

UROSTEMOL[®]

femina capsules

Pumpkin seed oil, dry extract of Fragrant Sumach bark, and dry extract of Hop strobile

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or qualified healthcare practitioner has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or qualified healthcare practitioner. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor or qualified healthcare practitioner if you do not feel better or if you feel worse.

What is in this leaflet

1. What UROSTEMOL[®] femina is and what it is used for
2. What you need to know before you take UROSTEMOL[®] femina
3. How to take UROSTEMOL[®] femina
4. Possible side effects
5. How to store UROSTEMOL[®] femina
6. Contents of the pack and other information

1. WHAT UROSTEMOL[®] FEMINA IS AND WHAT IT IS USED FOR

UROSTEMOL[®] femina is a traditional herbal medicinal product used for

the relief of lower urinary tract symptoms in women related to an overactive bladder or bladder weakness. This is based on traditional use only.

Used to relieve symptoms such as:

- urgency to urinate
- urinary incontinence/urinary leakage
- frequent urination

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE UROSTEMOL[®] FEMINA

Do not take UROSTEMOL[®] femina:

- if you are allergic to the active ingredients, or other pumpkin-like plants (such as watermelon, courgettes, etc.), or any of the other ingredients of this medicine (listed in section 6).
- If you are allergic to peanut or soya.

Warnings and precautions

You must see your doctor, pharmacist or qualified healthcare practitioner if you have any of the following symptoms or if they occur during the use of this product:

- a fever
- bladder spasms
- blood in your urine
- pain when urinating
- difficulty urinating
- vaginal discharge
- loin, back or stomach pain

You must talk to your doctor, pharmacist or qualified healthcare practitioner if you feel worse after 7 days of using this product, or if your symptoms do not improve after 4 weeks of use.

Children and adolescents

The use of UROSTEMOL[®] femina in children and adolescents under 18 years of age is not recommended, because lower urinary tract symptoms in these patients require medical supervision.

Other medicines and UROSTEMOL[®] femina

Tell your doctor, pharmacist or qualified healthcare practitioner if you are taking or have recently taken any other medicines.

Pregnancy and breast-feeding

The use of UROSTEMOL[®] femina during pregnancy and breast-feeding is not recommended because lower urinary tract symptoms in these patients requires medical supervision. If you think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

Driving and using machines

UROSTEMOL[®] femina may cause drowsiness. If you are affected, do not drive or operate machinery.

UROSTEMOL[®] femina contains glucose and soya-bean oil

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

If you are allergic to peanut or soya, do not use this medicinal product.

