It is important that you start to breathe in as slowly as possible just before operating the inhaler. Practice in front of a display in intervals of 20. Take care not to drop the inhaler as this may cause the dose indicator to count down. Each time you press the canister, the dose indicator rotates by a small amount. The number of puffs remaining is displayed in intervals of 20.

If you forget to use Clenil Modulite:

- If you forget to take your Clenil Modulite, miss out your forgotten dose and take the next dose when it is due. Do not take a double dose to make up for a missed dose.

Tell your doctor as soon as possible. Your doctor may want to check the cortisol levels in your blood and therefore, may need to increase the dose of your steroid inhaler or give you a course of steroid tablets, or change your treatment altogether. If you have an infection in your chest your doctor may prescribe a course of antibiotics. Do not seem to be getting better.

This product strength is not suitable for children.

The common starting dose is:

- Adults and the elderly: 200 micrograms (4 puffs) twice a day
- Children: 100 micrograms (2 puffs) twice a day

Usually the most you would take in a day is: 800 micrograms (4 puffs)

The total daily dose may be divided into 2, 3 or 4 doses per day.

While you are using Clenil Modulite your doctor will want to check your asthma regularly by carrying out simple tests. Clenil Modulite contains a small amount of alcohol. Each actuation (puff) from your inhaler contains about 9 mg of alcohol.

Other medicines and Clenil Modulite:

- Do not use this inhaler with other inhaled or tablet corticosteroids or other inhaled medicines for asthma.
- If you are using another inhaler for asthma, you should not use both inhalers together. Use one inhaler for prevention and use the other inhaler as needed for relief of symptoms. Your doctor may choose to prescribe one inhaler only.
- Ask your doctor or pharmacist about the use of other medicines with Clenil Modulite.

Clenil Modulite contains a small amount of alcohol. Each actuation (puff) from your inhaler contains about 9 mg of alcohol.

Inhaler:

- To remove the mouthpiece cover, hold between the thumb and forefinger, squeeze gently and pull apart as shown.
- To ensure a good seal, wrap a piece of tape around both the inhaler and mouthpiece cover before using.
- Use a new mouthpiece every time you replace the inhaler.
- If you are testing your inhaler for the first time, 200 should be displayed on the dose indicator.
- Your doctor may need to increase the dose of your steroid inhaler or give you a course of steroid tablets, or change your treatment altogether. If you have a chest infection or other serious illness.
- If you are to take another puff, keep the inhaler upright and wait about half a minute before using.
- If you have recently stopped using another inhaled medicine, you may need to be careful about how much you use Clenil Modulite.
- If you are to take another puff, keep the inhaler upright and wait about half a minute before using.
- If you are taking another medicine, you should not use this inhaler with other inhaled or tablet corticosteroids or other inhaled medicines for asthma.

Precautions and warnings:

- Do not use this inhaler with other inhaled or tablet corticosteroids or other inhaled medicines for asthma.
- If you are using another inhaler for asthma, you should not use both inhalers together. Use one inhaler for prevention and use the other inhaler as needed for relief of symptoms. Your doctor may choose to prescribe one inhaler only.
- Ask your doctor or pharmacist about the use of other medicines with Clenil Modulite.

Dosage:

- Adults and the elderly: 200 micrograms (4 puffs) twice a day
- Children: 400 micrograms (8 puffs)

This product strength is not suitable for children.

The common starting dose is:

- Adults and the elderly: 200 micrograms (4 puffs) twice a day
- Children: 100 micrograms (2 puffs) twice a day

Usually the most you would take in a day is: 800 micrograms (4 puffs)

The total daily dose may be divided into 2, 3 or 4 doses per day.

While you are using Clenil Modulite your doctor will want to check your asthma regularly by carrying out simple tests.
5. How to store Clenil Modulite

If you get any side effects talk to your doctor, pharmacist, or nurse. This includes any possible side effects not listed Reporting of side effects

Unknown

Uncommon

Common

4. Possible side effects

Like all medicines, Clenil Modulite can cause side effects, although not everybody gets them.

\[\text{Nausea (feeling sick)}\]
\[\text{Headaches} \]
\[\text{Sleeping problems, depression or feeling worried, restless, nervous, over-excited or irritable. These}\]
\[\text{Children and adolescents may grow more slowly and may need to have their height checked regularly by their}\]
\[\text{Swelling of the face, eyes, lips and throat.} \]
\[\text{Allergic reactions including skin rashes, hives, itching or redness.} \]
\[\text{Hoarse voice or a sore throat or tongue. Using a Volumatic spacer device or rinsing your mouth with water}\]

\[\text{A decrease in bone mineral density (thinning and weakening of the bones) and eye problems which include the}\]
\[\text{Formation of cataracts and glaucoma (increased pressure in the eye).} \]

• Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of

• Do not store the inhaler above 30°C. Protect from frost and direct sunlight.

• Do not use Clenil Modulite after the expiry date which is stated on the carton and label. The expiry date refers to

• Your doctor may carry out blood test from time to time to monitor the levels of steroids in your body.

• This occurs particularly after treatment with Clenil Modulite at high doses over a long period of time.