

## **PACKAGE LEAFLET: INFORMATION FOR THE USER**

### **Dermacort Hydrocortisone Cream**

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet:**

1. What Dermacort is and what it is used for
2. What you need to know before you use Dermacort
3. How to use Dermacort
4. Possible side effects
5. How to store Dermacort
6. Contents of the pack and other information

#### **1. WHAT DERMACORT IS AND WHAT IT IS USED FOR**

The name of the medicine is Dermacort. The active ingredient is 0.1% Hydrocortisone, in a lanolin-free cream base that is quickly absorbed into the skin to treat the irritation that causes itching. Dermacort reduces swelling and redness and allows healing. Dermacort can be used for the treatment of skin irritations, dermatitis and rashes due to reactions to plants, insect bites, jewellery, toiletries, deodorants, soaps and detergents. It may also be used for the treatment of mild to moderate eczema.

#### **2. WHAT YOU NEED TO KNOW BEFORE YOU USE DERMACORT**

##### **Do not use Dermacort:**

- if you are allergic to hydrocortisone or any of the other ingredients of this medicine (listed in section 6).
- on the eyes or face
- on the ano-genital region
- on broken or infected skin, including cold sores, acne and athlete's foot

##### **Warnings and precautions**

Talk to your doctor, pharmacist or nurse before using Dermacort.

Do not smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build- up but not totally remove it.

If your condition worsens during use consult a pharmacist or doctor – you may be experiencing an allergic reaction, have an infection or your condition requires a different treatment.

If you experience a recurrence of your condition shortly after stopping treatment, within 2 weeks, do not restart using the cream/ointment without consulting a pharmacist or doctor. If your condition has resolved and on recurrence the redness extends beyond the initial treatment area and you experience a burning sensation please seek medical advice before restarting treatment.

### Children

Do not use in children under 10 years of age without medical advice.

### Pregnancy

Do not use if you think you may be pregnant.

**Important information about some of the ingredients of Dermacort**  
**Dermacort contains propylene glycol which may cause skin irritation.**

**Contact your doctor if you experience blurred vision or other visual disturbances.**

## 3. HOW TO USE DERMACORT

Dermacort is for **EXTERNAL USE ONLY.**

- **Adults and children over 10 years:** Apply a thin layer to cover the affected area once or twice a day.
- You should find that:
  - two fingertips of cream will treat both hands or one foot
  - three fingertips of cream will treat one arm
- You should only apply the cream to the affected area
- Rub in gently until the cream disappears.
- Wash your hands before and after application, unless used for treating the hands



**Do not use Dermacort for more than one week. If the condition does not improve after one week consult your doctor.**

## 4. POSSIBLE SIDE EFFECTS

Like all medicines, this medicine can cause side effects, although not everybody gets them. You may find that your condition gets worse during treatment, you may be allergic to the cream or have a skin infection. **If this happens stop using the cream and contact your doctor or pharmacist as soon as possible.**

### Steroid withdrawal reaction:

If used continuously for prolonged periods a withdrawal reaction may occur on stopping treatment with some or all of the following features: redness of the skin which can extend beyond the initial area treated, a burning or stinging sensation, intense itching, peeling of the skin, oozing open sores.

Uncommon side effect (may affect up to 1 in 100 people)

- Blurred vision

### Reporting of side effects

If you get any side effects, talk to your doctor, nurse or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

## **5. HOW TO STORE DERMACORT**

Keep this medicine out of the sight and reach of children.

Do not use Dermacort after the expiry date which is stamped on the tube and the carton. The expiry date refers to the last day of the month. Dermacort should be stored in a cool, dry place (below 25°C).

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help protect the environment.

## **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

### **What Dermacort contains**

The active substance in Dermacort is 0.1% Hydrocortisone.

The other ingredients are propylene glycol, emulsifying ointment, citric acid and purified water.

The cream does not contain Lanolin.

### **Contents of the pack**

Dermacort is available in packs of 15g.

### **Marketing Authorisation Holder**

#### **Marlborough Pharmaceuticals Ltd.**

Sovereign House, Miles Gray Road, Basildon, Essex SS14 3FR, United Kingdom.

PL 23138/0007

### **Manufacturer**

PHARBIL Waltrop GmbH, Im Wirrigen 25, D-45731, Waltrop, Germany  
Dermacort is a registered trademark.

For information in large print,  
tape, CD or Braille,  
telephone 01279 406759

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