

## PATIENT INFORMATION LEAFLET

# Boots Glycerin Honey & Lemon Linctus Glycerol, Honey, Sucrose

✓ **Soothes and relieves coughs and sore throat**  
**200 ml**

**Read all of this label for full instructions.**

**Uses:** A linctus which soothes and relieves the symptoms of sore throats and coughs.

## Before you take

### X Do not take:

- If you are allergic or have any intolerance to any of the ingredients in this medicine

## Warnings and precautions

Contains 5.2 g sucrose and 0.8 g glucose per 10 ml dose. This should be taken into account if you have diabetes. This medicine may be harmful to the teeth. This medicine contains 20 mg of benzoic acid in each 10 ml dose. Benzoic acid may increase jaundice (yellowing of skin and eyes) in new born babies (up to 4 weeks old).

This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'

You can take this medicine if you are pregnant or breastfeeding.

## ✓ How to take this medicine

Check the cap seal is not broken before first use. If it is, do not take the medicine.

**Adults and children of 12 years and over:** Two 5 ml spoonfuls. Swallow this amount 3 or 4 times a day, if you need to.

**Children of 5 to 11 years:** One 5 ml spoonful. Give this amount to your child to swallow 3 or 4 times a day, if you need to.

**Children of 1 to 4 years:** Half a 5 ml spoonful. Give this amount to your child to swallow 3 or 4 times a day, if you need to.

**Do not give to children under 1 year.**

If symptoms do not go away talk to your pharmacist or doctor.

**If you take or give too much: Talk to a pharmacist or doctor.**

## Possible side effects

Most people will not have problems.

**! If you get any of these serious side effects, stop taking the medicine. See a doctor at once:**

- Difficulty in breathing, swelling of the face, neck, tongue or throat (severe allergic reactions)

## Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this label. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search MHRA Yellow card in the

Google Play or Apple App store. By reporting side effects you can help provide more information on the safety of this medicine.

**Keep all medicines out of the sight and reach of children.**

**Use by the date on the label edge.**

### **Active ingredients**

Each 5 ml of liquid contains Glycerol (E422) 0.75ml, Honey 1.11 g (0.4 g as glucose), Liquid Sugar 2.2 ml.

Also contains: purified water, citric acid, benzoic acid (E210), lemon oil, distilled lime oil, terpeneless lemon oil.

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Manufactured by BCM Ltd Nottingham NG2 3AA for the MAH: The Boots Company PLC Nottingham NG2 3AA

If you need more advice ask your pharmacist.