1. What EarCalm does

EarCalm is used for the treatment of minor infections of the outer ear. The active ingredient is acetic acid, an antibacterial agent that helps clear such infections.

2. Check before you use EarCalm

Do not use EarCalm:
- If you have ever had an allergic reaction to acetic acid or any of the other ingredients (listed in Section 6).
- If you are under 12 years.
- Anywhere other than in the ear. Do not inhale in the mouth or nose or spray near the eyes.

Take special care with EarCalm:
- If you have a perforated ear drum, or if you think you may have, consult your doctor before you use this medicine.
- Stop treatment and call your doctor:
  - If you get any pain.
  - If symptoms worsen or do not improve after four doses.
  - If you notice any change in hearing.
  - If you forget to use EarCalm do not worry. Use it as soon as you remember then go on as before.
- The nozzle tip must be in place.
- Do not use for more than 7 days.

3. How to use EarCalm

Before using a new bottle of EarCalm:
- Shake well before use.
- Press the pump down several times until you get a fine spray.
- Make sure you do not point the nozzle at yourself or someone else.
- The bottle is now ready for use.
- Each time the pump is pressed down one measured dose will be delivered.
- If you have not used EarCalm for more than a week, press the pump a few times until you get a fine spray again, and then follow the instructions above.

Using EarCalm:
- Shake well before use.
- Place the nozzle tip gently into your ear.
- Press the pump once to deliver the measured dose.
- Spray one measured dose into each affected ear at least three times a day (morning, evening and after swimming, showering or bathing), or as directed by your doctor/pharmacist.

Continuous treatment until two days after symptoms have disappeared, but no longer than 7 days.

4. Possible side effects

Like all medicines, EarCalm can have side effects, but not everybody gets them:
- Temporary stinging or a burning sensation.
- Sensitivity or allergy. If this happens, stop using EarCalm.

5. How to store EarCalm

Keep out of the reach and sight of children. Do not use after the ‘EXP’ date shown on the pack.

Do not store above 25°C.

Keep container upright in the outer carton.

Use within one month of first use.

6. Further information

Active ingredient: 2% Acetic Acid (EarCalm) is a registered trademark of Actavis.
Other ingredients: Macrogol stearyl alcohol, stearyl alcohol, methyl parahydroxybenzoate (E 218), proparacetamol (E 210), purified water.

EarCalm is supplied in packs containing 5ml as an aqueous suspension. The spray is non-pressurised and does not contain CFCs.

The marketing authorisation holder is Forest Laboratories UK Limited, Whitdon Valley, Barnstaple, North Devon, EX32 8NS, United Kingdom and all enquiries should be sent to this address.

The manufacturer is Purna Pharmaceuticals NV, Rijksweg 17, 2870 Puurs, Belgium.

This leaflet was last revised in April 2015.

By reporting side effects you can help provide more information on the safety of this medicine.

Reporting of side effects: It is important that you report any side effects you get after you have taken this medicine.

Keep this leaflet you may need to read it again.

If you have any further questions, ask your pharmacist.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
1. What EarCalm does

EarCalm is used for the treatment of minor infections of the outer ear.

The active ingredient is acetic acid, an antibacterial agent that helps clear such infections.

2. Check before you use EarCalm

Do not use EarCalm:

- If you have ever had an allergic reaction to acetic acid or any of the other ingredients (listed in Section 6).
- If you are under 12 years.

- Anywhere other than in the ear. Do not inhale in the mouth or nose or spray near the eyes.

Take special care with EarCalm:

- If you have a perforated eardrum, or if you think you may have, consult your doctor before you use this medicine.
- If you get any pain, temporary stinging or a burning sensation, stop treatment and call your doctor. This includes any sensitivity or allergy. If this happens, stop using EarCalm and consult your doctor.

Shake well before use. Use it as soon as you remember then go on as before.

3. How to use EarCalm

Before using a new bottle of EarCalm:

- Shake well before use
- Press the pump several times until you get a fine spray
- Make sure you do not point the nozzle at yourself or someone else
- The bottle is now ready for use
- Each time the pump is pressed down one measured dose will be delivered
- If you have not used EarCalm for more than a week, press the pump a few times until you get a fine spray again, and then follow the instructions above for external use only.

Using EarCalm:

- Shake well before use
- Place the nozzle tip gently into your ear
- Press the pump once to deliver the measured dose
- Spray one measured dose into each affected ear at least three times a day (morning, evening and after swimming, showering or bathing), or as directed by your doctor/pharmacist

4. Possible side effects

Like all medicines, EarCalm can have side effects, but not everybody gets them:

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store EarCalm

Keep out of the reach and sight of children.

- Do not use this medicine after the ‘EXP’ date shown on this pack.
- Do not store above 25°C.
- Keep container upright in the outer carton.
- Use within one month of first use.

6. Further information

Active ingredient: 2% Acetic Acid (glacial).

Other ingredients: Macrogol stearyl alcohol, stearyl alcohol, methyl parahydroxybenzoate (E 218), propyl parahydroxybenzoate (E 216), purified water.

EarCalm is supplied in packs containing 5ml as an aqueous suspension. The spray is non-preservative and does not contain CFCs.

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