

Package leaflet: Information for the patient
Cocois® Coconut Oil compound Ointment
coal tar solution, salicylic acid and sulphur for external use

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

This medicine is available without prescription. Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See Section 4.
- You must talk to a doctor if you do not feel better or if you feel worse

What is in this leaflet

1. What Cocois is and what it is used for
2. What you need to know before you use Cocois
3. How to use Cocois
4. Possible side effects
5. How to store Cocois
6. Contents of the pack and other information.

1. What Cocois is and what it is used for

Cocois contains coal tar solution, salicylic acid and sulphur for external use.

Coal tar solution and sulphur are mildly antiseptic and relieves itching. Sulphur also has an antifungal action.

Coal tar solution, salicylic acid and sulphur help to reduce the excessive hardening, thickening and scaling of the skin.

Cocois is for the treatment of dry scaly skin disorders of the scalp such as psoriasis, eczema, dandruff and other inflammatory conditions causing irritation and scaliness.

2. What you need to know before you use Cocois

Do not use Cocois if:

- You are allergic to coal tar solution, salicylic acid, or sulphur for external use or any of the ingredients of this medicine (listed in section 6)
- You have any acute infection of the skin
- You have broken or infected skin
- You suffer from any form of psoriasis which causes the appearance of blisters filled with pus (acute pustular psoriasis).

If any of the above applies to you talk to your doctor or pharmacist.

Warnings and precautions

Talk to your doctor or pharmacist before using Cocois.

Do not smoke or go near naked flames – risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it.

Children and adolescents

Do not give this medicine to children under 6 years old.

Other medicines and Cocois

Tell your doctor if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription.

Pregnancy, breast-feeding and fertility

Cocois Ointment should not be used during pregnancy or if breast-feeding.

Important information about some of the ingredients of Cocois

Cetostearyl alcohol may cause local skin reactions (e.g. contact dermatitis).

3. How to use Cocois

Always use this medicine exactly as described in this leaflet or as your doctor or nurse has told you. Check with your doctor or pharmacist if you are not sure.

Remember:

- Avoid any contact with your eyes and mouth.
- Cocois may stain clothes and jewellery. Care should be taken to protect or remove these before application.

Use in children and adolescents

- Cocois should only be used under medical supervision in children aged 6-12 years.
- It is not recommended for use in children under the age of six years.

Instructions for use

- Part your hair and apply a thin ribbon of Cocois to the affected areas of your scalp.
- Take care to avoid contact with your eyes.
- Gently rub in the ointment and leave in contact with the scalp for approximately one hour.
- Wash your hands afterwards.
- After one hour, Cocois should be shampooed out of the hair with warm water.
- Take care to avoid getting the application in your eyes.
- Always wash your hands immediately after use.
- In severe scaly scalp conditions, it is usually necessary to apply Cocois daily for three to seven days until control has been obtained.
- With mild scaliness, use intermittently as necessary, e.g., once a week.
- If, after the first week, the condition does not improve, or symptoms persist after four weeks, consult your doctor.

If you accidentally get Cocois in your eyes, wash it out immediately with plenty of cold water. If your eyes become irritated, talk to your doctor or pharmacist.

If you use more Cocois than you should

If you use more Cocois than you should it is unlikely to lead to any serious side effects. If you accidentally swallow any Cocois, immediately tell your doctor or contact your nearest hospital casualty department.

4. Possible side effects

Like all medicines, Cocois can cause side effects, although not everybody gets them.

These include:

- Irritation of the skin
- Inflammation of the hair follicles

- Acne like eruptions
- Hair loss
- Discolouration of skin and hair
- A rash from sensitivity to sunlight. This is rare.
- If you have asthma or if anyone in your family is allergic to aspirin, Cociois may cause difficulty in breathing or tightness in your chest. This is very rare.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme Website www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Cociois

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Do not store above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Cociois contains:

The active ingredients are: Coal tar solution 12%w/w, Salicylic acid 2%w/w and sulphur for external use 4%w/w.

The other ingredients are: coconut oil, white soft paraffin, cetostearyl alcohol, glycerol, liquid paraffin, polyoxyethylene glycerol monostearate, hard paraffin

What Cociois looks like and contents of the pack

Cociois is a buff coloured ointment. It comes in aluminium tubes with a plastic cap. It is supplied in 5 g, 15 g, 40 g or 100 g tubes. Not all pack sizes may be marketed.

Marketing Authorisation Holder

RPH Pharmaceuticals AB, Box 603, 101 32 Stockholm, Sweden.

Manufacturer

Bioglan AB, PO Box 50310, S-202 13, Malmö, Sweden

This leaflet was last revised in 06/2024.

If this leaflet is difficult to read and you would like it in a different format, please contact RPH Pharmaceuticals AB, Box 603, 101 32 Stockholm, Sweden.