

## Patient leaflet: Information for the patient

### Phenoxybenzamine 10mg Capsules

phenoxybenzamine hydrochloride

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Phenoxybenzamine 10mg capsules are and what they are used for
2. What you need to know before you take Phenoxybenzamine 10mg capsules
3. How to take Phenoxybenzamine 10mg capsules
4. Possible side effects
5. How to store Phenoxybenzamine 10mg capsules
6. Contents of the pack and other information

#### **1. What Phenoxybenzamine 10mg capsules are and what are they used for**

Phenoxybenzamine 10mg capsules belong to a group of medicines known as alpha blockers. These interfere with messages sent through nerves to control blood pressure.

Phenoxybenzamine 10mg capsules are used to treat high blood pressure caused by a tumour of the adrenal glands called phaeochromocytoma. There are two adrenal glands, one on top of each kidney. In phaeochromocytoma, certain substances are released from the adrenal glands into the bloodstream in large quantities, causing high blood pressure.

Your medicine is normally used when other alternative treatments are not appropriate.

#### **2. What you need to know before you take Phenoxybenzamine 10mg capsules**

##### **Do not take Phenoxybenzamine 10mg capsules:**

- if you are allergic to phenoxybenzamine hydrochloride or any of the other ingredients (listed in Section 6), or to any other medicine that is used to lower blood pressure
- if you have ever had a stroke
- if you have had a heart attack (coronary thrombosis) within the last month.

Speak to your doctor before you take this medicine if one of these applies to you.

#### **Warnings and precautions**

Talk to your doctor or pharmacist before taking Phenoxybenzamine 10mg capsules if:

- You are being treated for shock, or your blood pressure is abnormally low and unable to maintain an adequate supply of blood around your body
- You have rapid heartbeat
- You have angina (chest pains)
- You know that you have heart disease or heart failure (e.g. swelling of the ankles)

- You know that you have thickening of the arteries including those in the brain
- You have ever had kidney problems which damaged your kidneys. Speak to your doctor before you take this medicine if one of these applies to you.

**Other medicines and Phenoxybenzamine 10mg capsules:**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. The effects of any of these medicines may change when taken with Phenoxybenzamine. It is particularly important to tell your doctor or pharmacist if you are taking any treatments for heart problems or blood pressure such as: beta-blockers (e.g. atenolol, bisoprolol), ACE inhibitors (e.g. captopril, enalapril), and calcium channel blockers (e.g. amlodipine, lacidipine).

**Pregnancy and breast feeding:**

Ask your doctor or pharmacist for advice before taking any medicines.

Phenoxybenzamine 10mg capsules should not be taken if you are pregnant, think you are pregnant or are planning to become pregnant, or if you are breast feeding.

**Driving and using machines:**

Phenoxybenzamine 10mg capsules may make you feel dizzy or lightheaded. If this happens to you, speak to your doctor before you drive or use machines.

**Phenoxybenzamine 10mg capsules contains lactose:**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

**3. How to take Phenoxybenzamine 10mg capsules**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

It is important to take your medicine at the right time.

The capsules should be swallowed with a glass of water.

Adults will normally begin with a dose of 1 capsule a day.

Elderly patients may require a lower dose.

**Use in children**

Phenoxybenzamine 10mg capsules are not usually used in children, but when needed, the dose is calculated according to the child's weight.

Your doctor may change your dose depending on the effect of this treatment, or may give you another medicine to take as well.

Once you have started to take this medicine, your doctor will see you at regular intervals to monitor the effect and will tell you how long you need to take the capsules for.

**If you take more Phenoxybenzamine 10mg capsules than you should:**

If you take more capsules than you should, contact your doctor or nearest hospital immediately. Take any remaining capsules or this leaflet with you so the medical staff know exactly what you have taken.

**If you forget to take your Phenoxybenzamine 10mg capsules:**

If you forget to take a dose, take the next capsule as soon as you remember, and then go on as before. It is very important, however, in order for your medicine to work, that doses are not forgotten.

Do not take double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them. These may include:

- Lightheadedness, dizziness and a fast heart beat when you stand up suddenly after sitting or lying down
- Blocked nose
- Stomach upset or diarrhoea
- Failure to ejaculate during intercourse
- Narrowing of the pupil of the eye
- Tiredness or feeling faint.

**If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.**

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via Yellow Card Scheme  
Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store

By reporting side effects you can help provide more information on the safety of this medicine

#### **5. How to store Phenoxybenzamine 10mg capsules**

Keep this medicine out of the sight and reach of children.

Do not use Phenoxybenzamine 10mg capsules if the pack is damaged. Do not use this medicine after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.

Store in the original package in order to protect from light and moisture.

If for any reason, you have any medicine left after your treatment, return it to your pharmacist.

#### **Remember:**

This medicine is for you. Only a doctor can prescribe it for you. Never give this medicine to someone else; it could harm them, even if their symptoms seem the same as yours.

#### **6. Contents of the pack and other information**

##### **What Phenoxybenzamine 10mg capsules Contain:**

The active substance is Phenoxybenzamine hydrochloride and each capsule contains 10mg of this substance.

The other ingredients are gelatin, lactose, talc, titanium dioxide (E171), indigotin (E132), erythrosine (E127), and edible grey ink.

**What Phenoxybenzamine 10mg capsules look like and contents of the pack:**

Phenoxybenzamine 10mg Capsules are size no. three hard gelatin capsule with opaque body and a clear red cap, both printed with 'P10' in grey. The capsules are filled with a white powder. They are usually supplied in blister packs of 30 capsules in a carton.

**Marketing Authorisation Holder:**

Mercury Pharmaceuticals Ltd, Dashwood House, 69 Old Broad Street, London, EC2M 1QS,  
United Kingdom

**Manufacturer:**

Dales Pharmaceuticals Ltd., Snaygill Industrial Estate, Keighley Road, Skipton, North Yorkshire,  
BD23 2RW

Alternate Manufacturer:

Central Pharma (Contract packing) Limited, Caxton Road, Bedford , MK41 0XZ, UK

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