Package leaflet: Information for the patient

**Difflam 0.15% Spray**

Benzydamine hydrochloride

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse have told you.

- This medicine is available without prescription. However, you still need to use it carefully to get the best results.
- Keep this leaflet. You may need to read it again.
- Ask your doctor or pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

**What is in this leaflet:**

1. **What Difflam Spray is and what it is used for**

Difflam Spray contains the active substance benzydamine hydrochloride and belongs to a group of medicines called non-steroidal anti-inflammatory drugs or NSAIDs.

Difflam Spray works by stopping pain and swelling (inflammation). It is used to treat many painful conditions of the mouth or throat including:

- Mouth ulcers
- Toothache
- Sore throat
- Sore tongue or gums
- Discomfort associated with dentures or dental work.

2. **What you need to know before you use Difflam Spray**

**Do not use Difflam Spray if:**

- You are allergic to benzydamine hydrochloride
- You are allergic to any of the other ingredients in Difflam Spray (listed in section 6).

**Warnings and precautions:**

Talk to your doctor, pharmacist or nurse before using Difflam Spray:

- If you have a history of asthma
- If you are allergic to acetylsalicylic acid or other non-steroidal anti-inflammatory (NSAID) drugs

If any of these apply, talk to your doctor or pharmacist.

**Other medicines and Difflam Spray**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

**Pregnancy, breast-feeding and fertility**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

**Difflam Spray Contains:**

This medicine contains glycerol which may cause headache, stomach upset and diarrhoea.

This product contains only a small amount of ethanol (alcohol), less than 100 mg per dose.

Each puff contains 15 microlitres of ethanol.

**3. How to use Difflam Spray**

**Important:**

Always use Difflam Spray exactly as your pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

Do not use Difflam Spray in or near your eyes. If any spray gets in your eyes, wash them immediately with cold water.

**How much Difflam Spray to use**

- **Adults, adolescents and elderly** – spray 4 – 8 puffs to the sore area every 1½ to 3 hours.
- **Children 6-12 years of age** – spray 4 puffs to the sore area every 1½ to 3 hours.
- **Children under 6 years of age** – spray 1 puff for every 4 kilograms of body weight, up to a maximum of 4 puffs, to the sore area every 1½ to 3 hours.

Contact your doctor if your symptoms worsen or they do not improve.

**How to use the spray**

1. To use the spray, hold the bottle in an upright position.
2. Lift the spray-tube through 90° until it is clear, colourless liquid that comes in a plastic bottle.
3. The first time you use the spray you need to prime it. Point the spray-tube away from your face. Press down firmly on the green plunger until a fine spray emerges from the end of the spray-tube. The spray is now ready to use.
4. Aim the spray-tube at the sore part of your mouth or throat and press down on the green plunger again. One press releases one puff.
5. After spraying the desired number of puffs, wipe

**4. Possible side effects**

Like all medicines, Difflam Spray can cause side effects, although not everybody gets them.

The most common side effects (may affect more than 1 in 10 people):

- Numbness and/or stinging in the mouth and/or throat.

The less common side effects (may affect less than 1 in 10 people):

- Mouth and/or throat irritation
- Itching of the skin or raised lumps on the skin, swelling of the lips, tongue and/or throat.
- Pain, redness, reddening, swelling or irritation of the skin around the sore area.
- Sudden swelling of the face, lips, tongue and/or throat.

Very rare (affects less than 1 in 10,000 people):

- Numbness and/or stinging in the mouth and/or throat.
- Difficulty swallowing.
- Itching
- Difficulty breathing and wheezing

If any of these apply, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

**5. How to store Difflam Spray**

Keep out of the sight and reach of children.

Store in an upright position. Do not store above 30 °C.

Do not refrigerate or freeze.

Do not use after the expiry date.

**6. Contents of the pack and other information.**

- Each bottle contains 30 ml of liquid and comes in a carton.
- This product contains only a small amount of ethanol (alcohol), less than 100 mg per dose.
- Each puff contains 15 microlitres of ethanol.

