

Your guide to MYNZEPLI®▼

Supporting you with your MYNZEPLI treatment of diabetic macular oedema (DMO)

The information in this booklet is not intended to replace discussions between you and your doctor.

This booklet is intended for adult patients who have been prescribed MYNZEPLI for the treatment of DMO.

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ADVANZ PHARMA.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/> or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine. Please call 0208 588 9131 to report adverse events or product complaints or to speak to a Medical Information Specialist. Otherwise please email medicalinformation@advanzpharma.com.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get.

Welcome to your MYNZEPLI guide

Your doctor has prescribed MYNZEPLI because you have been diagnosed with diabetic macular oedema (DMO). This can sometimes be called diabetic macular edema (DME).

This guide is here to help support you in your treatment with MYNZEPLI for DMO. You can find out more about DMO and how MYNZEPLI works. You can also find advice about how to prepare for your appointments and who you can contact for any further questions.

Important safety information

Contact your doctor as soon as possible if you have any of the following symptoms after treatment with MYNZEPLI:

- If any eye pain or redness following the injection does not go away or is getting worse
- If your vision gets more blurred or you can't see as well as usual
- If you become more sensitive to light
- If you experience the sudden appearance of floaters, flashes of light and/or obscured vision

The booklet is available as a digital version and comes with an audio guide. The audio guide is a readout of the text in this booklet. You can access this by:

- Visiting <https://www.medicines.org.uk/emc/search?q=mynzepli>
- Using the camera on a smart device to scan the relevant QR codes below. This will direct the device to relevant information on the internet

For a digital version of this booklet, please scan the QR code:



For the audio guide, please scan the QR code:



More information is available to you in the Patient Information Leaflet (PIL). Scan the QR code below for the PIL:



For UK (Great Britain and Northern Ireland) patients only.

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What is DMO?

Diabetic macular oedema (DMO) is a disease that affects the eye and occurs when fluid builds up in the retina. The retina is a layer of cells lining the back wall inside the eye. It senses light and allows you to see by sending messages to the brain. The macula is an area at the centre of the retina that helps you to see clear details of objects in front of you, like faces and words in books.

Diabetes can cause high or rapidly changing blood sugar levels. This can result in damage to small blood vessels around the body. If this happens in the eye, it may lead to swelling in the retina and blurry vision (DMO). The swelling is mainly caused by higher-than-normal levels in the eye of a protein called vascular endothelial growth factor, or VEGF.

VEGF occurs naturally in the body and is involved in making blood vessels grow, but too much VEGF in the retina can cause the growth of abnormal, leaky blood vessels. When vessels in the eye leak blood or other fluids, this causes swelling of the retina.

Over time without treatment, this process can lead to scarring in the macula and permanent central vision loss, but there are treatments that can help slow this down.

What is MYNZEPLI?

MYNZEPLI is for adults who have been diagnosed with DMO.

MYNZEPLI is an anti-VEGF. Anti-VEGF stands for 'anti-vascular endothelial growth factor' and this is a description of how MYNZEPLI works to protect your vision.

MYNZEPLI works by blocking VEGF, which helps reduce the fluid in the retina. This can help improve and preserve your vision.

MYNZEPLI is a solution (a liquid) that is injected into the eye. Your doctor will recommend a treatment schedule for you, and it is very important that you follow it. Talk to your doctor or nurse if you have any questions or concerns with MYNZEPLI.

Remember, it's important that you follow the treatment plan your doctor gives you. This can help make sure that MYNZEPLI is working properly.



What should I tell my doctor before starting treatment with MYNZEPLI?

Before starting your MYNZEPLI treatment, make sure to tell your doctor or healthcare team if you:

- Have an infection in or around your eye
- Currently have redness in your eye or if there is any pain in your eye
- Think you may be allergic to iodine, any painkillers or any of the ingredients in MYNZEPLI. The full list of ingredients can be found in the attached Package Leaflet
- Have had any issues or problems with eye injections before

- Have glaucoma or a history of high pressure in your eye
- See, or have seen, flashes of light or 'floaters' in your vision
- Are taking any medications, with or without a prescription
- Had or will have eye surgery within 4 weeks before or after MYNZEPLI treatment
- Are pregnant, planning to become pregnant or breastfeeding. There is very little information about the safety of using MYNZEPLI in pregnant women. MYNZEPLI should not be used during pregnancy, unless the benefit outweighs the risk to the baby. Discuss this with your doctor before treatment with MYNZEPLI. Women of childbearing potential should use effective contraception during their treatment with MYNZEPLI and continue for at least 3 months after the last injection of MYNZEPLI. Use of MYNZEPLI is not recommended during breastfeeding as small amounts of MYNZEPLI may pass into the breastmilk and its effects on a newborn or infant are not known

How can I prepare for my MYNZEPLI appointment?

