

**PEN USER MANUAL**  
**Byetta 10 micrograms solution for injection in pre-filled pen**  
**(exenatide)**



**USER MANUAL CONTENTS**

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**Section 1. WHAT YOU NEED TO KNOW ABOUT YOUR BYETTA PEN**

**Read this section completely before you begin. Then, move on to section 2 – getting started.**

Read these instructions carefully BEFORE using your Byetta pen. Also read the Byetta Package leaflet that comes with the Byetta pen carton.

You need to use the pen correctly in order to get the most benefit from Byetta. Failure to follow these instructions completely may result in a wrong dose, a broken pen or an infection.

**These instructions do not take the place of talking with your healthcare professional about your medical condition or your treatment. If you are having problems using your Byetta pen, contact your healthcare professional.**

**IMPORTANT INFORMATION ABOUT YOUR BYETTA PEN**

- Byetta is injected twice a day, the pen contains enough medicine for 30 days. You do not have to measure any doses, the pen measures each dose for you.
- **DO NOT TRANSFER THE MEDICINE IN THE BYETTA PEN TO A SYRINGE.**
- If any part of your pen appears broken or damaged, do not use the pen.
- **Do not share your pen or needles as this may risk transmission of infectious agents.**
- This pen is not recommended for use by people who are blind or who cannot see well enough. Help will be needed by a person trained to use the pen.
- Healthcare professionals or other caregivers should follow local or institutional policies regarding needle handling.
- **Follow the instructions for hygienic injection technique recommended by your healthcare professional.**
- Follow Section 2 only to set up a new pen before first use.
- Section 3 of this manual should be used for every injection.

**ABOUT INJECTION NEEDLES**

Your Byetta pen is suitable for use with Becton, Dickinson and Company pen injection needles.

**Do I use a new needle for each injection?**

- Yes. Do not reuse needles.
- Remove the needle immediately after each injection. This will help prevent leakage of Byetta, keep out air bubbles, reduce needle clogs, and decrease the risk of infection.
- Never push the injection button on the pen unless a needle is attached.

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### **How do I throw away my needles?**

- Throw away used needles in a puncture-resistant container or as recommended by your healthcare professional.
- Do not throw away the pen with a needle attached.

### **STORING YOUR BYETTA PEN**

#### **How do I store my Byetta pen?**

- Store in a refrigerator (2 °C to 8 °C).
- Do not freeze. Throw away any Byetta pen that has been frozen.
- Once in use, your Byetta pen should be kept below 25 °C.
- Replace the cap on the pen in order to protect from light.
- Do not store the Byetta pen with the needle attached. If the needle is left on, medicine may leak from the Byetta pen or air bubbles may form in the cartridge.

**Keep your pen and needles out of the sight and reach of children.**

#### **How long can I use a Byetta pen?**

- Use a Byetta pen for only 30 days after setting up a new pen for first use.  
**Dispose of a used Byetta pen after 30 days, even if some medicine remains in the pen.**
- Mark the date when you first used your pen and the date 30 days later in the spaces below:

**Date of first use**

**Date to throw away pen**

- Do not use Byetta after the expiry date, which is stated on the label and the carton after 'EXP'. The expiry date refers to the last date of that month.

#### **How do I clean my Byetta pen?**

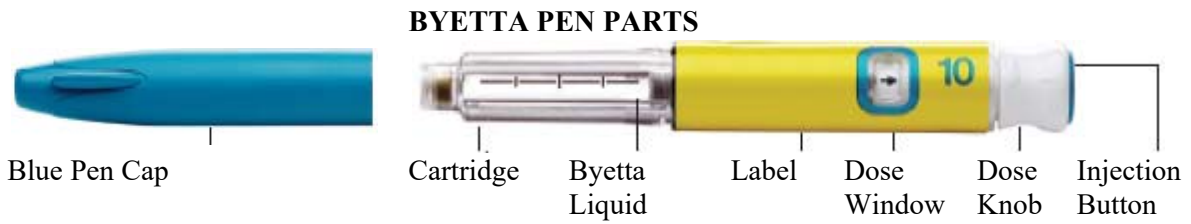
- If needed, wipe the outside of the pen with a clean, damp cloth.
- White particles may appear on the outside tip of the cartridge during normal use. You may remove them with an alcohol wipe or alcohol swab.

**Please see the accompanying Byetta Package Leaflet. For additional information, contact your healthcare professional.**

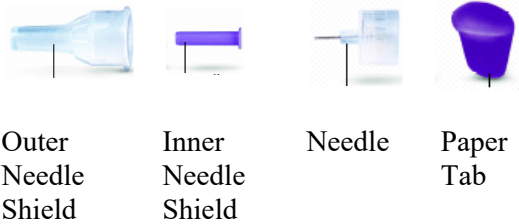
## **Section 2. GETTING STARTED**

**Read and follow the directions in this section only after you've read section 1-what you need to know about your Byetta pen.**

Set up your new pen just before you use it for the first time. Follow the **New Pen Setup** only **once**. For routine use, **do not repeat** the New Pen Setup. If you do, you will run out of Byetta before 30 days of use.