**7. Disposal of this medicine**

This product must be disposed of properly at the end of its handy life.

**8. Additional information**

For advice on what to do if you are allergic to any of these ingredients see section 2.
If you are pregnant or breast-feeding, think you have recently taken or might take any other medicines. Tell your doctor or pharmacist if you are taking, using Difflam Spray:

• If you have a history of asthma
• You are allergic to any of the other ingredients in Difflam Spray (listed in section 6).
• You are allergic to benzydamine hydrochloride
• Sore throat
• Teething
• Mouth ulcers

Difflam Spray works by stopping pain and swelling (inflammation). It is used to treat many conditions, such as:

- Toothache
- Pain from minor cuts and abrasions
- Canker sores
- Pain from sunburn
- Pain from cold sores
- Pain from swine flu
- Pain from chickenpox
- Pain from colds

Spray 1 puff for:

- Children 6-12 years of age
- Adults, adolescents and elderly

Spray 4 - 8 puffs, to the sore area every 1½ to 3 hours.

Do not use Difflam Spray if:

- You are allergic to any of the other ingredients in the spray
- If this leaflet is difficult to see or read
- You should seek immediate medical assistance.

If you use more Difflam Spray than you should

If you take too much or you accidentally swallow large quantities of your medicine, contact immediately your doctor or pharmacist for advice.

If you forget to use Difflam Spray

Do not take a double dose to make up for a missed dose. Simply take the next dose as planned.

If you have any further questions about the use of this medicine, ask your doctor or pharmacist.

Some side effects could be serious. If you have any of the side effects listed below, seek immediate medical help:

Serious allergic reaction (anaphylactic shock), signs of which may include difficulty breathing, chest pain or chest tightness, and/or feeling dizzy/faint, severe itching of the skin or raised lumps on the skin, swelling of the face, lips, tongue and/or throat, and which may be potentially life-threatening.

Other side effects include the following, if they get serious, please tell your doctor:

Uncommon (affects 1 in 1,000 people):

- Numbness and/or tingling in the mouth and/or throat.

Very rare (affects less than 1 in 10,000 people):

- Difficulty breathing and wheezing
- Itching
- Skin rash

Not known (frequency cannot be estimated from the available data):

- Skin redness or swelling
- Allergic reaction (Hypersensitivity)

Some people may react after using the product with a severe allergic reaction experiencing symptoms as described above (a so called anaphylactic reaction) which may be potentially life-threatening. In this case you should seek immediate medical assistance.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Difflam Spray

Keep out of the sight and reach of children.

Do not use Difflam Spray after the expiry date on the bottle. The expiry date refers to the last day of that month.

Store in an upright position. Do not store above 30 °C. Do not store in the refrigerator or freezer.

Medicines should not be disposed of via wastewater or household waste. Return any medicine you no longer need to your pharmacist.

6. Contents of the pack and other information

What Difflam Spray contains

The active substance is benzydamine hydrochloride at a concentration of 0.15%.

Each puff contains 262.5 micrograms of benzydamine hydrochloride.

The other ingredients are glycerol, saccharin, sodium bicarbonate, ethanold, methylhydroxybenzoate, mouthwash flavour, polysorbate 20 and purified water.

For advice on what to do if you are allergic to any of these ingredients see section 2.

What Difflam Spray looks like and content of the pack

Difflam Spray is an oromucosal or mouth spray. It is a clear, colourless liquid that comes in a plastic bottle fitted with a metered dose valve pump. This means it provides a measured amount of spray each time it is used. Each bottle contains 30 ml of liquid and comes in a carton.

Marketing Authorisation Holder

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Manufacturer

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This leaflet was last revised in October 2016.

If this leaflet is difficult to see or read or you would like it in a different format, please contact Meda Pharmaceuticals Ltd, Skyway House, Parsonage Road, Takeley, Bishop’s Stortford, CM22 6PU.

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