To get ready for your appointment:

- Your doctor may ask you to take eye drops for a few days before your appointment
- After your treatment, your vision may be blurry so you should not drive home. You can ask a friend or family member to take you to your appointment or arrange another way to get there and home again
- Do not wear any makeup on the day of your appointment



What will happen during my MYNZEPLI appointment?

Your doctor will be experienced in giving eye injections. During your appointment, they will:

- Clean your eye to help prevent infections
- Put numbing medicine on your eye to help reduce the pain. This can help make it more comfortable during the injection

Talk to your doctor if you have any worries or questions about your treatment with MYNZEPLI.

What can I expect after my MYNZEPLI appointment?

- Your doctor may give you some eye tests after your MYNZEPLI injection. This may include a test that measures the pressure inside your eye
- After your injection, you may have blurry vision, so you should not drive until your vision returns to what is normal for you
- If you use contact lenses, your doctor or nurse can advise you when you can start using them again

During the first few days after your injection, you may get a bloodshot eye or see moving spots in your vision. Both of these should improve within days. If they don't, or if they get worse, you should contact your doctor.

Some people might feel a little bit of pain or discomfort in their eye after their injection. If the pain does not go away or gets worse, you should contact your doctor.

What are the side effects of MYNZEPLI?

Just like any medicine, MYNZEPLI has the potential to cause side effects. Not everyone who is given a MYNZEPLI injection will experience a side effect.

Contact your doctor immediately if you have any signs or symptoms listed in the following table as these could be signs of a serious complication with the treatment:

Condition	Some potential signs or symptoms
Infection or inflammation inside the eye	Eye pain or increased discomfort Worsening eye redness Sensitivity to light Swelling of the eyelid Vision changes such as sudden decrease in vision or blurring of vision
Clouding of the lens (cataract)	Blurry vision Seeing shadows Less vivid lines and shapes Colour vision changes (e.g. colours looked 'washed out')

Condition	Some potential signs or symptoms
Increase in pressure in the eye	Seeing halos around lights Eye pain Experiencing a red eye Nausea or vomiting Vision changes
A detachment or tear of a layer of the retina	Sudden flashes of light A sudden appearance or an increase of floaters A curtain-like effect over a portion of the visual area Vision changes

For a full list of side effects, please refer to the MYNZEPLI Patient Information Leaflet (PIL). You can access the PIL by scanning the QR code on Page 3, or by asking your doctor.

Who can I contact for help



Talk to your doctor or nurse if you have any concerns or questions. They are there to help support you in your treatment with MYNZEPLI and answer any questions that you may have. You may find it useful to write down their contact details below so you can reach out to them for any questions.

Name of eye care clinic: _____

Name of doctor: _____

Telephone: _____

Address: _____

Email: _____

Where can I find out more about DMO?

You can find out more information about DMO from the list of useful contacts here. You can either write to or phone these organisations. They can help put you in touch with other people living with DMO. If you have access to the internet, you can visit their websites. They will have information that you can download and print or read on the screen. They may also have information in audio format for you to listen to.

The Macular Society

Helpline: 0300 3030 111

Address: The Macular Society,
PO Box 1870, Andover SP10 9AD

Email: info@macularsociety.org

Website: www.macularsociety.org



RNIB

(Royal National Institute of Blind People)

Helpline: 0303 123 9999

Address: Grimaldi Building, 154a
Pentonville Road, London N1 9JE

Email: helpline@rnib.org.uk

Website: www.rnib.org.uk



Diabetes UK

Helpline: 0345 123 2399

Address: Wells Lawrence House,
126 Back Church Lane,
London E1 1FH

Email: helpline@diabetes.org.uk

Website: www.diabetes.org.uk



My notes

You can use this page to write down anything that is helpful to you such as:

- Details of your next appointment
- Any side effects you're experiencing
- Questions you want

My notes