**NEEDLE PARTS**  
(Needles Not Included)



**DOSE WINDOW SYMBOLS**

- ready to pull dose knob out
- ready to turn to dose position
- ready to inject 10 micrograms (mcg)
- dose knob pushed in and ready to reset

**NEW PEN SETUP – DO THIS ONE TIME ONLY**

**STEP A Check the Pen**



- Wash hands prior to use.
- Check pen label to make sure it is your 10 micrograms pen.
- Pull off the blue pen cap.



Check Byetta in the cartridge. The liquid should be clear, colourless, and free of particles. If it is not, do not use.

**Note:** A small air bubble in the cartridge is normal

**STEP B Attach the Needle**



- Remove paper tab from outer needle shield.
- **Push** outer needle shield containing the needle **straight** onto the pen, then **screw** needle on until secure.

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- Pull off outer needle shield. **Do not** throw away. The outer needle shield will be used when you are removing the needle from the pen after the injection.



- Pull off inner needle shield and throw away. A small drop of liquid may appear. This is normal.

## STEP C Dial the Dose




- Check that the  is in the dose window. If not, turn dose knob clockwise **until it stops** and the  is in the dose window.



- **Pull dose knob out until it stops** and the  is in the dose window.



- **Turn dose knob clockwise until it stops** at . Make sure that the 10 with the line under it is in the centre of the dose window.

**Note:** If you cannot turn the dose knob clockwise to the , see **Commonly Asked Questions**, number 9, in Section 4 of this user manual.

## STEP D Prepare the Pen

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- Point the needle of the pen up and away from you.



### **PUSH & HOLD**

- Use thumb to firmly push the injection button in until it stops, then continue holding the injection button in while slowly counting to 5.
- If you do not see a stream or several drops come from the needle tip, repeat Steps C & D.




- Pen preparation is complete when the  is in the centre of the dose window AND you have seen a stream or several drops come from the needle tip.

**Note:** If you do not see liquid after 4 times, see **Commonly Asked Questions**, number 3, in Section 4 of this user manual.

### **STEP E Complete New Pen Setup**



- Turn dose knob clockwise until it stops and the  is in the dose window.
- New Pen Setup is now done. Do not repeat Section 2 for routine use, if you do, you will run out of Byetta before 30 days of use.
- You are now ready for your first dose of Byetta.
- Go to Section 3, Step 3, for instructions on how to inject your first routine dose.

**Note:** If you cannot turn the dose knob, see **Commonly Asked Questions**, number 9, Section 4 of this user manual.

## **Section 3. ROUTINE USE**

Now that you have done the New Pen Setup, follow Section 3 for **all** of your injections.

### **STEP 1 Check the Pen**

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- Wash hands prior to use.
- Check pen label to make sure it is your 10 microgram pen.
- Pull off the blue pen cap.



- Check Byetta in the cartridge.
- The liquid should be clear, colourless, and free of particles. If it is not, do not use.

**Note:** A small air bubble will not harm you or affect your dose.

### STEP 2 Attach the Needle



- Remove paper tab from outer needle shield.
- **Push** outer needle shield containing the needle **straight** onto the pen, then **screw** needle on until secure.



- Pull off outer needle shield. **Do not** throw away. The outer needle shield will be used when you are removing the needle from the pen after the injection.





- Pull off inner needle shield and throw away. A small drop of liquid may appear. This is normal.

**Note:** If the needle is not secure, you may not get your full dose.

### STEP 3 Dial the Dose

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- Check that the  is in the dose window. If not, turn dose knob clockwise **until it stops** and the  is in the dose window.



- **Pull dose knob out until it stops** and the  is in the dose window.



- **Turn dose knob clockwise until it stops** at . Make sure that the 10 with the line under it is in the centre of the dose window.

**Note:** If you cannot turn the dose knob clockwise to the , see **Commonly Asked Questions**, number 9, in Section 4 of this user manual.

### STEP 4 Inject the Dose




- Grip pen firmly.
- Avoid tightly pinching the skin before injecting. Insert needle into skin using **hygienic** injection technique recommended by your healthcare professional.



### PUSH & HOLD

- Use **thumb to firmly push injection button in until it stops**, then continue holding the injection button in while **slowly counting to 5** in order to get a full dose.
- Keep the pressure on the injection button as you remove the needle from your skin, this keeps the medication in the cartridge clear. See **Commonly Asked Question 4**.



- Injection is complete when the  is in the centre of the dose window.
- The pen is now ready to reset.

**Note:** If you see several drops of Byetta leaking from the needle after the injection, the injection button was not pushed in all the way. See **Commonly Asked Questions**, number 5, in Section 4 of this user manual.

#### STEP 5 Reset the Pen



- **Turn dose knob clockwise until it stops** and the  is in the dose window.

**Note:** This needs to be done after each injection.

**Note:** If you cannot turn the dose knob, or if your pen leaks, your full dose has not been delivered. See **Commonly Asked Questions**, numbers 5 and 9, in Section 4 of this user manual.

