



Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- ▶ Keep this leaflet. You may need to read it again.
- ▶ If you have any further questions, ask your doctor, or pharmacist.
- ▶ This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- ▶ If you get any of the side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The name of your medicine is Zacco 5mg/5ml or 10mg/5ml Oral Suspension but will be referred to as Zacco throughout this leaflet.

What is in this leaflet:

1. What Zacco is and what it is used for
2. What you need to know before you take Zacco
3. How to take Zacco
4. Possible side effects
5. How to store Zacco
6. Contents of the pack and other information

1. What Zacco is and what it is used for

Zacco contains the active substance clobazam which belongs to a group of medicines called benzodiazepines. It works by having a calming effect on the brain.

Zacco can be used for:

- ▶ Severe anxiety over a short time.
- ▶ Epilepsy (fits) over a longer time.
- ▶ Mental illness such as schizophrenia (in combination with other treatments).

2. What you need to know before you take Zacco



Do not take Zacco if:

- ▶ You are allergic (hypersensitive) to clobazam, other benzodiazepine medicines or any of the other ingredients of Zacco (see section 6). Signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.
- ▶ You are in the first three months of pregnancy or think you might be pregnant (see below under 'Pregnancy and breast-feeding' for more information).
- ▶ You are breast-feeding.
- ▶ You have ever had problems with drugs or alcohol dependence in the past.
- ▶ You suffer from an illness that causes muscle weakness (called 'myasthenia gravis').
- ▶ You have liver problems.
- ▶ You have breathing problems.
- ▶ You stop breathing for short periods during sleep (called 'sleep apnoea syndrome').
- ▶ The patient is under 6 years old.

Do not take if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Zacco.

Warnings and Precautions

Talk to your doctor or pharmacist before taking your medicine if:

- ▶ You have problems with controlling your movements (called 'spinal or cerebellar ataxia').
- ▶ You have depression, irrational fears and obsessions.
- ▶ You have delusions (believing things which are not true) or hallucinations (sensing things which are not there).
- ▶ You have kidney problems.
- ▶ You have ever become dependent upon another drug or alcohol. Alcohol should not be taken during treatment with Zacco as there is an increased risk of experiencing side effects.
- ▶ You are over 65. This is due to increased sensitivity to adverse reactions in the elderly such as drowsiness, dizziness and muscle weakness. There is also an increased risk of fall that may result in serious injury.

- ▶ You have difficulty digesting medicines. In some patients liver may not metabolise (break down) medicines adequately. In these patients the medicine may remain in the body for a longer period of time. This may result in side effects. If you are known to poorly metabolise certain medicines please speak to your doctor.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking Zacco.

Children

- ▶ Not recommended for children under 6 years of age.
- ▶ Careful assessment of the use must be made before using benzodiazepines in children.



Other medicines and Zacco
Please tell your doctor or pharmacist if you are taking or

have recently taken or might take any other medicines. This includes medicines you buy without a prescription, including herbal medicines. This is because Zacco can affect the way some other medicines work. Also some medicines can affect the way Zacco works.

In particular, tell your doctor if you are taking any of the following:

- ▶ Medicines for epilepsy (such as phenytoin, carbamazepine, stiripentol or valproic acid).
- ▶ Medicines for depression (Monoamine Oxidase Inhibitors (MAOIs) such as phenelzine and isocarboxazid or tricyclic anti-depressants - such as trazodone) or Selective Serotonin Re-uptake Inhibitors (SSRIs) such as fluvoxamine or paroxetine.
- ▶ Medicines for severe mental illness called 'antipsychotics' (such as chlorpromazine, haloperidol, clozapine and pimozide).
- ▶ Painkillers (such as medicines containing codeine, dihydrocodeine or morphine).
- ▶ Sleeping tablets (such as zolpidem).
- ▶ Tranquilisers (such as diazepam, temazepam or lorazepam).
- ▶ Muscle relaxants (such as baclofen).
- ▶ Antihistamines that make you sleepy (such as chlorphenamine, promethazine or diphenhydramine).
- ▶ Lithium - used for a mental illness called 'manic-depressive illness' (mood changes between a state of high excitability or exaggerated emotions and depression).
- ▶ Cimetidine - used to treat ulcers and heartburn.
- ▶ Omeprazole - used to treat the symptoms of acid reflux such as heartburn or acid regurgitation.
- ▶ Ticlopidine - an antiplatelet medication used in patients with an increased risk of stroke.
- ▶ Fluconazole - used in the treatment of fungal conditions.
- ▶ Dextromethorphan - used to relieve dry, irritating coughs.
- ▶ Nebivolol - medicine used to treat high blood pressure.

Concomitant use of Zacco and opioids (strong pain killers, medicines for substitution therapy and some cough medicines) increases the risk of drowsiness, difficulties in breathing (respiratory depression), coma and may be life-threatening. Because of this, concomitant use should only be considered when other treatment options are not possible.

However if your doctor does prescribe Zacco together with opioids the dose and duration of concomitant treatment should be limited by your doctor.

