

Patient Card

Important information for all female patients who could become pregnant

Topiramate ▼ Pregnancy Prevention Programme

▼ *This medicinal product is subject to additional monitoring. Report any side effects to www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.*

Contraception and Pregnancy Prevention

Important information to know

- Topiramate is an effective medicine for epilepsy and prevention of migraine.
- Topiramate can seriously harm a baby when taken during pregnancy.
- **Use effective birth control (contraception) at all times** during your treatment with topiramate and for at least 4 weeks after the last dose.
- Discuss with your doctor about which method of birth control is most suitable for you.
- It is important to visit your doctor to review your treatment at least once each year.

What you must do

- Read the package leaflet carefully before use.
- Read the **Patient Guide** for the topiramate pregnancy prevention programme. You should have received a copy from your doctor or it can be found online at www.medicines.org.uk by entering “topiramate” in the search box and then clicking on “Risk Materials”.
- If you are **thinking about having a baby**, make an appointment with your GP. Do not stop using topiramate and contraception before you have talked to your doctor.
- If you **think you are pregnant and are taking topiramate for epilepsy**, do not stop using topiramate. This may cause your seizures to start again or happen more often and last longer. Make an urgent appointment with your GP or epilepsy team (within a few days).
- If you **think you are pregnant and are taking topiramate for migraine prevention**, stop taking topiramate straight away and contact your GP.

PRESCRIBING DOCTOR'S NAME:

PRESCRIBING DOCTOR'S PHONE NUMBER:

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