#### STEP 6 Remove and Dispose of the Needle



- Carefully put the outer needle shield back over the needle.
- **Remove the needle after each injection.** This prevents the liquid from leaking out.



- Unscrew the needle.
- Replace blue pen cap on pen before storage.



- Throw away needles in a puncture-resistant container or as recommended by your healthcare professional.



## STEP 7 Store Pen for Next Dose

- Store your Byetta pen properly. (See **Storing Your Byetta Pen** in Section 1 of this user manual for more information.)
- When it is time for your next routine dose, go to **Section 3, Step 1**, and repeat Steps 1 - 7.

## Section 4. COMMONLY ASKED QUESTIONS

### 1. Do I need to do the New Pen Setup before every dose?

- No. The New Pen Setup is done only **once**, just before each new pen is used for the first time.
- The purpose of the setup is to make sure that your Byetta pen is ready to use for the next 30 days.
- **If you repeat the New Pen Setup before each routine dose, you will not have enough Byetta for 30 days.** The small amount of Byetta used in the New Pen Setup will not affect the 30-day supply of Byetta.

### 2. Why are there air bubbles in the cartridge?

- A small air bubble is normal. It will not harm you or affect your dose.
- If the pen is stored with a needle attached, air bubbles may form in the cartridge. **Do not** store the pen with the needle attached.

### 3. What should I do if Byetta does not come out of the needle tip after four tries during New Pen Setup?

- Remove the needle by carefully putting the outer needle shield back over the needle. Unscrew and dispose of properly.
- Attach a new needle and repeat **New Pen Setup, Steps B – E**, in Section 2 of this user manual. Once you see several drops or a stream of liquid coming out of the tip of the needle, the setup is complete.

### 4. Why do I see particles in the cartridge after I finish my injection?




Particles or discolouration may appear in the cartridge after an injection. This may happen if the skin is pinched too tightly or if the pressure on the injection button is released before the needle is removed from the skin.

### 5. Why do I see Byetta leaking from my needle after I have finished my injection?

It is normal for a single drop to remain on the tip of your needle after your injection is complete. If you see more than one drop:

- You may not have received your full dose. **Do not** inject another dose. **Consult with your healthcare professional about how to handle a partial dose.**
- To prevent this, for your next dose, **firmly push and hold** the injection button in and **slowly count to 5** (see **Section 3, Step 4: Inject the Dose**).


### 6. What do the arrows mean?

The arrows mean you are ready for the next step. These arrows   show the direction to pull or turn the dose knob in the next step. This symbol  means the dose knob is pushed in and the pen is ready to reset.

### 7. How can I tell when the injection is complete?

The injection is complete when:

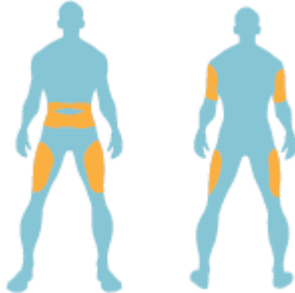
- You have firmly pushed the injection button in all the way **until it stops**  
**and**
- **You have slowly counted to 5** while you are still holding the injection button in and the needle is still in your skin  
**and**

- The  is in the centre of the dose window.

### 8. Where should I inject Byetta?

Byetta should be injected into your abdomen, thigh, or upper arm using the injection technique recommended by your healthcare professional.


Front      Back




### 9. What if I cannot pull, turn, or push the dose knob?

Check the symbol in the dose window. Follow the steps next to the matching symbol.


If  is in the dose window:



- Pull the dose knob out until  appears.

If  is in the dose window and the dose knob will not turn:


- The cartridge in your Byetta pen may not have enough liquid to deliver a full dose. A small amount of Byetta will always remain in the cartridge. If the cartridge contains a small amount or looks empty, obtain a new Byetta pen.


If  and part of the  are in the dose window and the dose knob cannot be pushed in:

- The dose knob was not turned all the way. Continue turning the dose knob clockwise until  is in the centre of the dose window.

If part of  and part of  are in the dose window and the dose knob cannot be pushed in:

- The needle may be clogged, bent, or incorrectly attached.
- Attach a new needle. Make sure needle is on straight and screwed on all the way.
- Firmly push the injection button in all the way. Byetta should come from needle tip.

If  is in the dose window and the dose knob will not turn:

- The injection button was not pushed in all the way and a complete dose was not delivered.  
**Consult with your healthcare professional about how to handle a partial dose.**
- Follow these steps to reset your pen for your next injection:
  - Firmly push the injection button in all the way **until it stops**. Keep holding the injection button in and **slowly count to 5**. Then turn the dose knob clockwise until  appears in the dose window.
  - If you cannot turn the dose knob, the needle may be clogged. Replace the needle and repeat the step above.
- For your next dose, be sure to **firmly push and hold** the injection button in and **slowly count to 5** before removing needle from skin.

**Please see the accompanying Package Leaflet. For additional information contact your healthcare professional.**

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**Pen User Manual was last approved in 06/2018**