2. Before you use Tavegil Tablets carefully to get the best results.

This medicine is available without a prescription. However, you still need to use Tavegil Tablets carefully to get the best results.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:
1. What Tavegil Tablets are and what they are used for
2. Before you take Tavegil Tablets
3. How to take Tavegil Tablets
4. Possible side effects
5. Further information

1. WHAT TAVEGIL TABLETS ARE AND WHAT THEY ARE USED FOR

Tavegil Tablets contain clemastine 1 mg as the active ingredient, which belongs to a group of antihistamines. Tavegil Tablets are used to treat:
• allergic rhinitis (inflammation of the nasal mucous membranes) including hay fever, perennial rhinitis and vasomotor rhinitis.
• allergic skin disease (dermatoses), including pruritus (intense itching), atopic eczema and contact dermatitis.
• angioneurotic oedema (rapid swelling of the skin, mucosal tissues, internal organs or lining and drug allergy).

2. BEFORE YOU TAKE TAVEGIL TABLETS

Do not take Tavegil Tablets if you have:
• an allergy (hypersensitivity) to any of the ingredients of Tavegil Tablets (see Section 6 and Section 2. “Important information about some of the ingredients of Tavegil Tablets”).
• an allergy (hypersensitivity) to other aryalkylamine antihistamines (ask your doctor if you are unsure what these are).
• Porphyria, a metabolism disorder which affects red blood cells and may cause blistering of the skin, abdominal pains and mental problems.

Do not give Tavegil Tablets to children below one year of age.

Take special care with Tavegil Tablets if you have:
• narrow-angle glaucoma (a disease causing pressure behind the eye)
• sensitivity to alcohol (some men feel drowsy after drinking alcohol)

You must contact a doctor if your symptoms worsen or do not improve.

3. HOW TO TAKE TAVEGIL TABLETS

Always take the medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Adults and the Elderly
Take one tablet in the morning and one tablet at night with water.

Driving and using machines
Tavegil Tablets may cause drowsiness and fatigue. Do not drive or operate machinery if you are affected by the tablets in this way.

Important information about some of the ingredients of Tavegil Tablets
Tavegil Tablets contain lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

4. POSSIBLE SIDE EFFECTS

The elderly are more likely to experience adverse effects with this medicine. Carers should be aware that this medicine should not be given to elderly patients with confusion.

The elderly are more likely to experience adverse effects with this medicine. Carers should be aware that this medicine should not be given to elderly patients with confusion.

Antihistamines should be used with caution in children due to the risk of excitability in this special population (see section 4)

Taking other medicines

- Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines, including those obtained without a prescription.

Taking Tavegil Tablets may enhance the effects of drugs that:
• make you drowsy or give you dry mouth (anti-cholinergics)
• treat depression (monoamine-oxidase inhibitors /MAOIs)
• make you drowsy or give you dry mouth (anti-cholinergics)

Taking Tavegil Tablets with food and drink

Like many other antihistamines, Tavegil Tablets may increase the effects of alcohol.
Do not consume alcohol whilst taking Tavegil Tablets.

Pregnancy and breast-feeding

Do not take Tavegil Tablets if you are pregnant, intending to get pregnant, or if you are breast-feeding.

Ask your doctor or pharmacist for advice before taking any medicine.

Taking Tavegil Tablets

- Do not take Tavegil Tablets if you are pregnant, intending to get pregnant, or if you are breast-feeding.
- Ask your doctor or pharmacist for advice before taking any medicine.
- Driving and using machines
  Tavegil Tablets may cause drowsiness and fatigue. Do not drive or operate machinery if you are affected by the tablets in this way.

3. HOW TO TAKE TAVEGIL TABLETS

Always take the medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Adults and the Elderly
Take one tablet in the morning and one tablet at night with water.
In individual cases the dose may be increased to 6 tablets daily if necessary. Your doctor will tell you if you need to increase the dose.
Do not exceed the recommended dose.

- Do not exceed the recommended dose.
- Tell your doctor or pharmacist if you are taking any other medicines, including those obtained without a prescription.

Taking Tavegil Tablets may enhance the effects of drugs that:
• make you drowsy or give you dry mouth (anti-cholinergics)
• treat depression (monoamine-oxidase inhibitors /MAOIs)
• make you drowsy or give you dry mouth (anti-cholinergics)

Taking Tavegil Tablets with food and drink

Like many other antihistamines, Tavegil Tablets may increase the effects of alcohol.
Do not consume alcohol whilst taking Tavegil Tablets.
4. POSSIBLE SIDE EFFECTS

Like all medicines, Tavegil Tablets can cause side effects, although not everybody gets them.

STOP taking Tavegil and seek medical help immediately if you have any of the following which may be signs of an allergic reaction:
- Difficulty in breathing or swallowing.
- Swelling of the face, lips, tongue or throat.
- Severe itching of the skin, with a red rash or raised bumps.

Other possible side effects:
- Headache, excitability, upset stomach, nausea, dry mouth, skin rash, allergic reactions.
- Constipation, rapid heart beat, palpitations.
- Fatigue and Drowsiness.

Common side effects (affecting 1 to 10 users in 100):
- Constipation, dry mouth, dizziness.
- Headache, upset stomach and rapid heart beat may also develop.

Uncommon side effects (affecting 1 to 10 users in 1,000):
- Tachycardia.
- Fatigue and Drowsiness.

Rare side effects (affecting 1 to 10 users in 10,000):
- Stomatitis.
- Dizziness.
- Headache, excitability, upset stomach, nausea, dry mouth, skin rash, allergic reactions.
- Constipation, rapid heart beat, palpitations.

In general, these side effects may lessen if the dose is reduced.

Report the side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card scheme at www.mhra.gov.uk/yellowcard or search for the MHRA Yellow Card in the Google Play or Apple App Store.

If any of the side effects gets serious, or if you have any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE TAVEGIL TABLETS

Keep out of the reach and sight of children. This medicine does not require any special temperature storage conditions. Do not use Tavegil Tablets after the expiry 'EXP' date which is stated on the blister and the carton. The 'EXP' date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Tavegil Tablets contain

The active substance of Tavegil is clemastine (as hydrogen fumarate). Each tablet contains 1 mg of clemastine.

The other ingredients are: lactose, polyvinylpyrrolidone, maize starch, talc, magnesium stearate, purified water.

(for further information about the ingredients see end of Section 2)

What Tavegil Tablets look like and contents of the pack

Tavegil Tablets are white, uncoated, round tablets, 7 mm in diameter with bevelled edges, smooth on one side and marked with "OT" and scored with a single breakline on the other.

Tavegil tablets are available in:
- blister packs of 50 or 60 tablets.
- pack of 120 tablets in a box with a blister strip of 50 or 60 films.
- pack of 60 tablets in a box with a blister strip of 10 films.

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