What is in this leaflet:
• If you get any side effects, talk to your doctor.
• Oral contraceptives (as irregular periods and
  spotting) may occur.
• Antidepressants including tricyclic antidepressants,
  Cimetidine (used to treat stomach ulcers).
• Rifampicin (an antibiotic).
• Tell your doctor or pharmacist about the following:
  • Rifampicin (an antibiotic).
  • Caffeine

What to take before you take Terbinafine tablets
• If you are breast-feeding, you should not take Terbinafine tablets unless your doctor decides it is necessary. You must only take Terbinafine tablets according to your doctor’s instructions.

Driving and using machines

Pregnancy and breast-feeding
• If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

What Terbinafine tablets are and what they are used for
Terbinafine belongs to a group of medicines called antifungal drugs. Terbinafine tablets are used for the treatment of fungal infections of:
• The skin (ringworm).
• Toes and fingernails (yellow, opaque and thickened nails).
• The feet (athlete’s foot).

What you need to know before you take Terbinafine tablets
Do not take Terbinafine tablets if you:
• are allergic to terbinafine or any of the other ingredients of this medicine (listed in section 6).
• have had liver problems.
• are breast-feeding.

Warnings and precautions
Talk to your doctor or pharmacist before taking Terbinafine tablets if you:
• are pregnant or trying to become pregnant.
• have any problems with your kidneys or liver.
• have psoriasis (scaling skin disease).
• have systemic lupus erythematosus (SLE) (auto-immune disorder, affecting the skin, joints, kidneys & brain), as it may worsen whilst you are taking Terbinafine tablets.

Do not take a double dose to make up for a forgotten dose. If you forget to take a dose, take it as soon as you remember it and then take the next dose at the right time.

What to store Terbinafine tablets
Contents of the pack and other information

How to store Terbinafine tablets

How to take Terbinafine tablets

Possible side effects

Terbinafine tablets

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**Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**Some side effects can be serious**

Stop taking the tablets and tell your doctor immediately if you notice any of the following rare symptoms:

- Yellowing of your skin or eyes.
- Unusually dark urine or pale faeces, unexplained persistent nausea, stomach problems, loss of appetite or unusual tiredness.
- Signs of liver problems, increase in liver enzymes which may be noted on a blood test result.
- Severe skin reactions including rash, light sensitivity, blistering or weal.
- Weakness, unusual bleeding or bruising, abnormal pale skin, unusual tiredness, or weakness or breathing problems.
- Difficulty breathing, dizziness, swelling mainly of the face and throat, flushing, cramping abdominal pain, stiffness, rash, fever or swollen/engorged lymph nodes.
- Symptoms such as rash, fever, itching, tiredness or if you notice appearance of purplish spots under the skin surface (signs of blood vessel inflammation).
- Severe upper stomach pain which spreads to the back (possible signs of pancreas inflammation).
- Unexplained muscle weakness or pain, or dark (red/brown) urine (possible signs of muscle breakdown).

**Other side effects**

Tell your doctor if you notice any of the following side effects or any other effects not listed:

**Very common** (may affect more than 1 in 10 people)

- Stomach problems such as loss of appetite, ache, indigestion, feeling bloated or sick
- Dizziness
- Itching, rash or swelling
- Pain in the muscles and joints

**Common** (may affect up to 1 in 10 people)

- Headache

**Uncommon** (may affect up to 1 in 100 people)

- Taste loss and taste disturbance. This usually disappears within several weeks after you stop taking the medicine. However, a very small number of people, (less than 1 in 10,000), have reported that the taste disturbance lasts for some time and, as a result, they go off their food and lose weight. There have also been reports of some people experiencing anxiety or symptoms of depression as a result of these taste disturbances.

**Rare** (may affect up to 1 in 1,000 people)

- Feeling unwell, dizzy
- Numbness or tingling

**Very rare** (may affect up to 1 in 10,000 people)

- Feeling tired
- Decrease in the number of some blood cells. You may notice that you seem to bleed or bruise more easily than normal, or you may catch infections easily and these might be more severe than usual.
- Pniosis like skin eruptions, or worsening of any psoriasis including a rash or eruption of small pus containing blisters
- Vertigo
- Hair loss
- Onset or worsening of a condition called lupus (a long-term illness with symptoms including skin rash and pain in the muscles and joints)

Not known (frequency cannot be estimated from the available data)

- Signs of blood disorders: weakness, unusual bleeding, bruising or frequent infections.
- Anxiety and depressive symptoms.
- Disorders of sense of smell which may be permanent, impaired hearing, hoarseness or ringing in the ears, flu-like symptoms, increase in blood of a muscle enzyme called creatine phosphokinase (may be found on a blood test), reduced or blurred vision.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**Contents of the pack and other information**

**What Terbinafine tablets contain**

- The active substance is terbinafine as terbinafine hydrochloride. Each tablet contains 250mg of the active substance.
- The other ingredients are microcrystalline cellulose, croscarmellose sodium, anhydrous colloidal silica, hypromellose and magnesium stearate.

**What Terbinafine tablets look like and contents of the pack**

Terbinafine tablets are white, round, flat tablets, scored on both sides with side scores and marked with “T” above and “1” below the score on one side. Terbinafine tablets are available in the following blister pack sizes: 14 and 28.

**Marketing Authorisation Holder**

Accord, Barnstaple, EX32 8NS, UK.

**Manufacturer:**

Actavis Ltd, BLB 015-016 Bulebel Industrial Estate, Zejtun ZTN 3000, Malta.

This leaflet was last revised in July 2019.