# Opticrom® Allergy 2% w/v Eye Drops

## Sodium Cromoglicate

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to your doctor if your eyes do not feel better or, if they feel worse after 2 days.

# What is in this leaflet:

- 1. What this medicine is and what it is used for
- 2. What you need to know before you use this medicine 3. How to use this medicine
- 4. Possible side effects
- 5. How to store this medicine
- 6. Contents of the pack and other information

#### 1.WHAT THIS MEDICINE IS AND WHAT IT IS USED FOR This medicine contains sodium cromoglicate which belongs to a group of medicines

called anti-allergics. It works by stopping the release of the natural substances in your eyes that can lead

to an allergic reaction. Signs of an allergic reaction include itchy, watery, red or inflamed eyes and puffy eyelids. This medicine is used for the prevention and treatment of eye allergies.

These allergies can happen:

At any time of the year and is called 'perennial allergic conjunctivitis'.

- In different seasons of the year caused by different pollens.
- This is called 'seasonal allergic conjunctivitis' or hay fever.

### 2.WHAT YOU NEED TO KNOW BEFORE YOU USE THIS MEDICINE Do not use this medicine

### • If you are allergic (hypersensitive) to sodium cromoglicate or any of the other

ingredients of this medicine (listed in Section 6, contents of the pack and other information). Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat, tongue and worsening of redness, itching or swelling of the eye or eyelid. Do not use this medicine if the above applies to you. If you are not sure, talk to your

doctor or pharmacist before using these eye drops. Warning and precautions

### Talk to your doctor or pharmacist before using this medicine if you wear soft contact

before using this medicine.

lenses. You should not wear contact lenses while using these drops. If you are not sure if the above applies to you, talk to your doctor or pharmacist

Other medicines and this medicine

#### Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Pregnancy and breast-feeding If you are pregnant or breast-feeding, think you may be pregnant, or are planning to

## have a baby, ask your doctor or pharmacist for advice before taking this medicine.

**Driving and using machines** You may have blurred eyesight straight after using this medicine.

If this happens, do not drive or use any tools or machines until you can see clearly. This medicine contains benzalkonium chloride. This medicine contains 100 micrograms of benzalkonium chloride in each ml of

# Benzalkonium chloride may be absorbed by soft contact lenses and may change the

colour of the contact lenses. You should remove contact lenses before using this medicine and put them back 15 minutes afterwards.

or disorders of the cornea (the clear layer at the front of the eye). If you feel abnormal eye sensation, stinging or pain in the eye after using this medicine, talk to your doctor.

Benzalkonium chloride may also cause eye irritation, especially if you have dry eyes

3.HOW TO USE THIS MEDICINE Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

#### How to use this medicine Wash your hands. . Before using the medication for the first time, be sure that the tamper-proof seal

· Repeat in the other eye if needed.

If you forget to use this medicine

 Remove the cap from the bottle. Tilt your head back. · Squeeze one or two drops inside the lower lid without

an unopened bottle.

**Adults and Children** 

touching your eye. Close your eye. · Wipe away any excess liquid from the eyes with a clean tissue.

on the bottle neck is unbroken. A gap between the bottle and the cap is normal for

- How much to use
- One or two drops in each eye four times a day, or as directed by your doctor. If your symptoms worsen or do not improve, talk to your doctor or pharmacist.
- Contact your doctor if you use the eye drops more frequently than the recommended dose or continuously for more than three months.

### If you forget a dose, use your drops as soon as you remember. However, if it is nearly time for your next dose, skip the missed dose. Do not use a

If you use more of this medicine than you should

double dose to make up for a forgotten dose. If you stop using this medicine

If you have any further questions on the use of this product, ask your doctor or pharmacist.

You should keep using these drops if you are still around the things that you are allergic to. If you stop using this medicine your allergy symptoms may come back.

### 4.POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them. Stop using this medicine and see a doctor as soon as possible if:

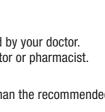
### • The itching, redness or swelling gets worse. You may be allergic to this medicine. Talk to your doctor or pharmacist if any of the side effects get serious or last

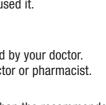
short time and occur immediately after using the eye drops.

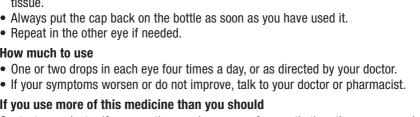
longer than a few days, or if you notice any side effects not listed in this leaflet: Stinging or burning in your eyes or blurring of eyesight. This should only last for a

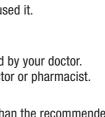
# Mild eye irritation.

Reporting of side effects If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme (Website: www.mhra.gov.uk/yellowcard or search for MHRA yellow Card in the Google Play or Apple App Store). By reporting side effects you can help provide more information on the safety of this medicine.









#### **5.HOW TO STORE THIS MEDICINE**

Keep out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the bottle label and carton after EXP. The expiry date refers to the last day of that month.

This medicine does not require any special storage conditions before opening the bottle. After opening the bottle, do not store above 25°C. This medicine is sterile when you buy it, so you must not keep it for more than four weeks after opening the bottle.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

#### **6.CONTENTS OF THE PACK AND OTHER INFORMATION**

#### What this medicine contains

- The active substance is sodium cromoglicate. Each 1ml of eye drops contains 20mg of sodium cromoglicate (2.0% w/v). One drop contains 0.7mg of sodium cromoglicate.
- The other ingredients are disodium edetate, benzalkonium chloride and water for injections.

### What this medicine looks like and contents of the pack

This medicine is a clear colourless to pale yellow solution supplied in either a 5ml or 10ml plastic dropper bottle with a tamper-proof cap.

### Marketing Authorisation Holder and Manufacturer Marketing Authorisation Holder

#### Aspire Pherma Limited

Aspire Pharma Limited Unit 4, Rotherbrook Court Bedford Road Petersfield Hampshire, GU32 3QG United Kingdom

Manufacturer Rafarm S.A. Agiou Louka str. 19002 Paiania Attiki

### Distributor

Greece

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