Pregnancy Prevention Programme

Male

RISK AWARENESS FORM FOR COUNSELLING THE PATIENT TO ENSURE THE PATIENT IS FULLY INFORMED ABOUT THE SAFE USE OF POMALIDOMIDE

This Risk Awareness Form is to assist you with counselling a patient before they commence pomalidomide treatment in order to ensure the medicine is used safely and correctly. A form must be completed for each male prior to the initiation of their pomalidomide treatment. This form must be completed by a physician experienced in managing immunomodulatory drugs.

The purpose of the Risk Awareness Form is to protect patients and any possible foetuses by ensuring that patients are fully informed of and understand the risk of teratogenicity and other adverse drug reactions associated with the use of pomalidomide. It is mandatory that male patients receive counselling and education to be made aware of the risks of pomalidomide.

This form should be retained with the patient's medical records, and a photocopy provided to the patient. This form is not a contract and does not absolve anybody from his/her responsibilities regarding the safe use of the product and prevention of foetal exposure to pomalidomide.

Warning: Pomalidomide must not be taken during pregnancy since a teratogenic effect in humans is expected. Pomalidomide is structurally related to thalidomide. Thalidomide is a known human teratogen that causes severe life-threatening birth defects. Pomalidomide was found to be teratogenic in both rats and rabbits when administered during the period of major organogenesis. The conditions of the Pregnancy Prevention Programme must be fulfilled for all patients unless there is reliable evidence that the patient does not have childbearing potential.
If pomalidomide is taken during pregnancy, it is expected to cause severe birth defects or death to an unborn baby.

Patient Details

Patient's First Name:

Patient's Last Name:

Date of Birth:	DD	MM	YYYY

Counselling Date:	DD	MM	YYYY

Did you inform your patient:

1) Of the need to avoid foetal exposure?	Tick
2) To not share the medicinal product with any other person?	Tick
3) That they should not donate blood during treatment (including during dose interruptions) and for at least 7 days following discontinuation of pomalidomide?	Tick
4) That they should return the unused capsules to the pharmacist at the end of treatment?	Tick
5) That pomalidomide is found in semen, so there is a need to use condoms if the sexual partner is pregnant or is a WCBP not on effective contraception (even if the man has had a vasectomy)?	Tick
6) That if his partner becomes pregnant, he should inform his treating doctor immediately and always use a condom?	Tick

Date of preparation of text: April 2026
Approved by MHRA: 08 May 2026
PATH-POM-007_v.3.0

Pathfinder
Risk Management Platform

7) That he should not donate semen during treatment (including during dose interruptions) and for at least 7 days following discontinuation of pomalidomide?	Tick

Pregnancy Prevention

The Patient Confirms that:

They will use a condom during intercourse with a woman of childbearing potential.	Tick
Their female partner is using an effective method of pregnancy prevention.	Tick
Their female partner is of non-childbearing potential.	Tick
They are committed to complete and absolute abstinence.	Tick

Prescriber Confirmation

I have fully explained to the patient named above the nature, purpose and risks of the treatment associated with pomalidomide, especially the risks to women of childbearing potential.

I will comply with all my obligations and responsibilities as the prescriber of pomalidomide.

Prescriber's First Name:

Prescriber's Last Name:

Prescriber's Signature:		Date:	DD	MM	YYYY

Patient: please read thoroughly and initial the adjacent box if you agree with the statement

I understand that pomalidomide is structurally related to thalidomide, which is known to cause severe life-threatening birth defects, therefore pomalidomide is expected to be harmful to the unborn child.	Patient Initials
I understand that severe birth defects may occur with the use of pomalidomide. I have been warned by my prescriber that any unborn baby has a high risk of birth defects and could even die if a woman is pregnant or becomes pregnant while taking pomalidomide.	Patient Initials
I understand that pomalidomide passes into human semen. If my partner is pregnant or able to become pregnant, and she doesn't use effective contraception, I must use condoms throughout the duration of my treatment, during dose interruptions and for at least 7 days after I stop pomalidomide even if I have had a vasectomy.	Patient Initials
I know that I must inform my prescriber immediately if I think that my partner may be pregnant whilst I am taking pomalidomide or within 7 days after I have stopped taking pomalidomide and my partner should be referred to a physician specialised or experienced in teratology for evaluation and advice.	Patient Initials
I understand that pomalidomide will be prescribed ONLY for me. I must not share it with ANYONE.	Patient Initials
I have read the pomalidomide Patient Information Guide and understand the contents, including the information about other possible important health problems (side effects) associated with the use of pomalidomide.	Patient Initials
I know that I cannot donate blood while taking pomalidomide (including dose interruptions) or for at least 7 days after stopping treatment.	Patient Initials
I know that I cannot donate semen or sperm while taking pomalidomide, during dose interruptions and for at least 7 days after discontinuation of pomalidomide.	Patient

	Initials
I understand that I must return any unused pomalidomide capsules to my pharmacy at the end of my treatment.	Patient Initials
I have been informed about effective contraceptive methods that my female partner can use.	Patient Initials
I have been informed about the thromboembolic risk and possible requirement to take thromboprophylaxis during treatment with pomalidomide.	Patient Initials

Patient's Confirmation

I confirm that I understand and will comply with the requirements of the pomalidomide Pregnancy Prevention Programme, and I agree that my prescriber can initiate my treatment with pomalidomide.

I understand that in order to receive pomalidomide as part of the medical care and treatment that I am receiving, my personal data will be collected and processed by my treating healthcare institution and the relevant Marketing Authorisation Holder (i.e. the supplier of pomalidomide) and their processors, HealthBeacon plc and Pharmacare Group Ltd. I further understand that my personal data will be processed and retained in accordance with applicable laws and regulations, as described in the relevant party's privacy policy, which can be found on their website.

Patient's Signature:	

Date:	DD	MM	YYYY

Statement of the interpreter (where appropriate)

I have interpreted the information above to the patient/parent to the best of my ability and in a way in which I believe she/he/they can understand. She/he/they agree to follow the necessary precautions to prevent an unborn child being exposed to pomalidomide.

Interpreter's Signature:		**Name:** (print)	

Date:	DD	MM	YYYY

For further information, please refer to the Summary of Product Characteristics (SmPC) for the respective medicinal product from the relevant Marketing Authorisation Holders or refer to the MHRA www.mhra.gov.uk