What Toujeo contains  
- The active substance is insulin glargine. Each ml of solution contains 300 units/ml of insulin glargine. The other substances are excipients, including: water for injection, sodium hydroxide (see section “important information” on the label of this product and Toujeo and hyaluronidase and the full UK Summary of Product Characteristics).  

What Toujeo feels like the contents of the pack  
- Toujeo is a clear and colourless solution that needs to be protected from light.  

Possible side effects
- See section “Side effects”.  

How to use Toujeo  
- Always use this medicine exactly as your doctor has told you. If you are not sure, talk to your doctor, pharmacist or nurse.  

Hypoglycaemia
- Your blood sugar level may either rise or fall if you inc

Hypoglycaemia can be very serious and is very unlikely. If you experience any signs or symptoms of hypoglycaemia, please see section “Symptoms when your blood sugar is falling – so you can take action to stop it getting worse”.  

Other side effects
- You may be taking different medicines (see section “Other side effects”).  

Nasal congestion
- You may be experiencing this medicine, particularly if you are allergic to any component.  

If you have kidney or liver problems  
- Before you take Toujeo, you may be asked to do tests to see how your body handles medicines and fluids or heart disease or previous disease that could have caused brain damage and may be less likely to work.  

If you have used more than one Toujeo insulin at the same time  
- You may take Toujeo when you want, so long as you remember to take it at the same time each day.  

How much to use  
- Always follow your doctor's instructions.  

If you are allergic to the medicines you are taking, or if you have had an allergic reaction to any medicines you are taking, please tell your doctor, pharmacist or nurse.  

6. What you need to know before you use Toujeo
- Please consult your doctor for further information.  

Toujeo is a clear and colourless solution.  

Serious allergic reactions  
- You may be allergic to any of these medicines (see section “Nasal congestion”).  

Always tell people who are caring or treating you, that you are taking Toujeo.  

The time you eat meals and use your insulin.  

The possible effects of changing to different time regimens of this medicine.  

Reasons why hyperglycaemia may happen:  
- You have not injected your insulin or not injected it correctly.  

If you are taking or have taken any other medicines (see section “Other side effects”).  

It is very important to:  
- The solution should be clear, colourless and not thickening (for more information, see “Other side effects”).  

If you inject too much insulin  
- If you inject too much insulin, your blood sugar level may fall too low.  

Other medicines or treatments you are taking, have recently taken or might take any other medicines (see section “Other side effects”).  

Always attach a new sterile needle before each injection of Toujeo, if the hypoglycaemia comes back again, take further action.  

Always consult your doctor before you travel, if you are not sure.  

Informations about other medicines or treatments you are taking, have recently taken or might take any other medicines (see section “Other side effects”).  

You should stop injecting Toujeo immediately if you experience any signs or symptoms of hypoglycaemia (see section “Symptoms when your blood sugar is falling – so you can take action to stop it getting worse”).  

If your type of insulin is available in the country you are travelling to, you may need to self-monitor your blood sugar or carry the following things with you:  
- A blood glucose meter, test strips and test solution.  

If you are pregnant or breast-feeding, think you are pregnant or if you think you might be, talk to your doctor for advice on using this medicine.  

Change in vision  
- You may be able to see things more clearly, or you may have difficulty seeing.  

If you need to inject insulin to keep your blood sugar levels in the normal range, you should:  
- Follow closely the instructions for dose, monitoring and injection (see section 4).  

If you use more than one Toujeo insulin at the same time  
- If you stop using Toujeo, you should either inject a higher dose or take a supplementary dose of regular insulin.  

In your blood.  

If you stop taking a medicine.  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

What to do if you experience hypoglycaemia  
- It is very important to:  

If you have injected too much insulin, your blood sugar level may fall too low.  

If you are pregnant or breast-feeding, think you are pregnant or if you think you might be, talk to your doctor for advice on using this medicine.  

Serious allergic reactions  
- They may not work very well if you use insulin in a larger amount, or if you inject too much insulin.  

When you have hypoglycaemia:
• You may become too weak or missing altogether if:  

If you have not injected your insulin or not injected it correctly  
- If you have not injected your insulin or not injected it correctly, you may take the following steps:  

• You are under stress – such as emotional distress or mental strain.  

