It contains the Codeine Phosphate which belongs to a class of medicines called opioids, which are ‘pain relievers’.

1. WHAT CODEINE PHOSPHATE TABLETS ARE AND WHAT THEY ARE USED FOR

This medicine contains Codeine Phosphate for use in adults which may cause addiction. You can get help to stop taking this medicine if you need it, see page 17. This leaflet explains the type of medicine and some of the things that happen when you take it. For more information about any of the things listed on this leaflet or if you have any questions, ask your doctor or pharmacist.

3. HOW TO TAKE CODEINE PHOSPHATE TABLETS

Adults

15-30 mg three or four times a day. No more than 160 mg should be taken in 24 hours.

For relief of mild to moderate pain, 30 mg to 60 mg every six hours as needed.

For diarrhoea, 30 mg three or four times daily.

4. POSSIBLE SIDE EFFECTS

These tablets contain lactose. If you have been told by your doctor that you have an intolerance to some sugars then talk to your doctor or pharmacist before you take this medicine.

Q. Should you take a tablet while you are breastfeeding?

Do not take Codeine Phosphate while you are breastfeeding as Codeine Phosphate passes into breast milk and will affect your baby.

5. HOW TO STOP TAKING CODEINE PHOSPHATE TABLETS

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

Tell your doctor if you take any other medicines. This includes any medicines that you buy without prescription and those that are prescribed by another doctor.

Q. Can I take this medicine if I have an allergy to codeine phosphate?

3. BEFORE YOU START TAKING CODEINE PHOSPHATE TABLETS

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

5. HOW TO STOP TAKING CODEINE PHOSPHATE TABLETS

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

Tell your doctor if you take any other medicines. This includes any medicines that you buy without prescription and those that are prescribed by another doctor.

Q. Can I take this medicine if I have an allergy to codeine phosphate?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

Tell your doctor if you take any other medicines. This includes any medicines that you buy without prescription and those that are prescribed by another doctor.

Q. Can I take this medicine if I have an allergy to codeine phosphate?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

Tell your doctor if you take any other medicines. This includes any medicines that you buy without prescription and those that are prescribed by another doctor.

Q. Can I take this medicine if I have an allergy to codeine phosphate?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. Can I take this medicine if I am allergic to codeine phosphate?

Tell your doctor if you take any other medicines. This includes any medicines that you buy without prescription and those that are prescribed by another doctor.

Q. Can I take this medicine if I have an allergy to codeine phosphate?

If any of the above apply to you, speak to your doctor, nurse or pharmacist before you take Codeine Phosphate Tablets.

Q. What should I do if I develop any unexpected or undesirable effects while taking this medicine?
**What Codeine Phosphate Tablets contain**

Active substance is Codeine Phosphate. The inactive ingredients are lactose monohydrate, acacia, maize starch, magnesium stearate and stearic acid. (see Section 6.4 Pharmacological Properties).

**What Codeine Phosphate Tablets look like and contents of the pack**

The Codeine Phosphate Tablets are white, circular tablets marked C60 on one face.

- Container packs of 28, 30, 56, 60, 84, 90 and 100 tablets (Not all pack sizes may be marketed).

**Unusual side effects of importance**

This medicine can cause withdrawal symptoms.

- Unusual side effects of importance which, if occurring, need immediate medical attention from your doctor or nurse are:
  - Physical dependence and addiction (see section "How do I know if I am addicted?").
  - Feeling that you need to take additional medicines containing opioids or other pain relief medicines to achieve the same relief as usual while you are taking this medicine (see section "How do I know if I am addicted?").
  - Feeling that you need to carry on taking this medicine, even if you no longer feel that you need the same relief (see below).

**Additional information**

The recommended starting dose for children aged 12 years or above for relief of mild to moderate pain is 30mg to 60mg every six hours, as needed.

Adolescents older than 12 years of age

The daily dose should be kept to a minimum. Withdrawal symptoms such as restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure and sweating may occur if you suddenly stop taking this medicine.

The recommended dose for children aged 12 years or above with moderate pain is 60mg to 120mg every 6 hours, as needed. The daily dose should be kept to a minimum.

**How do I know if I am addicted?**

If you feel that you are not taking the medicine correctly, the medicine is causing unwanted effects on your overall health (for example, some of the withdrawal side effects in the next section) or you want to stop taking this medicine, you may be at risk of becoming addicted.

Withdrawal symptoms such as restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure and sweating may occur if you suddenly stop taking this medicine.

**How to treat an overdose**

If you or someone else swallow several of these tablets together, contact your doctor or nearest hospital emergency department immediately. Make sure you take all of the tablets that were swallowed back to your pharmacist.

**How to stop taking Codeine Phosphate Tablets**

If you feel that you are not taking the medicine correctly, the medicine is causing unwanted effects on your overall health (for example, some of the withdrawal side effects in the next section) or you want to stop taking this medicine.

Withdrawal symptoms such as restlessness, difficulty sleeping, irritability, agitation, anxiety, feeling your heartbeat (palpitations), increased blood pressure and sweating may occur if you suddenly stop taking this medicine.

**How to dispose of any unused Codeine Phosphate Tablets**

Any unused Codeine Phosphate Tablets should be disposed of via an approved method of household waste.

**How to store Codeine Phosphate Tablets**

Store the Codeine Phosphate Tablets at room temperature in the package container.

**Prescription Information**

Prescription Information

- Please consult the Summary of Product Characteristics before taking this medicine.

This leaflet was last revised in 03/2022.