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Symptoms of dehydration may include:

- Increased thirst
- Feeling tired or sleepy
- Decreased urination
- Dizziness
- Dry mouth
- Sunken eyes
- Dark yellow, strong smelling urine

If dehydration is left untreated, it can become severe.

Severe dehydration is a medical emergency and requires immediate medical attention. Symptoms can include unusual tiredness, confusion, dizziness, not urinated all day. If you experience any of these symptoms, contact your doctor, call 111 or go to A&E immediately to seek medical advice.

NHS dehydration – available at <https://www.nhs.uk/conditions/Dehydration/> (last accessed Jun 2025).

Important safety information for HCPs

Tolvaptan blocks the action of vasopressin in the kidney.

This can result in an increase in urination which may lead to severe dehydration or excessive water loss. Symptoms of dehydration may include increased thirst, dry mouth, feeling tired or sleepy, decreased urination, headache, dry skin, dizziness, rapid heart rate, confusion and poor skin elasticity.

Tolvaptan can cause liver injury.

Blood tests for liver function testing must be performed periodically (monthly for the first 18 months, then every 3 months thereafter).

Therapy should be interrupted or discontinued if significant increase of liver enzymes and/or clinical symptoms of liver injury persist.

For more information, please contact Dr. Reddy's Medical Information at drreddysgb@eu.propharmagroup.com or by calling + 44 (0) 1748 828873

Version 1.0 Date of approval: 24.Oct.2025

Patient Card

Dr.Reddy's 

This Patient Card is meant for patients currently being treated with ▼tolvaptan.

Please keep this card with you at all times while you are on treatment with tolvaptan and for one-week post-treatment.

Patient Card

Present this card to any healthcare professional that you see, before any medical treatment or intervention.

Patient's name.....

Date tolvaptan first prescribed

Doctor's name

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Treatment centre's name

Treatment centre's contact number

Reporting of side effects

This medicine is subject to additional monitoring. This will allow quick identification of new safety information. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

Please report suspected side effects to the MHRA through the Yellow Card scheme. You can report via: The Yellow Card website www.mhra.gov.uk/yellowcard or the free Yellow Card app available from Google Play or the Apple Store.

Alternatively, you can report a suspected side effect to the Yellow Card scheme by calling 0800 731 6789 for free, Monday to Friday between 9am and 5pm. You can leave a message outside of these hours. When reporting please provide as much information as possible. By reporting side effects, you can help provide more information on the safety of this medicine. Side effects can also be reported to Dr. Reddy's at drreddysgb@eu.propharmagroup.com or by calling + 44 (0) 1748 828873.

Important safety information for patients Tolvaptan can cause your liver not to work properly. Your doctor will arrange blood tests for liver function testing:

- Before starting treatment with tolvaptan
- Monthly for the first 18 months of treatment
- Then every 3 months thereafter

Inform your doctor immediately if you experience any of these signs that could indicate potential liver problems:

- Tiredness
- Pain in the abdomen
- Yellowing of skin or eyes (jaundice)
- Vomiting
- Itching of your skin
- Loss of appetite
- Dark urine
- Nausea
- Fever
- Flu-like syndrome (joint and muscle pain with fever)

Tolvaptan can cause dehydration / severe dehydration.

Tolvaptan can increase your urine production which may result in excessive water loss and dehydration. Drink plenty of fluids to avoid dehydration and consult your doctor if you are unable to drink or if you experience any of the following symptoms.