Reasons why hyperglycaemia may happen:  
- The solution should be used within 28 days after you have opened the Toujeo container.  

If you are recovering from an illness or from fever.  

If you are taking or have taken certain other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

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If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

Hypoglycaemia
- Your blood sugar level may either rise or fall if you inject too much insulin.  

How to use Toujeo
- Always check your blood sugar level and you need to carry out urine tests.  

If you are pregnant or breast-feeding, think you are pregnant or if you think you might be, talk to your doctor for advice on using this medicine.  

Serious allergic reactions  
- You may be allergic to any of these medicines (see section “Nasal congestion”).  

If you are not sure that it is working properly, talk to your doctor, as your insulin may need to be changed.  

How to use Toujeo
- Always use this medicine exactly as your doctor has told you. If you are not sure, talk to your doctor, pharmacist or nurse.  

Toujeo is only an insulin substitute and it should not replace the care you should be getting from your doctor or your diet.  

other medicines  
- It is very important to:  

Toujeo is a clear and colourless solution.  

Serious allergic reactions  
- You may be allergic to any of these medicines (see section “Nasal congestion”).  

Serious allergic reactions  
- You may be allergic to any of these medicines (see section “Nasal congestion”).  

Severe allergic reactions  
- They may not work very well if you use insulin in a larger amount, or if you inject too much insulin.  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you stop taking a medicine.  

If you have an allergy related to diabetes called “premedication intolerance” (see section “Important information”), you should not use this medicine.  

If your blood sugar level falls too low (hypoglycaemia), see the box at the end of this leaflet.  

If you stop using Toujeo, you should either inject a higher dose or take a supplementary dose of regular insulin.  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

How to inject
- Toujeo is injected under the skin (or subcutaneously) at times that are most convenient for you, usually after meals or at bedtime.  

If you are pregnant or breast-feeding, think you are pregnant or if you think you might be, talk to your doctor about whether you should still use your insulin.  

If you stop taking a medicine.  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).  

If you eat more or less than normal, have a change in physical activity, have surgery or any other medical procedure, have a bath or shower, or start or stop using other medicines (see section “Other side effects”).
**Toujeo 300 units/ml solution for injection in a pre-filled pen (SoloStar). INSTRUCTIONS FOR USE**

**Important information**
- Always carry a spare needle and spare needles in case they get lost or stop working.

**Learn to inject**
- Pull off the pen cap.
- Always carry a spare pen and spare needles in case they get lost or stop working.

**Need help?**
- If you have any questions about your pen or about diabetes, ask your doctor, pharmacist or nurse at the Sanofi number on the front of this leaflet.

**Extra items you will need:**
- A new needle every time you inject.
- A puncture resistant container for used needles and pens.

**Get to know your pen**

**Use by**
- Only use your pen 2 to 3 weeks after it is first used.

**How to store your pen**
- Before first use
  - Keep your pen in a fridge, at 2°C to 8°C.
- After first use
  - Store your pen with the pen cap on.
  - Do not drop your pen or knock it against hard surfaces.

**How to care for your pen**
- Always carry a spare pen and needle in case you need one.

**How to inject your dose**

**How to read the dose window**

**Places to inject**
- Upper arms
- Stomach
- Thighs

**Important information**
- Never put the inner needle cap back on.
- Never use a syringe to remove insulin from your pen.

**Handling needles**
- Only use needles that are compatible for use with Toujeo SoloStar.

**Technical information**
- Never use a needle attached. This may damage your pen.

**Need help?**
- If you cannot select your full prescribed dose, split the dose.

**Steps to take when handling needles**
- You may see air bubbles in the insulin. This is normal, they will not harm you.

**Units of insulin in your pen**
- Your pen contains a total of 450 units of insulin. You can select doses from 1 to 80 units in steps of 1 unit.

**Use by**
- Only use needles that are compatible for use with Toujeo SoloStar.

**How to read the dose window**

**Units of insulin in your pen**
- Your pen contains a total of 450 units of insulin. You can select doses from 1 to 80 units in steps of 1 unit.

**Handling needles**
- Take care when handling needles – this is to prevent needle injury and cross-infection.

**Technical information**
- You can clean the outside of your pen by wiping it with a damp cloth.

**Initial information**
- Never put the inner needle cap back on.