remove the new patch from the sachet.



3. Peel one side of the protective liner off the patch.



4. Stick the patch on the upper or lower back, upper arm, or chest and peel off the protective liner.



5. Press the patch firmly in place for at least 30 seconds.

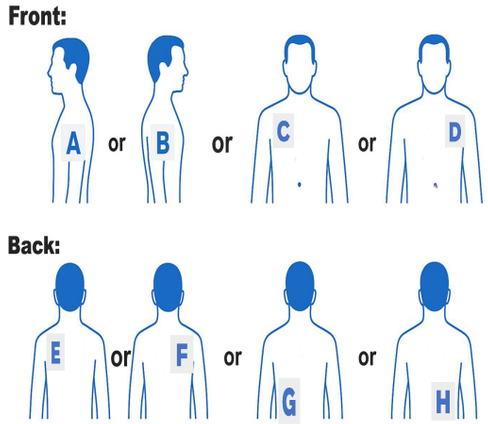


Where to apply

Take off the previous patch before putting **one** new patch on.

Apply **one** new patch in **one** of the following zones every day.

You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same exact spot within the same zone.



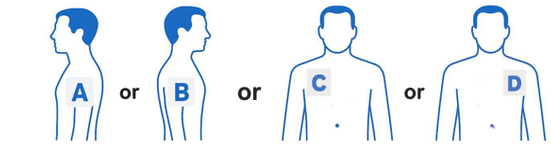
MEDICATION RECORD SHEET

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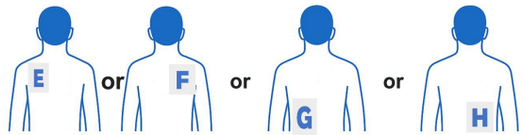
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Application zones

Front:



Back:



Apply **one** new patch in **one** of the zones to the left every day.

