Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor, pharmacist or nurse.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

---

**What is in this leaflet**

1. What Glyceryl Trinitrate tablets are and what they are used for
2. How to take Glyceryl Trinitrate Tablets
3. Possible side effects
4. Contents of the pack and other information

---

**What is Glyceryl Trinitrate tablets**

Glyceryl Trinitrate belongs to a group of medicines called nitrates vasodilators. These medicines work by relaxing the blood vessels of the heart. This reduces the strain on the heart by making it easier to pump blood.

Glyceryl Trinitrate tablets may be used to:
- prevent or stop chest pain caused by angina pectoris
- stop spasms in the blood vessels of the heart.

---

**What you need to know before you take Glyceryl Trinitrate tablets**

Do not take Glyceryl Trinitrate tablets if you:
- are allergic to glyceryl trinitrate, nitrates or any of the ingredients of this medicine (listed in section 6). An allergic reaction may include a rash, itching, difficulty breathing or swelling of the face, lips, throat or tongue.
- have anaemia.
- have raised pressure in your head including that caused by an accident to your head or bleeding on the brain, causing painful eyes, changes in vision and a fast heartbeat especially behind the ear.
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems.
- suffer from a heart condition called hypertrophic obstructive cardiomyopathy.

---

**Possible side effects**

Glyceryl Trinitrate tablets can cause side effects.

---

**Contents of the pack and other information**

- Please note that only Artwork Studio is permitted to make changes to the above artwork. No changes are permitted by any 3rd party other than added notes and mark ups for required changes.
- Please note that only Artwork Studio is permitted to make changes to the above artwork.
- No changes are permitted by any 3rd party other than added notes and mark ups for required changes.
- Revised By:
- Revision Date:
- Originator:
- Proof Round approved for print/date
- Date received:
- Date sent:
- German GTIN 14 (incorporating PZN):
- Children and adolescents
- Do not give this medicine to children.
- Other medicines and Glyceryl Trinitrate Tablets
- Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. Especially:
  - sildenafil (Viagra, tadalafl, Cialis or vardenafil) - a drug used to treat erection problems
  - heparin used to thin the blood
  - n-acetylcysteine - used in paracetamol overdose - long acting nitrates (isosorbid dinitrate, isosorbid mononitrate)
  - medications used to treat high blood pressure
  - medications that can cause dry mouth (antidepressants, diuretics, disopyramide, aspirin and propylthiouracil)
  - epoprostenol used to treat pulmonary disease
  - medications used to treat migraine (ergot alkaloids).
  - Glyceryl Trinitrate tablets with alcohol
    You are advised not to drink alcohol with Glyceryl Trinitrate tablets, as some of the effects of this medicine are increased.
- Pregnancy and breast feeding
  - If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.
- Driving and using machines
  - An glyceryl trinitrate can cause dizziness, you should make sure you are not affected before driving or operating machinery, especially if taken with alcohol.
  - Glyceryl Trinitrate Tablets contain lactose
    If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

---

**Glyceryl Trinitrate All Strengths Tablet PIL - UK**

**Item number:** BBBA9358

**Proof Round:** 01

**Technical Approval**

**Cartons and label leaflets only (labels only when specified)**

**German GTIN 14**

---

**Glyceryl Trinitrate , 100 Tablets BP , 500 & 600 Micrograms - UK**

**JDE No.:** 50994007

**Dimensions:** 130x210 (Reel Fed)

**Component:** Leaflet for Bottles

**Pharmacode:** 4155

**Date Sent:** 28-08-20

**Technologist:** RH

**Accord BST - Packaging Technical**

---

EU-Artwork-Support@accord-healthcare.com
How to take Glyceryl Trinitrate Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Do not swallow the tablets.

The recommended dose is:

**Adults:** Take the tablets sat down when taking to stop angina pectoris. 1 tablet should be placed under the tongue and allowed to dissolve slowly. This dose should be repeated after 5 minutes if symptoms are not relieved. If pain persists after a total of 3 doses in 15 minutes, you should seek medical advice immediately.

**Older people:** When taking to prevent or stop angina pectoris, take the tablets sat down to reduce possible fainting or low blood pressure.

Your doctor will change the dose to suit your condition. If you notice that your tablets are not working as well at relieving pain as they have done, contact your pharmacist or doctor. If you need more tablets than before to help, tell the doctor who will advise what to do.

If you take more Glyceryl Trinitrate Tablets than you should

If you or someone else swallows a lot of tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately. Symptoms of an overdose include being sick, restlessness, low blood pressure, fainting, blueness of the skin, methaemoglobinemia in the blood, breathing difficulties, lack of oxygen in tissues, slow heart beat and mental illness.

Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If any of the following serious side effects happen, stop taking the medicine and tell your doctor immediately or go to your nearest hospital:

- Worsening of angina symptoms, chest pain, hypoxaemia (difficulty breathing, increased rate of breathing), methaemoglobinemia (breathing problems, headache, tiredness), difficulty breathing, blue colouring of the lips, fingers or toes (cyanosis), rapid (bradycardia) heartbeat, blindness in one eye, cerebral ischaemia, which may cause weakness in one arm or leg, or weakness in one entire side of the body, difficulty speaking, slurred speech, loss of coordination, loss of consciousness, allergic skin reactions.

- **Other side effects:**
  - Very common (may affect more than 1 in 10 people)
    - throbbing headache
  - Common (may affect up to 1 in 10 people)
    - dryness, dizziness, drowsiness
  - Uncommon (may affect up to 1 in 100 people)
    - palpitations
  - Rare (may affect up to 1 in 10,000 people)
    - weakness

If you notice that your tablets are not working as well at relieving pain as they have done, contact your pharmacist or doctor. If you need more tablets than before to help, tell the doctor who will advise what to do.

If you take more Glyceryl Trinitrate Tablets than you should

If you or someone else swallows a lot of tablets at the same time, or you think a child may have swallowed any, contact your nearest hospital casualty department or tell your doctor immediately. Symptoms of an overdose include being sick, restlessness, low blood pressure, fainting, blueness of the skin, methaemoglobinemia in the blood, breathing difficulties, lack of oxygen in tissues, slow heart beat and mental illness.

Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If any of the following serious side effects happen, stop taking the medicine and tell your doctor immediately or go to your nearest hospital:

- Worsening of angina symptoms, chest pain, hypoxaemia (difficulty breathing, increased rate of breathing), methaemoglobinemia (breathing problems, headache, tiredness), difficulty breathing, blue colouring of the lips, fingers or toes (cyanosis), rapid (bradycardia) heartbeat, blindness in one eye, cerebral ischaemia, which may cause weakness in one arm or leg, or weakness in one entire side of the body, difficulty speaking, slurred speech, loss of coordination, loss of consciousness, allergic skin reactions.

- **Other side effects:**
  - Very common (may affect more than 1 in 10 people)
    - throbbing headache
  - Common (may affect up to 1 in 10 people)
    - dryness, dizziness, drowsiness
  - Uncommon (may affect up to 1 in 100 people)
    - palpitations
  - Rare (may affect up to 1 in 10,000 people)
    - weakness

When taking to prevent or stop angina

- If pain occurs within 30 minutes of taking the tablets, obtain a fresh supply and return the old tablets to your pharmacist. (Fresh tablets should produce a slight burning sensation when placed under the tongue. If this does not occur, obtain a fresh supply.) In any event do not use the tablets after the expiry date shown.
- Your Glyceryl Trinitrate tablets will be in a glass airtight container with a foil-lined cap. Keep them in this.
- After each use, close the bottle cap tightly.
- Do not put cotton wool, other medicines, or anything else in the bottle with the tablets.
- Store the tablets below 25°C in a dry place, protected from light. (If you need to carry them with you, either in a purse, waistcoat or handbag.)
- Do not use this medicine after the expiry date stated on the bottle. The expiry date refers to the last day of that month. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

Contents of the pack and other information

**What Glyceryl Trinitrate tablets contain**

- The active substance (the ingredient that makes the tablets work) is glyceryl trinitrate BP. Each tablet contains either 0.630mg or 0.635mg of the active ingredient Glyceryl trinitrate 2H adiponitrile which is equivalent to 0.500mgs and 0.500mgs of Glyceryl trinitrate.
- The other ingredients are lactose, starch, saccharin, magnesium stearate, colloidal silicon dioxide, menthol and acacia.

**What Glyceryl Trinitrate tablets look like and contents of the pack**

- Glyceryl Trinitrate tablets 300mgs are white, circular, biconvex uncoated tablets, impressed “C” on one face and the identifying letter “5F” on the reverse.
- Glyceryl Trinitrate tablets 600mgs are white, circular, biconvex uncoated tablets, impressed “C” on one face and the identifying letter “5G” on the reverse.
- Pack size is 100.

Marketing Authorisation Holder and Manufacturer

Accord, Barnstaple, EX32 8NS, UK

This leaflet was last revised in October 2020.

---

Glyceryl trinitrate All Strengths Tablet PIL - UK

**Item number:** BBBA9358

**Dimensions:** 130x210

**Colours**

1. Black
2. Profile
3. Non Printing Colours
4. Profile
5. Non Printing Colours
6. Profile

**Proof Round** 01

---

**Technical Approval**

Date sent: n/a
Date received: n/a

---

**EU-Artwork-Support@accord-healthcare.com**

---

**Accord CST - Packing Technical**

---

**Accord CST - Artwork Studio** is permitted to make changes to the above artwork. No changes are permitted by any 3rd party other than added notes and mark ups for required changes.