

Package leaflet: Information for the patient
Alverine citrate 60 mg hard capsules
 Alverine citrate

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after a few days.

What is in this leaflet:

1. What Alverine citrate is and what it is used for
2. What you need to know before you take Alverine citrate
3. How to take Alverine citrate
4. Possible side effects
5. How to store Alverine citrate
6. Contents of the pack and other information

- you are suffering from severe constipation
- you have a fever
- you have recently travelled abroad
- you are, or may be, pregnant
- you are breastfeeding
- you have abnormal vaginal bleeding or discharge
- you have difficulty or pain passing urine.

1. What Alverine citrate is and what it is used for

Alverine citrate is an anti-spasmodic medicine. It relaxes the muscles in the intestine (gut) and uterus (womb). This helps stop the pain you feel when the muscles become tense.

Alverine citrate is used:

- to help people who have Irritable Bowel Syndrome (IBS). Some of the symptoms of IBS are:
 - abdominal pains like cramp which come and go
 - diarrhoea
 - constipation
 - feeling full and bloated
 - wanting to go to the toilet urgently.

Consult your doctor if you have developed new symptoms, or if your symptoms worsen, or if they do not improve after 2 weeks treatment.

Children

Alverine citrate is not suitable for children under 12 years old.

Other medicines and Alverine citrate

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Alverine citrate with food

It does not matter if you take Alverine citrate with or without food.

Pregnancy, breastfeeding and fertility

You should not use this medicine if you are pregnant or if you are breastfeeding. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines

If you feel dizzy while taking Alverine citrate you should avoid driving or operating machinery.

3. How to take Alverine citrate

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. The usual dose is 1 or 2 capsules taken up to 3 times a day.

Use in children

Alverine citrate is not suitable for children under 12 years old.

Method of administration

Swallow the capsule with a glass of water.

Duration of treatment

Consult your doctor if your symptoms do not improve after 2 weeks treatment.

Do not take Alverine citrate

- if you are allergic to the active substance (alverine citrate) or any of the other ingredients of this medicine (listed in section 6)
- if your doctor has told you that you have obstruction of the gut or that your small bowel is not working properly.

Warnings and precautions

If this is the first time you have had these symptoms, consult your doctor before using any treatment. Do not take Alverine citrate if any of the following apply to you, it may not be the right treatment for you. See your doctor as soon as possible if:

- you are aged 40 years or over
- you have passed blood from the bowel
- you are feeling sick or vomiting
- you have lost your appetite or lost weight
- you are looking pale and feeling tired

If you take more Alverine citrate than you should, contact a doctor. Symptoms of an overdose may be low blood pressure, dizziness, increased heartbeat, dilated pupils, blurred vision, dry mouth and throat, difficulty breathing or difficulty passing urine.

If you forget to take Alverine citrate, take it when you remember. If you forget for more than 4 hours, just take the next dose when you remember it is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking Alverine citrate and see your doctor as soon as possible if you notice:

- difficulties in breathing, shortness of breath, wheezing, swelling of your face or other parts of your body, as serious allergic reactions have been known to occur
- yellowing of the whites of the eyes and the skin, as inflammation of the liver has been known to occur.

Tell your doctor or pharmacist if any of the following side effects occur or worsen.

Not known (frequency cannot be estimated from the available data):

- a feeling of sickness or dizziness
- headache
- allergic reactions, which may include itching or skin rash
- increased levels of some liver enzymes (which would be detected by your doctor during a blood test).

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme website:

www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Alverine citrate

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister pack and on the carton. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Alverine citrate contains

- **The active substance is:** 60 mg alverine citrate.
- **The other ingredients are:** pregelatinised starch, magnesium stearate.

Composition of the capsule shell: gelatin, titanium dioxide (E171).

What Alverine citrate looks like and contents of the pack

Alverine citrate is available in PVC/Aluminium blisters. Each pack contains 3, 10, 12, 20, 30, 60, 90 or 100 hard capsules in blisters. The hard capsules are white and oblong. Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

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Health tips for you



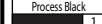

Try to make your everyday life a bit healthier:

- Allow plenty of time to do things, and avoid stress
- Do not rush meals
- Try to eat a balanced diet with high fibre foods
- Do not eat foods which seem to make your IBS worse

This leaflet was last revised in 09/2018.

To request a copy of this leaflet in Braille, large print or audio format, please contact licence holder at the address above.

DRxxxxx

ARTWORK	
Trident Reference No:	DRxxxxx
Zen Ref:	
Brand:	Dr Reddy's
Product Name:	Alverine Citrate
Strength:	60 mg
Form:	Hard Capsules
Pack Size:	Various
Country:	UK
Action:	
Date:	28/09/2018
Drugs Code:	N/A
GTIN Code:	N/A
SAP Code:	000000000
Tech Drawing Ref:	160x210mm (210 X 160 X,)
Printer:	UK
Pack Type:	Leaflet
Barcode Type:	N/A
Barcode Number:	n/a
Magnification:	N/A
Pharmacode No/NE:	N/A
Technical & Non Printing Items	
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	Guides
Colours	
	Process Black
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