



Neutrogena® T/Gel®

Therapeutic Shampoo

Neutar™ Solubilised Coal Tar Extract

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your pharmacist.
- If you get any side-effects, talk to your doctor or pharmacist. This includes any possible side-effects not listed in this leaflet. Section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after two days.

What is in this leaflet:

1. What the medicine is and what it is used for.
2. What you need to know before using this medicine.
3. How to use this medicine.
4. Possible side-effects.
5. How to store this medicine.
6. Further information.

1 What the medicine is and what it is used for

Neutrogena® T/Gel® Therapeutic Shampoo is a fragranced medicated shampoo which should be used two or three times a week, for the treatment of itchy, flaky scalp disorders such as dandruff, psoriasis and seborrhoeic dermatitis. Regular use for up to 6 weeks will help to control these problems.

The shampoo can be used by adults and children aged 12 years and over.

2 What you need to know before using Neutrogena® T/Gel® Therapeutic Shampoo

X Do not use Neutrogena® T/Gel® Therapeutic Shampoo:

- In children less than 12 years old.
- If you have had a bad reaction to coal tar or any ingredients in this product.
- If you have inflamed or broken skin.
- If you have a rare and severe form of psoriasis causing redness, inflammation and blistering of the skin (erythrodermic or pustular psoriasis).

⚠ Special Warnings about this product

- If contact with eyes occurs rinse thoroughly with water.
- Coal tar may cause your skin to react to sunlight after use, so you should avoid direct sunlight immediately after use.
- In rare cases, there may be temporary discolouration of grey, blonde, bleached or tinted hair.
- If irritation develops, discontinue use.

If any of the above applies to you, talk to your doctor or pharmacist.

⚠ Pregnancy and Breast-feeding

If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

⚠ Some of the ingredients can cause problems

- Methyl (E218) and Propyl (E216) parahydroxybenzoate may cause allergic reactions which could be delayed.
- This medicine contains fragrances with the following components which may cause allergic reactions: Alpha-Isomethyl-ionone, Amyl Cinnamal, AmylCinnamyl Alcohol, Benzyl Benzoate, Benzyl Cinnamate, Benzyl Salicylate, Cinnamal, Cinnamyl Alcohol, Citral, Citronellol, Eugenol, Farnesol, Geraniol, Hexyl Cinnamal, Hydroxycitronellal, Isoeugenol, Limonene and Linalool.
- Esters of benzoic acid, benzyl benzoate and butylated hydroxytoluene (E321) may cause local skin reactions (e.g. contact dermatitis), or irritation to the eyes and mucous membranes.



3 How to use Neutrogena® T/Gel® Therapeutic Shampoo

Use this medicine only on your scalp.

Applying the Shampoo

- 1) Wet hair thoroughly.
- 2) Apply liberal amounts of shampoo and massage into the scalp to form a rich lather.
- 3) Leave the lather on the scalp for several minutes.
- 4) Rinse and repeat the application once more.
- 5) Rinse thoroughly, avoiding contact with eyes.

i Children under 12 years of age

Should not be used by children under 12 years of age.

i Adults and children aged 12 years and over

Apply the shampoo as described above two or three times a week.

- Treatment should last about 6 weeks. If there is no improvement after 6 weeks consult your doctor or pharmacist.
- If irritation develops, stop using the shampoo and contact your doctor if necessary.

⚠ If you anyone has swallowed this product

If you or your child accidentally swallows Neutrogena® T/Gel® Therapeutic Shampoo, contact a doctor or your nearest accident and emergency department (Casualty) right away, taking this pack with you.

4 Possible side-effects

Like all medicines, this product can cause side-effects, although not everybody gets them.

Effects which may occur include:

- Swelling of the face, lips, mouth, tongue or throat which may cause difficulty in swallowing or breathing.
- Allergic reactions including itchy rash and sensitivity to light.
- Dry hair, hair loss or changes in hair colour.
- Eye or skin irritation, burning sensation, itching, dry scalp, acne like breakouts or rash.

⚠ Reporting of side-effects

If you get any side-effects, talk to your doctor, pharmacist or nurse. This includes any possible side-effects not listed in this leaflet. You can also report side-effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple Store. By reporting side-effects you can help provide more information on the safety of this medicine.

5 How to store Neutrogena® T/Gel® Therapeutic Shampoo

Keep this medicine out of the sight and reach of children.

Do not use the shampoo after the expiry date printed on the carton. The expiry date refers to the last day of that month. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

Do not store this product above 25°C.

Store away from direct sunlight.

6 Further information

What's in this medicine?

The active ingredients is: Neutar™ Solubilised Coal Tar Extract 20 mg/ml.

Other ingredients are:

Macrogol lauryl ether (4), Sodium lauryl ether sulfate, Cocodiethanolamide, Cocamidopropylbetaine, Imidazolidinyl urea, Methyl parahydroxybenzoate (E218), Propyl parahydroxybenzoate (E216), Tetrasodium EDTA, Citric acid anhydrous, Perfume (contains esters of benzoic acid, benzyl benzoate, butylated hydroxytoluene (E321) and other known allergens [refer to section 2]), Sodium chloride and Purified water.

What the medicine looks like and contents of the pack

Neutrogena® T/Gel® Therapeutic Shampoo is a translucent amber solution.

This product is available in pack sizes of 125 ml, 250 ml and 2 x 250 ml. Not all pack sizes may be marketed.

Marketing Authorisation holder:

Johnson & Johnson Limited, 50 - 100 Holmers Farm Way, High Wycombe, Buckinghamshire, HP12 4EG, UK.

Manufacturer:

Purna Pharmaceuticals NV, Rijksweg 17, 2870 Puurs, Belgium.

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