



Blocked Nose Relief 0.05 % w/v Nasal Spray Oxymetazoline Hydrochloride

Lasts up to 12 hours

✓ Rapid relief for blocked nose

Read all of this carton for full instructions.

What this medicine is for

This medicine contains a decongestant, which acts to relieve nasal congestion. It can be used for fast relief of stuffy noses due to head colds and hayfever.

Before you use this medicine

X Do not use:

- If you are allergic to any of the ingredients
- If you have heart or blood vessel disease
- If you are taking monoamine oxidase inhibitors (for depression) or have taken them in the last 14 days
- If you have an overactive thyroid
- If you have glaucoma
- If you are a man with prostate problems

! Talk to your pharmacist or doctor:

- If you are pregnant or breastfeeding
- Methyl hydroxybenzoate (E218) may cause allergic reactions (possibly delayed).

✓ How to use this medicine

Check the seal is not broken before first use. If it is, do not use the medicine.
Hold the bottle upright and insert nozzle into nostril.

Age	How much	How often
Adults and children of 12 years and over	One or two sprays into each nostril	Every 6 to 8 hours.

For use in the nose only.

Do not use for children under 12 years.

Do not use more than the amount recommended above.

Do not use this medicine for more than 7 days unless your doctor tells you to.

If symptoms do not go away talk to your doctor.

If you use too much: Talk to a doctor.

Possible side effects

Most people will not have problems, but some may get some of these:

- Irritation to the nose
- Dry mouth and throat
- Return of your symptoms if used for a long time

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App store. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Do not store above 25°C.

Keep all medicines out of the sight and reach of children.

Use by the date on the side panel.

Active ingredient

This spray contains Oxymetazoline Hydrochloride 0.05% w/v.

Also contains: purified water, disodium phosphate, monosodium phosphate, ethanol, methyl hydroxybenzoate (E218), cetrimide, levomenthol, camphor racemic, eucalyptol.

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Manufactured by BCM Ltd Nottingham NG2 3AA for the MAH: The Boots Company PLC Nottingham NG2 3AA

If you need more advice ask your pharmacist.

22 ml e

Lot:

Use By:

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