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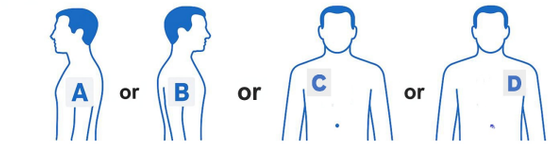
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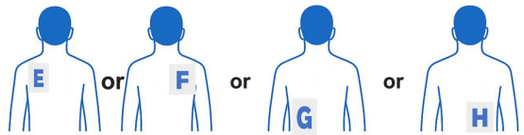
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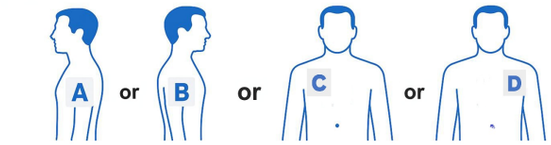
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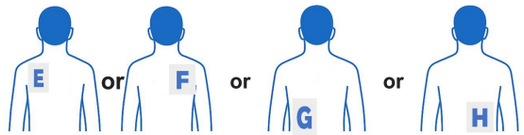
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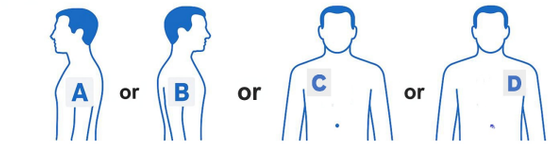
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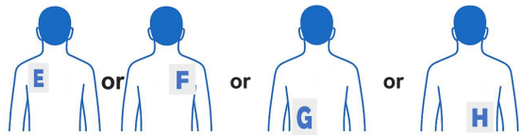
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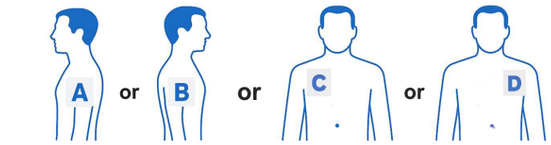
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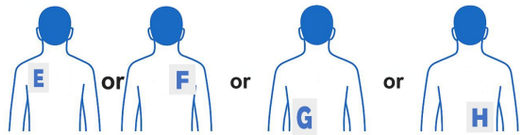
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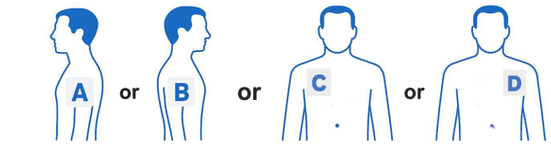
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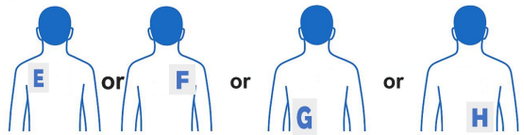
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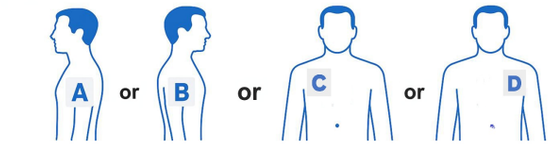
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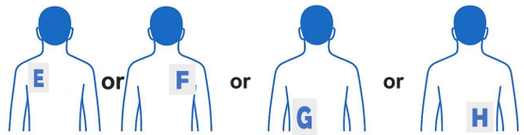
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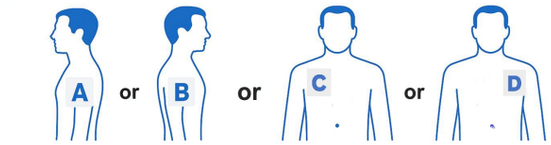
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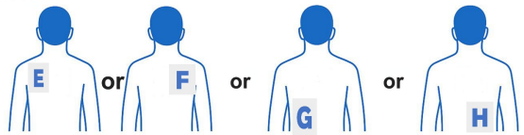
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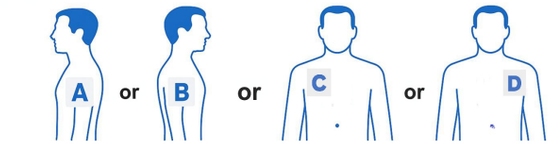
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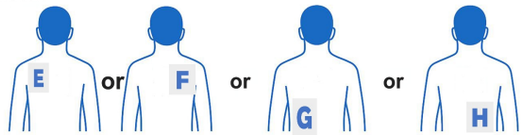
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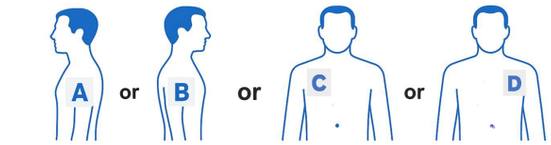
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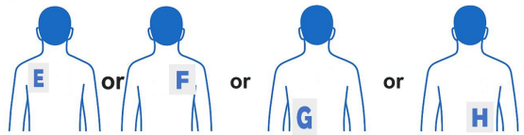
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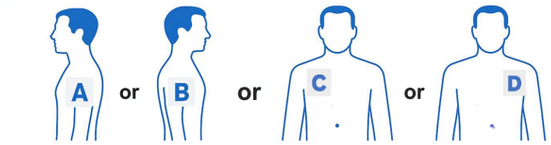
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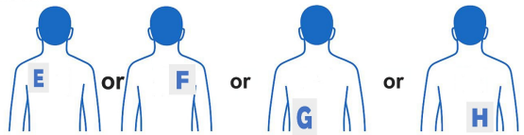
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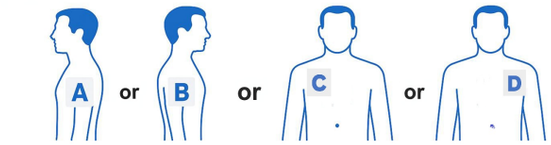
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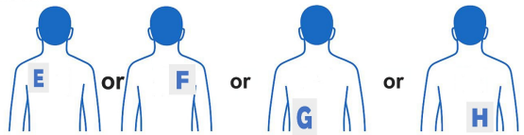
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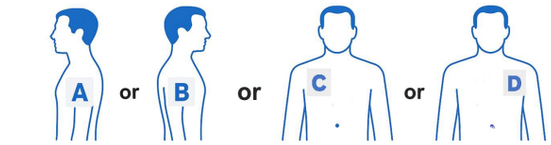
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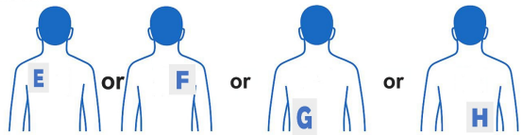
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Request for Hard Copies

Hard copies of the Instructions for Use and the Patient Diary will be supplied by the Strides Pharma UK Ltd., upon request from users.

Strides Pharma UK Ltd.,
Unit 4, The Metro Centre
Dwight Road, Watford
WD18 9SS
United Kingdom
Email: enquiries@stridespharma.co.uk
Phone: + 44 (0) 1923 255580

Reporting of side effects

If you get side effects with any medication you are taking, talk to your doctor, pharmacist or nurse. You can also report the side effect.
Please report side effects to the MHRA through the Yellow Card scheme. You can report via:

- the Yellow Card website www.mhra.gov.uk/yellowcard
- the free Yellow Card app available from the Apple App Store or Google Play Store

Alternatively you can report a side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.

When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine.

September 2026