#### Package leaflet: Information for the user



# Sore Throat Relief Honey & Lemon Flavour 0.6 mg Lozenges (Amylmetacresol)

# Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Always take this medicine exactly as described in this leaflet
- Keep this leaflet. You may need to read it again
- Ask your pharmacist if you need more information or advice
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet (see section 4)
- You must contact a doctor if your symptoms worsen or do not improve

# What is in this leaflet

- 1. What this medicine is and what it is used for
- 2. Before you take this medicine
- 3. How to take this medicine
- 4. Possible side effects
- 5. How to store this medicine
- 6. Contents of the pack and other information

# 1. What this medicine is and what it is used for

These lozenges are recommended for sore throats and coughs. They contain the active ingredient amylmetacresol which has antiseptic properties in a soothing base.

# 2. Before you take this medicine

#### X Do not

- take these lozenges if you are hypersensitive (allergic) to the active ingredient or any of the other ingredients in this medicine (listed in section 6)
- give to children under 3 years

#### Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking any medication.

If you are pregnant, or think you may be pregnant, please ask your doctor or pharmacist before using these lozenges. They may not be suitable for you.

#### Important information about some of the ingredients of this medicine

• Each lozenge contains a total of 2.4g of sucrose and glucose. This should be taken into account if you have diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this product.

# 3. How to take this medicine

Always take this medicine exactly as described in this leaflet. Check with your pharmacist if you are not sure.

## Dosage

#### Adults, the elderly and children of 3 years and over:

- Suck one lozenge slowly as required
- Do not take more than 12 lozenges in 24 hours
  - Do not give to children under 3 years.

Do not exceed the stated dose.

If symptoms persist, consult your doctor.

#### If you take too many lozenges:

talk to a doctor or pharmacist straight away.

If you have any further questions on the use of this medicine, ask your pharmacist.

#### 4. Possible side effects

Like all medicines, these lozenges can have side effects although not everybody gets them.

If you get any of these serious side effects, stop taking this medicine and see your doctor at once:

• Difficulty in breathing, swelling of the face, neck, tongue or throat and rash (severe allergic reactions)

This other effect is less serious. If it bothers you, talk to a pharmacist:

• Sore tongue

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: <a href="http://www.mhra.gov.uk/yellowcard">www.mhra.gov.uk/yellowcard</a> or search for MHRA Yellow Card in Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

# 5. How to store this medicine

- Do not store above 25°C. Store in the original package
- Do not take after the use by date printed on the carton
- Keep out of the sight and reach of children
  Do not throw away any medicines via wastewater or household waste.
  Ask your pharmacist how to throw away medicines you no longer use.
  These measures will help protect the environment.

# 6. Contents of the pack and other information

#### What this medicine contains

Each lozenge contains amylmetacresol 0.6mg as the active ingredient. Also contains: Sucrose, Liquid Glucose, Tartaric Acid, Honey and Lemon Flavours, Menthol, Beta-carotene (E160a).

#### What this medicine looks like and contents of the pack

These are clear, yellow lozenges. They are available in blister packs of 24.

#### Marketing Authorisation Holder and Manufacturer

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation Holder Ernest Jackson & Co. Ltd, Crediton, Devon, EX17 3AP, UK.

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## Other formats

To request a copy of this leaflet in Braille, large print or audio please call 01363 636000. PL 00094/0256

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