

Information for the user



Children's Hayfever & Allergy Relief 5 mg/5 ml Oral Solution Loratadine

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription to treat minor conditions. However, you still need to take it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- Ask your pharmacist if you need more information or advice
- You must contact a pharmacist or doctor if your symptoms worsen or do not improve
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist

What this medicine is for

This medicine contains Loratadine which belongs to a group of medicines called antihistamines, which act to relieve the symptoms of allergies.

It can be used to relieve the symptoms of hayfever (e.g. sneezing, runny and itchy nose and eye irritation). It can also be used to treat raised, red itchy skin (symptoms of urticaria, which is often known as hives or nettle rash).

Before you take this medicine

This medicine can be taken by adults and children aged 2 years and over. However, some people should not take this medicine or should seek the advice of their pharmacist or doctor first.

X Do not take:

- **If you are allergic** to loratadine or any of the ingredients in this medicine (see "What is in this medicine")
- **If you have an intolerance to some sugars**, unless your doctor tells you to (this medicine contains sucrose)
- **If you are pregnant or breastfeeding**

! Talk to your pharmacist or doctor:

- If you have severe liver problems (you may need a smaller amount of this medicine)

Other important information

If you are having skin patch testing to identify allergies, stop taking this medicine 48 hours before the tests.

Driving and using machines: This medicine does not normally cause drowsiness in the majority of people taking it. Therefore it will not normally affect your ability to drive or operate machines. However, very occasionally some people do report drowsiness after taking loratadine. If affected do not drive or use machines.

Information about some of the ingredients: This medicine contains 3 g of sucrose per 5 ml spoonful. This should be taken into account if you suffer from sugar diabetes.

If you take other medicines

This medicine is not expected to affect any other medicines that you may be taking. However, some medicines may affect the way the active ingredient in this medicine is broken down in the body.

If you are unsure about interactions with any medicines, talk to your pharmacist. This includes medicines prescribed by your doctor and medicine you have bought for yourself, including herbal and homeopathic remedies.

✓ How to take this medicine

Check the cap seal is not broken before first use. If it is, do not take the medicine.

Shake the bottle well before use. Use the spoon provided.

Giving this medicine to children:

It is important to know how much your child weighs to make sure you give them the correct amount of medicine. As a guide a child of 9 years of age will weigh about 30 kg. If in doubt weigh your child, then follow the instructions in the table on the back of this leaflet.

Do not give to children under 2 years.

Age	How much to take	How often to take
Adults and children of 12 years and over	Two 5 ml spoonfuls	Once a day
Children of 2 to 12 years who weigh more than 30 kg	Two 5 ml spoonfuls	Once a day
Children of 2 to 12 years who weigh less than 30 kg	One 5 ml spoonful	Once a day

If you have severe liver problems your doctor or pharmacist may advise you to take the recommended amount every other day. If this applies to you, follow their instructions.

This medicine should be swallowed.

Do not take more than the amount recommended above.

If symptoms do not go away talk to your pharmacist or doctor.

! **If you take too much:** Talk to a doctor straight away. Go to your nearest hospital casualty department. Take your medicine and this leaflet with you.

Possible side effects

Most people will not have problems, but some may get some. If you have any unwanted side effects you should seek advice from your doctor, pharmacist or other healthcare professional.

! **If you get any of these serious side effects, stop taking this medicine. See a doctor at once:**

- Difficulty in breathing, swelling of the face, neck, tongue or throat (severe allergic reactions)

The most commonly reported side effects in adults and children aged 2 to 12 years are:

- Drowsiness, headache, increased appetite and difficulty sleeping

The most commonly reported side effects in children aged 2 to 12 years are:

- Headache, nervousness and tiredness

The following very rare side effects (may affect up to 1 in 10,000 people) have also been seen during the marketing of loratadine:

- severe allergic reaction, dizziness, fast or irregular heartbeat
- nausea (feeling sick), dry mouth, upset stomach, liver problems
- hair loss, rash and tiredness

The following not known side effect (cannot be estimated from the available data) has also been seen during the marketing of loratadine:

- weight increased

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Use by the date on the end flap of the carton, or 6 months after first opening. After this date return any unused product to your nearest pharmacy for safe disposal.

What is in this medicine

Each 5 ml of oral solution contains Loratadine 5 mg, which is the active ingredient.

As well as the active ingredient, the oral solution also contains propylene glycol, glycerol (E422), sodium benzoate (E211), citric acid monohydrate, sucrose, purified water, peach flavouring (artificial).

The pack contains 100 ml of clear, colourless oral solution.

Who makes this medicine

Manufactured for The Boots Company PLC Nottingham NG2 3AA by the Marketing Authorisation holder Pinewood Laboratories Limited, Ballymacarbry, Clonmel, Co. Tipperary Ireland.

Leaflet prepared July 2018

If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

Other formats

To request a copy of this leaflet in Braille, large print or audio please call, free of charge:

0800 198 5000 (UK only)

Please be ready to give the following information:

Product name: Boots Children's Hayfever & Allergy Relief 5 mg/5 ml Oral Solution

Reference number: 04917/0067

This is a service provided by the Royal National Institute of Blind People.

Wording reference: WBAG318492