What is in this leaflet
to help you understand it.

On the back of this leaflet, there is more information for you.
This medicine has been prescribed for you only. Do not pass it on.
If you have any further questions, ask your doctor or pharmacist.
Keep this leaflet. You may need to read it again.

Dexamethasone 0.5 mg tablets
Dosage and administration

• In severe acute asthma attack
• Pulmonary and respiratory diseases
• Dermatology
• Neurology
• Diseases that require systemic treatment with glucocorticoids.

Dexamethasone 0.5 mg tablets may only be taken if there are compelling medical reasons and under appropriate monitoring:

• After termination of long-term use of glucocorticoids, the activity. Prevention consists of sufficient calcium and vitamin D consumption, period after menopause and lack of physical activity. The risk of osteoporosis can be avoided if regular medical (including ophthalmologic) checkups are performed.
• In severe inflammation of the colon (ulcerative colitis)
• Injuries and ulcers of the cornea of the eye; ophthalmologic monitoring and adjunctive therapy are recommended.

Other medicines and Dexamethasone 0.5 mg tablets

• The effectiveness of other medicines may be increased or reduced. Your doctor will decide whether a dose adjustment of the medicine is necessary.
• In case of history of tuberculosis, use only together with appropriate anti-infective therapy.

Children and adolescents

• Dexamethasone 0.5 mg tablets may be administered to children in case of severe, chronic or acute asthma attacks. Dexamethasone 0.5 mg tablets may be administered to children with severe acute asthma attacks, for example in inpatient hospital treatment. Dexamethasone 0.5 mg tablets may be used to treat children with severe or moderate asthma attacks. Dexamethasone 0.5 mg tablets may be used for a period of up to 4 weeks in children with moderate to severe asthma attacks.

Contraindications

• Adrenal insufficiency (i.e. adrenal hypofunction), for example after corticosteroid withdrawal
• Growth inhibition
• Compromised at higher doses of corticosteroids.

Warnings and precautions

Do not take Dexamethasone:
• in severe acute asthma attack
• Pulmonary and respiratory diseases
• Dermatology
• Neurology
• Diseases that require systemic treatment with glucocorticoids.

Dietary advice

• Children and adolescents

Drug interactions

• Antacids: Concomitant administration of magnesium hydroxide or aluminium hydroxide can cause decreased absorption. Antacids should be taken at least 2 hours before or 4 hours after Dexamethasone 0.5 mg tablets.
• Ephedrine (e.g. medicines for hypotension, chronic obstructive pulmonary disease)
• In case of history of tuberculosis, use only together with appropriate anti-infective therapy.

Lifestyle changes

• Regular medical (including ophthalmologic) checkups are performed.
If you are pregnant or breast-feeding, think you may be:
• additionally, for ciclosporin (a medicine used to suppress the body’s immune system), dexamethasone may enhance the risk of tendon ruptures.
• Increased risk of infection:
• Without adequate glucocorticoid therapy can be fatal.
• Cushing’s syndrome (typical signs include moon face, central obesity and flushing).
• This leaflet was last revised in 09/2017
• Viewed from the medical literature, but also from the patient’s perspective, is often not available. In your doctor’s office, a trained professional can better understand and explain these effects.
• If you forget to take several doses, this can lead to a satisfactory treatment result is achieved, the dose will be reduced.
• Follow the dosage schedule prescribed by your doctor. If you need a dose that cannot be provided by one or more tablets of Dexamethasone 0.5 mg tablets is generally tolerated without adverse effects. This medicine does not require any special temperature conditions.
• This includes any possible side effects not listed in this leaflet. Note:
• Doses are:
• Not all possible side effects are listed in this leaflet. Measur...