



HEARTBURN RELIEF PEPPERMINT FLAVOUR *Calcium Carbonate, Sodium Alginate, Sodium Bicarbonate*

PATIENT INFORMATION LEAFLET

- ✓ **Fast acting**
- ✓ **Effective relief of heartburn and indigestion**

500 ml e

BACK OF PACK (Refer to Brand Principles and readability guideline)

Read all of this label for full instructions.

Uses: This sugar free medicine contains an antacid to relieve the symptoms of indigestion and heartburn. It can be used for the relief of heartburn in pregnancy, and other conditions, which cause acid reflux.

Before you take this medicine

X Do not take:

- **If you are allergic** to any of the ingredients

! Talk to your pharmacist or doctor:

- If you are on a low salt (sodium) diet (each 5 ml spoonful contains about 73 mg of sodium, which may be harmful to you)
- If you take other medicines
 - ACE inhibitors (for high blood pressure)
 - Quinidine (for heart problems)
 - Medicines to treat infections or malaria
 - Lithium (for mood disorders)
 - Antipsychotics (for mental health conditions)
 - Medicines for epilepsy
 - Medicines for osteoporosis, pain or rheumatoid arthritis

Do not take this medicine within 1 to 2 hours of taking any other medicine.

Information about some of the ingredients: This medicine contains E214 & E216 which may cause allergic reactions such as skin rash (possibly delayed).

✓ **How to take this medicine**

Check the cap seal is not broken before first use. If it is, do not take the medicine.

Shake the bottle well before use.

Adults and children of 12 years and over: Take two to four 5 ml spoonfuls after meals and at bedtime

Children of 6 to 11 years: Take one or two 5 ml spoonfuls after meals and at bedtime

Swallow the medicine.

Do not give to children under 6 years.

Do not take more than the amount recommended above.

If symptoms do not go away within 2 weeks talk to your doctor.

If you take too much: You may get a bloated stomach. If this happens talk to your pharmacist or doctor.

Possible side effects

Most people will not have problems, but some may get some of these:

- Constipation, wind, stomach cramps, burping

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yelowcard. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Do not store above 25°C.

Do not refrigerate.

Keep all medicines out of the sight and reach of children.

Use by the date on the label edge.

Active ingredients

Each 5 ml of oral suspension contains Calcium Carbonate 80 mg, Sodium Alginate 250 mg, Sodium Bicarbonate 133.5 mg.

Also contains: carbomer, sodium hydroxide, saccharin sodium, ethyl parahydroxybenzoate (E214), propyl parahydroxybenzoate (E216), butyl parahydroxybenzoate, isopropyl alcohol, peppermint oil, purified water.

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Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Pinewood Laboratories Limited Ballymacarbry Clonmel Co. Tipperary Ireland

If you need more advice ask your pharmacist.

Lot:

Bar code

Item code

Component code

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