Please tell your doctor about all opioid medicines you are taking, and follow your doctor's dose recommendation closely. It could be helpful to inform friends or relatives to be aware of the signs and symptoms stated above. Contact your doctor when experiencing such symptoms.

If you are not sure if any of the above apply to you talk to your doctor or pharmacist.

Anaesthetics

If you are going to have an anaesthetic, tell your doctor or anaesthetist that you are taking Zacco. This is because your doctor may need to change the amount of anaesthetic or muscle relaxants to give you.

Zacco with food, drink and alcohol

Do not drink alcohol while taking Zacco. This is because there is an increased risk of sleepiness and other side effects.



Pregnancy, breast-feeding and fertility

Do not take Zacco if you are:

- ▶ In the first three months of pregnancy
 - ▶ Breast-feeding. This is because it may pass into the mother's milk
- Talk to your doctor before taking this medicine if you are pregnant, plan to get pregnant or think you may be pregnant. This is because Zacco is not recommended for use in pregnant women. However, your doctor may give you this medicine during late pregnancy or during labour.
- ▶ If this happens, there is a risk of having a baby with a low body temperature, floppiness, breathing or feeding problems
 - ▶ If this medicine is taken regularly in late pregnancy, your baby may get withdrawal symptoms. In this case the newborn should be closely monitored during the postnatal period.



Driving and using machines

You may feel sleepy or have concentration or memory problems after taking this medicine. You may also experience double vision or you may react more slowly to things. If this happens, do not drive or use any tools or machines.

The medicine can affect your ability to drive as it may make you sleepy or dizzy.

- ▶ Do not drive while taking this medicine until you know how it affects you.
- ▶ It is an offence to drive if this medicine affects your ability to drive.
- ▶ However, you would not be committing an offence if:
 - The medicine has been prescribed to treat a medical or dental problem and
 - You have taken it according to the instructions given by the prescriber or in the information provided with the medicine and
 - It was not affecting your ability to drive safely.

Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive while taking this medicine.

Zacco contains:

This medicine contains **methyl parahydroxybenzoate** (E218), which may cause allergic reactions (possibly delayed).

This medicine also contains **sucralose** (E955). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

This medicinal product also contains 0.097mmol (2.24mg) of **sodium** per dose of Zacco (5ml). To be taken into consideration by patients on a controlled sodium diet.

3. How to take Zacco

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Taking this medicine

- ▶ If you feel the effect of your medicine is too weak or too strong, do not change the dose yourself, but ask your doctor.
- ▶ Keep taking Zacco until your doctor tells you to stop.

Zacco is usually given for 2 to 4 weeks. After that, your doctor will decide whether you should keep taking this medicine.

The recommended doses are:

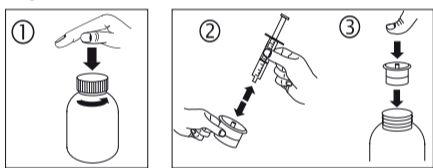
	5mg/5ml	10mg/5ml
Adults	The usual dose is 20-30ml (20-30mg) each day. This can be taken as two separate doses or as a single dose at night. Your doctor may increase your dose up to 60ml (60mg) each day. Your doctor may lower the dose to suit you.	The usual dose is 10ml-15ml (20-30mg) each day. This can be taken as two separate doses or as a single dose at night. Your doctor may increase your dose up to 30ml (60mg) each day. Your doctor may lower the dose to suit you.
Children (over 6 years)	The usual starting dose is 5ml (5mg) each day.	The usual starting dose is 2.5ml (5mg) each day.
Older people	The usual dose for anxiety is 10ml - 20ml (10 - 20mg) each day.	The usual dose for anxiety is 5ml - 10ml (10 - 20mg) each day.

Method of administration

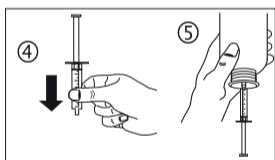
This product may settle during storage. Shake the bottle well before use. Use the measuring syringe provided in the pack to deliver the required dose. When you are taking medicines like Zacco you should not use a different clobazam containing medicine except under your doctor's supervision.

Instructions for the use of syringe:

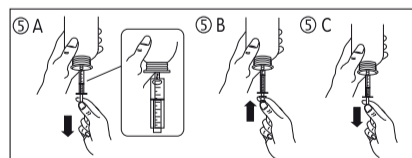
1. Open the bottle: press the cap down and turn it anticlockwise (Figure 1).
2. Separate the adaptor from the syringe (figure 2). Insert the adaptor into the bottle neck (figure 3). Ensure it is fixed well.



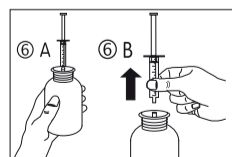
Take the syringe and put it in the adaptor opening (figure 4). Turn the bottle upside down (figure 5).



3. Fill the syringe with a small amount of suspension by pulling the piston down (figure 5A), then push the piston up in order to remove any possible air bubbles (figure 5B). Pull the piston down to the graduation mark corresponding to the quantity in millilitres (ml) prescribed by your doctor (figure 5C).



