Clomid® 50mg Tablets
clomifene citrate

Is this leaflet hard to see or read?
Phone 0800 035 2525 for help

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

1. What Clomid is and what it is used for

Clomid contains a medicine called clomifene citrate. This belongs to a group of medicines called ovulation stimulants. It works by stimulating the release of eggs from the ovary (ovulation). Clomid is used for some types of infertility, in women who are not ovulating properly.

2. What you need to know before you take Clomid

Before you take the medicine talk to your doctor about the risks of:

- Becoming pregnant with more than one child at the same time (multiple pregnancies).
- Pregnancies where the baby grows outside of the womb (ectopic).

Any pregnancy could lead to birth defects or miscarriage. This can happen even if you are not taking Clomid. You should talk to your doctor about the possible risks before you take Clomid.

3. How to take Clomid

Do not take this medicine if:

- You are allergic (hypersensitive) to clomifene or any of the other ingredients of Clomid (listed in section 6).
- You have a type of cancer that is made worse by hormones.
- You are pregnant. You should have a test to make sure you are not pregnant before you take Clomid.
- You are allergic to clomifene or any of the other ingredients of Clomid (listed in section 6).
- You have a cyst on your ovary.
- You have or ever had liver disease.
- You are allergic (hypersensitive) to clomifene or any of the other ingredients of Clomid (listed in section 6).
- You have a type of cancer that is made worse by hormones.
- You are pregnant. You should have a test to make sure you are not pregnant before you take Clomid.

Do not take this medicine if any of the above apply to you.

Warnings and precautions

Talk to your doctor or pharmacist before taking your medicine if:

- You are an early menopause or have your lips, face, throat or tongue.
- You have a type of cancer that is made worse by hormones.
- You are allergic (hypersensitive) to clomifene or any of the other ingredients of Clomid (listed in section 6).

Other medicines and Clomid

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines you buy with a prescription, including herbal medicines. This is because Clomid can affect the way some other medicines work. Also some medicines can affect the way Clomid works.

4. Possible side effects

Do not take this medicine if you are pregnant or think you may be pregnant.

5. How to store Clomid

Driving and using machines

You may notice problems with your eyesight such as blurred vision while taking this medicine. If this happens, do not drive or use any tools or machines.

6. Contents of the pack and other information

Always take Clomid exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- Take this medicine by mouth.
- Swallow the tablets whole with a drink of water.
- Do not chew or break the tablets.
- Do not take more than two tablets in one day.
- Do not take the tablets for more than five days at a time.
- If you feel the effect of your medicine is not working, do not change the dose yourself, but ask your doctor.

The usual dose is:

Adult women only:

- You will tell you when in your menstrual cycle to start taking the tablets.
- For the first course of treatment, take one tablet a day for five days.
- If you do not have a period after the first course of treatment your doctor will increase your dose to two tablets a day for five days.
- You should start this second course at least 10 days after the first course.
- You will not usually take more than three courses of treatment.
- Do not take the tablets for more than five days at a time.
- If you feel the effect of your medicine is not working, do not change the dose yourself, but ask your doctor.

This medicine cannot be taken by children, adolescents, men or women who have already gone through the menopause (post-menopausal).

If you take more Clomid than you should

- You will usually take more than three courses of treatment. If ovulation does not happen after three courses talk to your doctor.

If you forget to take Clomid

- You will tell you when in your menstrual cycle to start taking the tablets.
- For the first course of treatment, take one tablet a day for five days.
- If you do not have a period after the first course of treatment your doctor will increase your dose to two tablets a day for five days.
- You should start this second course at least 10 days after the first course.
- You will not usually take more than three courses of treatment. If ovulation does not happen after three courses talk to your doctor.

Your doctor should check for any other causes of fertility problems before starting treatment with Clomid.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Clomid.

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Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed to you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet (see section 4).
4. Possible side-effects

Like all medicines, Clomid can cause side effects, although not everybody gets them.

Stop taking Clomid and see your doctor or go to a hospital straight away if you notice any of the following serious side effects – you may need urgent medical treatment:

• You have an allergic reaction (such as anaphylaxis and angioedema). Symptoms may include: a rash, itching, difficulty breathing, shortness of breath, swelling of your face, lips, throat or tongue, cold clammy skin, palpitations, dizziness, weakness or fainting.

• You have numbness, weakness or paralysis on one side of your body, slurred speech, sudden blurred vision, confusion or unsteadiness. These could be signs of a stroke.

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• Over-stimulation of the ovary. This can lead to pain in the pelvis, stomach or calves, swelling or feeling bloated, passing less urine, difficulty in breathing or an increase in weight. If this happens, your doctor may lower your dose of Clomid.

• Blurring of vision or spots or flashes in front of the eyes. These symptoms usually get better but in some cases they may be permanent. Your doctor may send you for an eye examination.

• Liver problems that may cause the eyes or skin to go yellow (jaundice).

• Sudden and severe headaches

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days:

• Increased pain with periods, heavy periods or bleeding between periods

• Pain in the lower part of the stomach. This could be a sign of endometriosis or worsening of endometriosis, or enlarged ovaries.

• Thinning of the layer covering the inside of the uterus

• Increased levels of fat in the blood (hypertri-glyceridaemia) which may also cause inflammation of the pancreas.

• Pain in the upper middle or upper left part of the abdomen. This could be a sign of inflammation of the pancreas (pancreatitis).

• Cloudy lenses in the eye (cataracts)

• Fits, feeling faint, disorientated or more tense than normal. Also, balance problems or feeling dizzy (vertigo).

• Feeling tired or difficulty in sleeping (insomnia), depression or change in moods or behaviour

• Rapid or irregular heartbeat

• Speech problems

• Skin rash or itching

• Feeling or being sick

• Feeling or being sick

• Headaches

• Swelling of the face, around the eyes, lips or tongue

• Painful breasts

• Hair loss or thinning

• Increased levels of liver enzymes shown up in blood tests. This can mean that your liver is not working properly.

• Numbness or tingling on your skin (paraesthesia)

• Feeling anxious

• Feeling more nervous than usual

There have been rare reports of ovarian cancer with fertility drugs.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Clomid

Keep out of sight and reach of children.

Store in the original container below 25°C.

Do not use Clomid after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Clomid contains

• Each tablet contains 50mg of the active substance, clomifene citrate.

• The other ingredients are sucrose, lactose, soluble starch, maize starch, magnesium stearate, iron oxide yellow (E172), purified water.

What Clomid looks like and contents of the pack

Clomid 50mg Tablets are beige and round marked with M in two circles.

They are supplied in PVC and aluminium blister packs. Pack sizes 5, 30 or 100 tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

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This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet was last revised in May 2023 © Sanofi 1966 - 2023