Product Name	Slow Sodium
MA Number	PL 44490/0004
Component	Patient Leaflet
Artwork Number	PL-SOD-TAB-600 Rev 02-BN

Second Part of Fold-Out Package Leaflet

If you forget to take Slow Sodium
If you miss a dose, take one as soon as you can. If you have missed several doses tell your doctor. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS
No side effects have been reported at the recommended doses.

Reporting of side effects
If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the yellow card scheme at www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE SLOW SODIUM
Keep this medicine out of the sight and reach of children. Do not use this medicine after the expiry date which is stated on the label after EXP. The expiry date refers to the last day of that month. Store below 30°C. Store in the original container in order to protect from moisture.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment. Recycle the empty packaging where possible.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Slow Sodium contains
The active substance is sodium chloride. Each prolonged-release tablet contains 600mg of sodium chloride.

The other ingredients are: cetostearyl alcohol, gelatin, magnesium stearate, hypromellose, hydroxypropyl cellulose, talc and titanium dioxide.

What Slow Sodium looks like and contents of the pack
The tablets are biconvex, round and white. They are available in plastic containers of 100 tablets.

Marketing Authorisation Holder
ALTURiX Ltd.
287 Upper Fourth Street, Milton Keynes, MK9 1EH, U.K.

Manufacturer
Elara Pharmaservices Limited, Iron Farm, 7 Grimesgate Diseworth DE74 2QD United Kingdom

This leaflet was last revised in September 2024.

PL 44490/0004

Outer Bottle Label (Peeled back to reveal Package Leaflet)

Slow Sodium® Tablets **100 tablets**
Sodium Chloride

For the treatment and prevention of sodium chloride deficiency.

Dose
Adults: To prevent sodium chloride deficiency: 4-8 tablets per day.
For cases of severe salt loss:
Up to 20 tablets per day.
To control muscle cramps during haemodialysis: 10-16 tablets.
Children: As directed by a doctor.

Each tablet should be swallowed whole with approx. 70ml of water and not chewed.

Read the package leaflet before use.

Keep out of the sight and reach of children.

Store in the original container in order to protect from moisture. Store below 30°C.

Each prolonged-release tablet contains 600mg sodium chloride equivalent to approx. 10mEq of Na+ (230mg Na).

ALTURiX

PL 44490/0004
ALTURIX Ltd
287 Upper Fourth Street
Milton Keynes,
MK9 1EH

UK Only

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Peel here but do not remove

First Part of Fold-Out Package Leaflet

PACKAGE LEAFLET: Information For The User

SLOW SODIUM TABLETS

Sodium Chloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.See section 4.

What is in this leaflet:

1. What Slow Sodium is and what it is used for
2. What you need to know before you take Slow Sodium
3. How to take Slow Sodium
4. Possible side effects
5. How to store Slow Sodium
6. Contents of the pack and other information

1. WHAT SLOW SODIUM IS AND WHAT IT IS USED FOR

Slow Sodium contains the active substance sodium chloride (salt) in a special slow-release form. Slow Sodium is used for the treatment and prevention of sodium chloride deficiency.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE SLOW SODIUM

Do not take Slow Sodium if you:
- are allergic to sodium chloride or any of the other ingredients of this medicine (listed in Section 6)
- have fluid retention
- have heart disease or failure
- have aldosteronism (a condition where too much aldosterone [a hormone] is produced)
- are having treatment to produce salt and water loss, usually if you have fluid retention or heart failure or have high blood pressure.

Warnings and precautions
Talk to your doctor or pharmacist before taking Slow Sodium if you:
- have a condition of the intestines, where narrowing may occur e.g. Crohn's disease, diverticulitis or stricture (band) formation (usually after major abdominal surgery).
- think you may have a problem drinking enough water.

Other medicines and Slow Sodium
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. In particular, sodium chloride may affect medicines (e.g. furosemide, bumetanide, metolazone) used to treat high blood pressure particularly if you also have a kidney disorder.

It may still be all right for you to be given Slow Sodium and your doctor will be able to decide what is suitable for you.

Pregnancy and breast-feeding
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines
Sodium chloride should have no effect on your ability to drive and use machines.

3. HOW TO TAKE SLOW SODIUM
Always take this medicine exactly as described in this leaflet or as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

Dosage
The recommended dose is:
Adults: To prevent sodium chloride deficiency: 4-8 tablets per day.
For cases of severe salt loss: Up to 20 tablets per day.
To control muscle cramps during haemodialysis (treatment with a kidney machine): 10-16 tablets.
Use in children and adolescents:
The dose will be adjusted to the child's needs.
The tablets should be swallowed whole with water (about 70ml per tablet) and **not chewed.**
If you take more Slow Sodium than you should, you may feel dizzy, weak, restless, delirious and / or thirsty, have a headache, breathing problems, high blood pressure or a rapid heartbeat. If you have taken too many tablets, tell your doctor straight away or go to the nearest casualty department immediately, taking the tablet container with you.

Outer Bottle Label

Slow Sodium® Tablets **100 tablets**
Sodium Chloride

For the treatment and prevention of sodium chloride deficiency.

Dose
Adults: To prevent sodium chloride deficiency: 4-8 tablets per day.
For cases of severe salt loss:
Up to 20 tablets per day.
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Children: As directed by a doctor.

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Read the package leaflet before use.

Keep out of the sight and reach of children.

Store in the original container in order to protect from moisture. Store below 30°C.

Each prolonged-release tablet contains 600mg sodium chloride equivalent to approx. 10mEq of Na+ (230mg Na).

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EXP/LOT

Outer Bottle Label - To display Braille

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