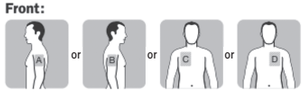
Front

6

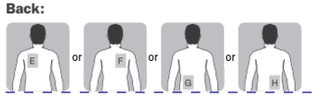
Application Zones

- Apply **one** new patch in only **one** of the following areas every day
- You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same exact spot within the same zone

Front:



Back:



7

Old Patch Removed?	Date of application of **new patch**	Day of application of **new patch**	Application area of **new patch** (letter)
Example:	*20 Apr 2026*	*Monday*	*A*

8

Please report side effects to the MHRA through the Yellow Card scheme.
You can report via:

- the Yellow Card website www.mhra.gov.uk/yellowcard
- the free Yellow Card app available from the Apple App Store or Google Play Store

Alternatively, you can report a side effect to the Yellow Card scheme by calling **0800 731 6789** for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours.
When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine

Dr. Reddy's Laboratories (UK) Ltd, 410 Cambridge Science Park, Milton Road, Cambridge, CB4 0PE, United Kingdom. Tel: + 44 (0) 1748 828873
email: drreddysgb@eu.propharmagroup.com

Date of approval: Apr. 2026 Version.1

1

Rivastigmine Patch
INSTRUCTIONS FOR USE AND PATIENT DIARY
To be provided to patients that have been prescribed Alzakt® patch (Rivastigmine Transdermal system)
These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine patch

INSTRUCTIONS FOR USE

- These Instructions for Use and Medication Record Sheets are essential to ensure the correct use of rivastigmine patch.
- If you have any questions or require more information, please read the package information leaflet that came with the medicine.
- If you are not sure about anything, please ask your doctor or pharmacist.

Date of approval: Apr. 2026 Version.1

Inside

2

Important to remember

- Take off the previous patch before putting **one** new patch on
- Only **one** patch per day
- Do not cut the patch into pieces
- Press the patch firmly in place for at least 30 seconds using the palm of the hand

How to apply

- Carefully remove the existing patch before putting on one new patch

- Take the new patch from the sachet. This sachet can now be used to safely dispose of the old patch

3

- Peel one side of the protective liner off the patch

- Stick the patch on the upper or lower back upper arm or chest and peel off the other side of the protective liner

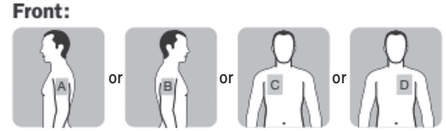
- Press the patch firmly in place for at least 30 seconds

Where to apply

- Take off the previous patch before putting **one** new patch on.
- Apply **one** new patch in only **one** of the following areas every day
- You can use the same zone (A or B or C or D or E or F or G or H), but do not use the same exact spot within the same zone.

4

Front:



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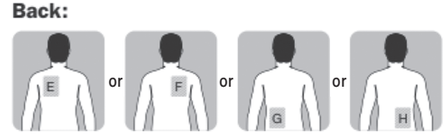

5

Medication Record / Patient Diary
How to use this record sheet

- Use this record sheet to keep track of when you apply and take off a RIVASTIGMINE TRANSDERMAL PATCH
- Tick the box when you have removed the old patch
- Fill in the date and day you apply the new patch
- Fill in the letter of the application zone where you have applied the new patch
- If you have any questions or require more information, please read the patient information leaflet that came with the medicine
- If you are not sure about anything, please ask your doctor or pharmacist