Do not store above 25°C. Protect from light. MA holder and manufacturer Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK PL 00240/0364 24920101



Covonia Hot Dose Cough & Cold Syrup is for night time relief of the symptoms of dry coughs and congestion from colds. SHAKE THE BOTTLE. Take the solution by mouth. Adults, the elderly and children over 12 years: Take at bedtime. Measure 15ml into a beaker and add about 15ml of hot (not boiling) water. Stir. Sip all the liquid within 10 minutes for full effect. Repeat after 6 hours if required

Do not give to children under 12 years old. DO NOT EXCEED THE STATED DOSE. Do not take with any other cough and cold medicine. Avoid alcoholic drink Peel where shown for further precautions.

If symptoms persist consult your doctor. This medicine can make you feel sleepy. Do not drive while taking this medicine until you know how it makes you feel. See the leaflet inside for more information.

Keep out of the sight and reach of children.

Active ingredients per 15ml: dextromethorphan hydrobromide 20mg, diphenhydramine hydrochloride 30mg Also contains: ethanol, glycerol (E422), sorbitol (E420), sodium benzoate, maltitol liquid, propylene glycol. Alcohol 7.3 vol%. See reverse for full list.



This medicine contains dextromethorphan which reduces the desire to cough and diphenhydramine (an antihistamine) which dries up your runny nose and relieves congestion.

### 1. Before you use this medicine Do not use the medicine if you have....

- · An allergy to any of the ingredients listed in section 3 · Taken MAOIs (monoamine oxidase inhibitors) for depression within the last two weeks or are taking SSRIs for depression
- · Shortage of breath · Liver problems · Porphyria · Asthma or a cough which produces phlegm.

#### Talk to your doctor if you have....

- Glaucoma Difficulty passing urine Prostate trouble
- · A blocked intestine · Epilepsy · Heart problems
- · A cough which lasts a long time · Or you are prone to allergies

## Talk to your doctor or pharmacist if you are taking...

· Alcohol · Cimetidine for stomach ulcers · Medicines for depression or Parkinson's disease (e.g. rasagiline, moclobenide, venlafaxine) . Medicines for mental illness (e.g. haloperidol, thioridazine) . Medicines for anxiety or to help you sleep (e.g. diazepam) . Memantine for Alzheimer's disease . Medicines for irregular heartbeat (e.g. amiodarone, propafenone, quinidine, beta blockers) . Antihistamines . Betahistine for vertigo or histamine for some types of cancer . Strong pain killers (e.g. codeine) . Medicine for a runny nose or to control the bladder, or atropine used to treat eye problems.

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# Driving and using machines...

This medicine causes drowsiness and you should not drive or operate machinery until the effects have worn off. The medicine can affect your ability to drive as it may make you

sleepy or dizzy. Do not drive while taking this medicine until you know how it affects you.

 It is an offence to drive if this medicine affects your ability to drive. However, you would not be committing an offence if:

The medicine has been prescribed to treat a medical or dental

 You have taken it according to the instructions given by the prescriber or in the information provided with this medicine and It was not affecting your ability to drive safely.

Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive while taking this medicine.

Pregnant or breastfeeding...

Ask your doctor or pharmacist for advice before using if you are pregnant, might be pregnant or are breastfeeding. This medicine should not be used unless the doctor has told you to do so.

Important ingredient information

 Contains maltitol liquid and sorbitol. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine . It contains 7.3 vol% of ethanol (alcohol), i.e. up to 870mg per dose, equivalent to 22ml of beer or 9ml of wine per dose. Harmful for those suffering from alcoholism. To be taken into account in children and high risk groups such as patients with liver disease or epilepsy

### 2. Possible side effects

Like all medicines, this medicine can have side effects, although these don't affect everyone.

Important side effects. If you get any of these side effects stop use immediately and see a doctor as soon as possible:

 Swelling of the lips, mouth, eyes or tongue • Difficulty breathing • Fits. Other possible side effects: Drowsiness and lack of concentration

• Dizziness • Feeling excited or confused • Feeling depressed • Sleeping problems • Headache • Muscle twitching • Trembling • Blurred vision

• Stomach upsets (e.g. feeling sick, being sick, diarrhoea) • Rash • Skin blisters • Pins and needles • Dry mouth • Thick saliva • Low blood pressure, palpitations or irregular heartbeat . Difficulty passing urine Blood or liver problems • Eye problems (glaucoma) • Śweating

. Muscle pain . Ringing in the ears . Hair loss. If you notice these or any other side effects not listed, stop use and tell your doctor or pharmacist. Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide information on the safety of this medicine.

## 3. Further information

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If you accidentally take too much see a doctor straight away. Take the pack with you to show which medicine you have swallowed

 Do not use after the expiry date. The expiry date refers to the last day of that month. • Return any unused medicine to the pharmacy for disposal.

The active ingredients per 15ml are: dextromethorphan hydrobromide 20mg, diphenhydramine hydrochloride 30mg.

The other ingredients are: ethanol, glycerol (E422), sorbitol (E420), sodium benzoate, maltitol liquid, hydroxyethylcellulose, povidone (E1202), saccharin sodium, capsicum tincture (capsicum oleoresin), menthol, peppermint oil, anise oil, citric acid (E330), macrogol cetostearyl ether, caramel (E150), blackcurrant flavour (containing propylene glycol) and purified water.

What the medicine looks like

This medicine is a brown syrupy liquid. It is supplied in 150ml bottles.

This label was last revised in September 2015

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