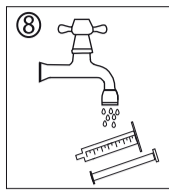
4. Turn the bottle the right way up (figure 6A). Remove the syringe from the adaptor (figure 6B).



5. Put the end of the syringe into the mouth and push the plunger slowly back in to deliver the medicine into the mouth (figure 7).



6. Close the bottle with the plastic screw cap. Wash the syringe with water (figure 8) and store in a clean place.



If you take more Zacco than you should

If you take more Zacco than you should, tell your doctor or go to your nearest hospital casualty department straight away. Do not drive yourself, because you may start to feel sleepy. Remember to take the medicine pack with you. This is so that the doctor knows what you have taken.

If you forget to take Zacco

- ▶ If you forget to take a dose, take it as soon as you remember.
- ▶ However, if it is nearly time for the next dose, skip the missed dose.
- ▶ Do not take a double dose to make up for a forgotten dose.

If you stop taking Zacco

Keep taking this medicine until your doctor tells you to stop. Do not stop taking Zacco just because you feel better.

- ▶ When your doctor says that you can stop taking Zacco, you need to do this gradually. Your doctor will help you to do this.
- ▶ Stopping the medicine can make you feel stressed (anxiety), confused or depressed. You may also lose your appetite and have difficulty sleeping. Tell your doctor if this happens.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. You may feel ill after taking this medicine, or notice unusual or unexpected symptoms. If this happens, tell your doctor.

Tell your doctor straight away if you have any of the following side effects:

- ▶ Feeling restless, have difficulty sleeping or nightmares
- ▶ Feeling irritable or anxious
- ▶ Believing things which are not true (delusions)
- ▶ Sensing things which are not there (hallucinations)
- ▶ Feeling suicidal
- ▶ Increased possibility of tripping or falling especially in elderly patients.
- ▶ Blistering or bleeding of the skin around the lips, eyes, mouth, nose and genitals. Also, flu-like symptoms and fever. This may be something called 'Stevens Johnson Syndrome' which is a severe blistering rash where layers of the skin may peel off to leave large areas of raw exposed skin over the body. Also, a feeling of being generally unwell, fever, chills and aching muscles. This is something called 'Toxic epidermal necrolysis'.

If you get any of the above side effects, your doctor may decide that your treatment needs to be stopped. These side-effects are more likely to happen in elderly people and children.

Tell your doctor or pharmacist if any of the following side effects get serious or lasts longer than a few days, or if you notice any side effects not listed in this leaflet.

The following side effects are more likely to happen at the start of treatment. They usually last for a short time:

- ▶ Feeling sleepy or dizzy
- ▶ Dry mouth, constipation
- ▶ Loss of appetite, feeling sick
- ▶ Shaking fingers.

Other side effects include:

- ▶ Headache
- ▶ Breathing problems
- ▶ Loss of memory, confusion
- ▶ Skin rash
- ▶ Muscle weakness
- ▶ Problems walking or other movement problems
- ▶ Being aggressive
- ▶ Reacting to things more slowly than usual
- ▶ Eye problems such as double vision and rapid uncontrolled movement of the eyes

- ▶ Difficulty in staying awake or alert
- ▶ Becoming dependent on clobazam (also called 'physical or mental dependence')
- ▶ Weight gain
- ▶ Loss of sexual drive.

If you take this medicine for a long time, you are more likely to get the following side effects:

- ▶ Anxiety
- ▶ Confusion, depression
- ▶ Loss of appetite
- ▶ Difficulty sleeping
- ▶ Dependence

Reporting of side effects

If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Zacco

- ▶ Keep this medicine out of the sight and reach of children.
- ▶ Do not use after the expiry date which is stated on the carton or bottle after 'Exp'. The expiry date refers to the last day of that month.
- ▶ This medicinal product does not require any special storage conditions.
- ▶ For 5mg/5ml: Discard 30 days after first opening.
- ▶ For 10mg/5ml: Discard 60 days after first opening.
- ▶ Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Zacco contains

The active substance is clobazam.

For 5mg/5ml: Each 5ml of oral suspension contains 5mg clobazam.

For 10mg/5ml: Each 5ml of oral suspension contains 10mg clobazam.

The other ingredients are methyl parahydroxybenzoate (E218), citric acid monohydrate (E330), sodium citrate (E331), sucralose (E955), xanthan gum (E415) and purified water.

What Zacco looks like and contents of the pack

Zacco is white to off-white viscous liquid supplied in an amber glass bottle with tamper-evident child resistant plastic screw cap and a 5ml polypropylene oral syringe with 0.1ml graduation mark and an adaptor for the syringe. Where higher doses are to be administered, dosing cups should be considered.

Zacco is supplied in bottles containing 100ml and 150ml suspension.

Not all pack sizes may be marketed.

POM

Marketing Authorisation Holder:

Thame Laboratories
Unit 4, Bradfield Road,
Ruislip, Middlesex,
HA4 0NU, UK

Manufacturer:

Delpharm Bladel B.V.
Industrieweg 1,
5531 AD Bladel,
The Netherlands

If this leaflet is hard to see or read, please call +44 (0) 208 515 3700 for help.

This leaflet was last revised in 11/2019.

