Omeprazole 10mg and 20mg Gastro-resistant capsules
Approved for Prescription

Omeprazole capsules contain sucrose. If you have diabetes, you should check with your doctor or pharmacist if you are not sure.

Doses:

- Adults: Omeprazole can be used for up to 4 weeks (duodenal ulcer) or stomach (gastric ulcer), and longer if you have reflux disease.
- In children: Omeprazole can be used for up to 8 weeks.

What Omeprazole capsules are and what they are used for

Omeprazole capsules contain the active substance omeprazole. It belongs to a group of medicines called proton pump inhibitors. They work by reducing the amount of acid that your stomach makes.

Omeprazole is used to treat the following conditions:

- In adults:
  - Gastro-esophageal reflux disease (GERD), also known as heartburn.
  - Ulcers caused by medicines called NSAIDs (Non-Steroidal Anti-Inflammatory Drugs).
  - Ulcers which are infected with bacteria (Helicobacter pylori).
  - Inflammatory bowel disease.
  - Gastritis.
  - Duodenal ulcer.
  - Gastric ulcer.

- In children:
  - Reflux esophagitis.
  - Gastro-esophageal reflux disease (GERD).
  - Ulcers caused by medicines called NSAIDs (Non-Steroidal Anti-Inflammatory Drugs).
  - Ulcers which are infected with bacteria (Helicobacter pylori).
  - Gastritis.

What you need to know before you take Omeprazole capsules

Before you start taking this medicine because it might affect the way other medicines work. Some medicines can have an effect on the way other medicines work, or the other medicine might have an effect on the way Omeprazole works.

Tell your doctor or pharmacist if you are taking, have taken, or might take any of the following medicines:

- Aspirin (Non-Steroidal Anti-Inflammatory Drugs): 
- Ibuprofen
- Naproxen
- Piroxicam
- Ketoprofen
- Diclofenac
- Celecoxib
- Ketorolac
- Naproxen sodium
- Celebrex
- Diclofenac sodium
- Medroxyprogesterone acetate (used for HIV infection)
- Estrogen

Other medicines and Omeprazole capsules

Tell your doctor or pharmacist if you are taking, have taken, or might take any other medicines. This is because Omeprazole can affect the way some other medicines work and some medicines can have an effect on Omeprazole.

Do not take Omeprazole if you are taking a medicine called warfarin (also known as Coumadin) or aspirin.

Tell your doctor if you are taking or planning to take any of the following medicines:

- Amoxicillin and clarithromycin (to treat infections)
- Cefuroxime and clarithromycin and metronidazole.
- Proton pump inhibitors (PPI) (e.g. pantoprazole, rabeprazole, esomeprazole, lansoprazole), taking a medicine containing an H2 receptor antagonist (e.g. ranitidine) or taking a medicine containing a histamine type 2 receptor antagonist (e.g. famotidine).

The recommended dose is 20mg once a day for 4 weeks.

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How to take Omeprazole capsules

Take the medicine with food or a glass of water, but don’t crush or break the tablets. Take it at the same time each day to help you remember to take it. If you forget to take a dose, take it as soon as you remember. If you miss two doses, take it as soon as you remember. If you miss three doses, ask your doctor for advice before taking this medicine.

Driving and using machines

Driving and using machines

Omeprazole may sometimes cause tiredness or dizziness. This may affect your ability to drive or use any tools or machines. If any of these symptoms occur, do not drive or operate any machines.

Omeprazole capsules contain sucrose, so if you are diabetic, you should check with your doctor or pharmacist.

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Feeling sick (nausea) or being sick
Diarrhoea, stomach pain, constipation, wind
Common side effects (may affect up to 1 in 10,000 people)
• Shortness of breath, tiredness, dizziness, fever, chills
• Yellow skin, dark urine and tiredness which can be symptoms of liver failure.
• Severe liver problems leading to liver failure (in 1,000 people)
• Seeing, feeling or hearing things that are not there (hallucinations). This can cause confusion.
• Severe joint pain, muscle weakness, cramps, fatigue or muscle weakness.
• Feeling agitated, confused or depressed.
• Severe bleeding or bruising.
• Low levels of magnesium which may cause tiredness.
• Increased risk of fracture of the hip, wrist or spine.
• Generally feeling unwell and lacking energy.
• Joint pains (arthralgia) or muscle pains (myalgia).

Rare side effects (may affect up to 1 in 1,000 people)
• Feeding difficulties in newborns (severe)
• Severe allergic reactions (anaphylaxis).
• Joint swelling due to a rare condition called ‘vasculitis’.

Uncommon side effects (may affect up to 1 in 100 people)
• Increased sweating.
• Joint pains (arthralgia) or muscle pains (myalgia).
• Skin rash on exposure to sunshine.
• Hair loss (alopecia).
• Dry mouth.

Common side effects (may affect up to 1 in 10 people)
• Feeling agitated, confused or depressed.
• Feeling sick (nausea) or being sick
• Diarrhoea, stomach pain, constipation, wind

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