1. What Alimemazine Tablets are and what they are used for

The name of your medicine is Alimemazine Tartrate 10mg Film Coated Tablets (called alimemazine tablets throughout this leaflet). It contains the active ingredient alimemazine tartrate and belongs to a group of medicines called phenothiazines. It works by blocking a natural substance (histamine) that your body makes during an allergic reaction. It also works directly on the brain to help you feel more relaxed.

What Alimemazine Tablets are used for

- To treat itching (pruritus) or an itchy, lumpy rash (urticaria)
- As a sedative for children aged between 2 and 7 years. This is a medicine given to reduce awareness or make the child feel relaxed and at ease before an operation

2. What you need to know before you take Alimemazine Tablets

Do not take alimemazine tablets if:

× You are allergic (hypersensitive) to:
  - alimemazine tartrate or any of the other ingredients of this medicine (listed in section 6).
  - any other similar medicines (phenothiazines) such as chlorpromazine.
  The signs of an allergic reaction include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.

× You have liver or kidney problems.
× You have epilepsy.
× You have Parkinson’s disease.
× You have thyroid problems (hypothyroidism).
× You have a tumour on the adrenal gland (called phaeochromocytoma).
× You have myasthenia gravis (a form of muscle weakness).
× You have an enlarged prostate gland.
× You have increased pressure in the eye (called narrow angle glaucoma).
× You have a history of a blood or bone marrow disorder called agranulocytosis.

Children

Alimemazine should not be used in children less than 2 years old.

Do not take this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before taking alimemazine tablets.
Warnings and precautions
Talk to your doctor or pharmacist before taking alimemazine tablets if:
- You have heart problems.
- You have fits (epilepsy).
- You are elderly and are dehydrated or have been told you have a low blood volume.
- You are elderly and have had constipation for some time.
- You are an elderly male and have problems when passing water (urine).
- You are elderly and it is very hot or cold. Your body may find it harder to control its temperature when taking this medicine.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking alimemazine tablets.

Other medicines and alimemazine tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes medicines you can buy without prescription, including herbal medicines. This is because alimemazine tablets can affect the way some medicines work. Also some medicines can affect the way alimemazine tablets work.

In particular, tell your doctor or pharmacist if you are taking any of the following:
- Medicines to help you sleep or lower your anxiety.
- Lithium – used to treat some types of mental illness.
- Amphetamine – used for Attention Deficit Hyperactivity Disorder (ADHD).
- Phenobarbital – used for epilepsy.
- Adrenaline – used for life threatening allergic reactions.
- Medicines for Parkinson’s disease such as levodopa.
- Medicines for depression.
- Medicines for severe pain (such as codeine or morphine).
- Medicines for diabetes. Your doctor may need to change the dose of your medicine.
- Medicines for high blood pressure such as doxazosin, terazosin, guanethidine or donidine.
- Medicines for indigestion and heartburn (antacids).
- Anticholinergic medicines – includes some medicines used for irritable bowel syndrome, asthma or incontinence.

Alimemazine tablets with alcohol
Do not drink alcohol or take any medicines containing alcohol while you are taking alimemazine tablets. This is because alcohol can increase the chances of you getting side effects. It can also cause serious breathing difficulties.

Pregnancy and breast-feeding
If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

You should not take alimemazine tablets if you are breast-feeding. This is because small amounts may pass into mothers’ milk. This can be harmful to your baby.

If you are breast-feeding or planning to breast-feed, talk to your doctor or pharmacist before taking any medicine.

Driving and using machines
You may feel drowsy or sleepy while taking this medicine. If this happens, do not drive or use any tools or machines.

Alimemazine tablets contain lactose
If you have been told by your doctor that you cannot tolerate some sugars, talk to your doctor before taking alimemazine tablets.

3. HOW TO TAKE ALIMEMAZINE TABLETS
Always take this medicine exactly as your doctor has told you.
Check with your doctor or pharmacist if you are not sure.

Taking this medicine
- Take this medicine by mouth.
- Do not touch the tablets for any longer than is necessary. This can cause skin redness, swelling and itching (contact skin sensitisation).
5. How to store alimemazine tablets

If you have any further questions, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Stop taking alimemazine tablets and see a doctor or go to a hospital straight away if you notice any of the following side effects:

- An allergic reaction. The signs may include: a rash, swallowing or breathing problems, swelling of your lips, face, throat or tongue.
- Liver problems that may cause the eyes or skin to go yellow (jaundice).
- High temperature, sweating, stiff muscles, fast heartbeat, fast breathing and feel confused, drowsy or agitated. These could be signs of a serious side effect called 'neuroleptic malignant syndrome'.
- Very fast, uneven or forceful heartbeat (palpitations). You may also have breathing problems such as wheezing, shortness of breath, tightness in the chest and chest pain.
- Convulsions/fits and movements that you cannot control, mainly of the tongue, mouth, jaw, arms and legs.
- You may get infections more easily than normal such as fever, severe chills, sore throat or mouth ulcers. These could be signs of a blood problem.

Tell a pharmacist or doctor as soon as possible if you have any of the following side effects:

- Breathing more slowly or less deeply than normal.
- Feeling restless and not being able to keep still.
- Changes in skin or eye colour.
- Problems with your eyesight.
1. WHAT ALIMEMAZINE TABLETS ARE USED FOR

Alimemazine tablets contain each tablet 10mg of the active ingredient, alimemazine tartrate.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE ALIMEMAZINE TABLETS

Always take this medicine exactly as your doctor or pharmacist tells you. Take it with food or milk if you find it difficult to swallow. The usual dose is:

- As a sedative: 1 tablet at bedtime, or 2 tablets if needed
- For itching or an itchy, lumpy rash: 1 tablet at bedtime
- For problems with your eyesight: 3 tablets each day

3. HOW TO TAKE ALIMEMAZINE TABLETS

Take this medicine by mouth. Do not chew or break the tablets. Do not take more than the recommended dose.

4. POSSIBLE SIDE EFFECTS

- Common side effects include dizziness, light-headedness, drowsiness, dry mouth, constipation and difficulty in passing urine. These are usually mild and do not usually require medical attention.
- Less common side effects include changes in skin or eye colour, skin rash, breathing more slowly or less deeply, breathing problems, swelling of your throat or mouth ulcers. These could be serious side effects and you should see or contact your doctor or pharmacist immediately.

5. HOW TO STORE ALIMEMAZINE TABLETS

- Protect from light.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use.
- Keep out of the sight and reach of children.
- Do not use alimemazine tablets after the expiry date which is stated on the carton and blister after ‘EXP’. The expiry date refers to the last day of that month.
- Store below 30°C.
- Do not take a double dose to make up for a missed one.
- Do not drive or use any tools or machines if you feel drowsy.

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What alimemazine tablets contain

- Each tablet contains 10mg of the active ingredient, alimemazine tartrate.
- The other ingredients are: microcrystalline cellulose, lactose monohydrate (spray-dried), colloidal anhydrous silica, magnesium stearate, sodium starch glycollate, hypromellose, polyethylene glycol 300, blue opaspray M-1-4229 (purified water EP, indigo carmine, titanium dioxide, industrial methylated spirits 74).

What alimemazine tablets look like and contents of the pack

The tablets are dark blue, circular, biconvex and film coated with a bevelled edge. One side of the tablet is marked V/10 and the other side is plain.

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