Slow Sodium Product Name MA Number PL 44490/0004 Component

Artwork Number PL-SOD-TAB-600-Rev 03-BN (Elara-LH)

Second Part of Fold-Out Package Leaflet

If you forget to take Slow Sodium
If you miss a dose, take one as soon as you can. If
you have missed several doses tell your doctor. Do
not take a double dose to make up for a forgotten dos If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4 POSSIBLE SIDE FEFFCTS

Reporting of side effects

reporting of sine effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the yellow card scheme at www.mhra.gov.uk/yellowcard or search for

'MHRA Yellow Card' in the Google Play or Apple App Store. By reporting side effects you can help promore information on the safety of this medicine.

5. HOW TO STORE SLOW SODIUM

Keep this medicine out of the sight and reach of children. Do not use this medicine after the expiry date which is stated on the label after EXP. The expiry date refers to the last day of that month. Store below 30°C. Store in the original container in order to protect from moisture.

Do not throw away any medicines via wastewate or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment. Recycle the empty packaging where possible.

6. CONTENTS OF THE PACK AND OTHER

What Slow Sodium contains

The active substance is sodium chloride. Each prolonged-release tablet contains 600mg of sodium chloride. The other ingredients are: cetostearyl alcohol,

hydroxypropyl cellulose, talc and titanium What Slow Sodium looks like and contents

of the pack The tablets are biconvex, round and white. They are available in plastic containers of 100 tablets.

Marketing Authorisation Holder ALTURIX Ltd. 287 Upper Fourth Street, Milton Keynes, MK9 1EH, U.K.

Lockington Hall Main Street, Lockington Derby, DE74 2RH

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PL 44490/0004

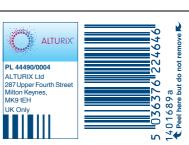
Outer Bottle Label (Peeled back to reveal Package Leaflet)

Slow Sodium® Tablets

For the treatment and prevention of sodium chloride deficiency. Read the package leaflet before use.

Dose
Adults: To prevent sodium chloride deficiency: 4-8 tahlets ner day reach of children. deficiency: 4-8 tablets per day.
For cases of severe salt loss:
Up to 20 tablets per day.
To control muscle cramps during haemodialysis: 10-16 tablets. Children: As directed by a doctor. Each tablet should be swallowed whole with approx. 70ml of water and not chewed.

Each prolonged-release tablet contains 600mg sodium chloride equivalent to approx 10mEq of Na+ (230mg Na).



First Part of Fold-Out Package Leaflet

PACKAGE LEAFLET: Information For The User **SLOW SODIUM TABLETS**

Read all of this leaflet carefully before you start taking this medicine because it contains

important information for you. Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has

- told you.

 Keep this leaflet. You may need to read it again

What is in this leaflet:

- What Slow Sodium is and what it is used for
 What you need to know before you take
- 3. How to take Slow Sodium
 4. Possible side effects
- How to store Slow Sodium
 Contents of the pack and other information

1. WHAT SLOW SODIUM IS AND WHAT IT IS USED FOR Slow Sodium contains the active substance

or advice.

- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE SLOW SODIUM

Do not take Slow Sodium if you:

- are allergic to sodium chloride or any of the other ingredients of this medicine (listed in Section 6) have fluid retention
- have heart disease or failure have aldosteronism (a condition where
- too much aldosterone (a hormone) is are having treatment to produce salt and water loss, usually if you have fluid retention or heart failure or have high blood pressure.

Warnings and precautions

- Talk to your doctor or pharmacist before taking Slow Sodium have a condition of the intestines, where parrowing may
- *nave a condition of the intestines, where narrowing may occur e.g. Crohn's disease, diverticultis or stricture (band) formation (usually after major abdominal surgery).
 *think you may have a problem drinking enough water.

Other medicines and Slow Sodium

Other medicines and Slow Sodium
Tell your doctor or pharmacist if you are taking, have recently
taken or might take any other medicines. In particular,
sodium chloride may affect medicines (e.g. furosemide,
bumetanide, metolazone) used to treat high blood pressure
particularly if you also have a kidney disorder.

It may still be all right for you to be given Slow Sodium and your doctor will be able to decide what is suitable for you.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this The recommended dose is: **Adults:** To prevent sodium chloride deficiency: 4-8 tablets per day.

For cases of severe salt loss: Up to 20 tablets per day.

To control muscle cramps during haemodialysis (treatment with a kidney machine): 10-16 tablets.

Driving and using machines
Sodium chloride should have no effect
on your ability to drive and use machines.

a kidney machine): 10-16 tablets.

Use in children and adolescents:
The dose will be adjusted to the child's needs.
The tablets should be swallowed whole with water (about 70ml per tablet) and not chewed.

If you take more Slow Sodium than you should, you may feel dizzy, weak, restless, delirious and / or thirsty, have a headache, breathing problems, high blood pressure or a rapid heartbeat. If you have taken too many tablets, tell your doctor straight away or go to the nearest casualty department immediately, taking the tablet container with you.

Outer Bottle Label

Slow Sodium® Tablets

Each tablet should be swallowed whole with approx. 70ml of water

100 tablets

before use. Keep out of the sight and Store in the original container in order to protect from moisture. Store below 30°C.

ALTURIX

ALTURIX Ltd 287 Upper Fou

1401689a EXP/LOT

Outer Bottle Label - To display Braille

3. HOW TO TAKE SLOW SODIUM

pharmacist if you are not sure.

Always take this medicine exactly as described in this leaflet or as your doctor

has told you. Check with your doctor or

Slow Socium Tablets 100 tablets Read the package leaflet Keep out of the sight and ALTURIX Ltd Store in the original container 1401689a EXP/LOT moisture. Store below 30°C. Each tablet should be swallowed whole with approx. 70ml of water and not chewed.

